

Planned Menu Spreadsheet

Portion Values

Menu Name: SNACK MENU
Site: All Sites

Include Cost: No
Report Style: Detailed

Wednesday - 05/01/2019 Reimbursable Meal Total 5373

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002036 Popcorn, Smartfood Wh Cheddar	Each	4807	70	110	9.00
002494 Juice, Fruitable, TropTwist3/4	Each	5298	96	24	22.34
Weighted Daily Average			157	122	30.08
% of Calories					76.6%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 05/02/2019 Reimbursable Meal Total 5688

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900072 Muffin, Top Apple SkyBlue	Each	5052	270	280	44.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5513	100	20	25.00
Weighted Daily Average			337	268	63.31
% of Calories					75.1%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 05/03/2019 Reimbursable Meal Total 5283

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May 1, 2019 thru May 31, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000772 Pop-Tarts, WG Strawberry	Each	4902	180	180	37.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	5193	90	5	22.00
Weighted Daily Average			255	172	55.96
% of Calories					87.8%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 05/06/2019

Reimbursable Meal Total 5543

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002413 Granola, Rockin'ola Cinnamon	Each	5333	120	0	21.00
001308 Juice, Apple, AppleEve 3/4c	EACH	5483	90	5	21.00
Weighted Daily Average			204	5	40.98
% of Calories					80.4%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 05/07/2019

Reimbursable Meal Total 5613

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900082 Cheese, String, Mozzarella USDA	Each	5312	90	200	2.00
001403 Grahams, Honey	EACH	5313	110	140	20.00

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WG					
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5463	100	20	25.00
Weighted Daily Average			287	341	45.16
% of Calories					62.9%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 05/08/2019

Reimbursable Meal Total 5240

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002459 Breakfast, Maple Breadstck Sys	Each	5259	120	140	23.00
000905 Milk - 1% White	Half Pint	5257	130	160	16.00
Weighted Daily Average			251	301	39.14
% of Calories					62.4%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 05/09/2019

Reimbursable Meal Total 5758

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002257 Grahams, Friends, Bunny	Each	1655	160	110	25.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002034 Juice, Fruitable, PowPunc3/4	Each	5758	90	40	21.00
Weighted Daily Average			136	72	28.19
% of Calories					82.9%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 05/10/2019

Reimbursable Meal Total 5413

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002163 Snack Mix, Cheddar Simply Chex	Each	5103	110	135	20.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	5253	90	5	22.00
Weighted Daily Average			191	132	40.20
% of Calories					84.2%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 05/13/2019

Reimbursable Meal Total 5783

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002121 Brownie, Dbl Choc Fat Cat	Each	4898	198	85	32.30

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	5481	130	160	16.00
Weighted Daily Average			291	223	42.52
% of Calories					58.4%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 05/14/2019

Reimbursable Meal Total 5368

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001984 Peanut Butter, Cup, AdvPierre	2 tbsp	5368	180	160	8.00
900042 Apple in a Bag Fuji	Each	5368	29	0	8.00
002155 Juice, Fruit Punch Sysco 3/4c	EACH	5368	100	25	24.00
Weighted Daily Average			309	185	40.00
% of Calories					51.8%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 05/15/2019

Reimbursable Meal Total 5245

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000159 Scooby-Doo Bones WG	Each	5245	120	115	21.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001308 Juice, Apple, AppleEve 3/4c	EACH	5245	90	5	21.00
Weighted Daily Average			210	120	42.00
% of Calories					80.0%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 05/16/2019

Reimbursable Meal Total 5510

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001721 Chex Mix, Simply Strawberry/Yo	Each	5510	120	55	23.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	5510	90	5	22.00
Weighted Daily Average			210	60	45.00
% of Calories					85.7%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 05/17/2019

Reimbursable Meal Total 5385

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000994 Crackers, Goldfish Cheddar	Each	5384	100	170	14.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5220	100	20	25.00
Weighted Daily Average			197	189	38.23
% of Calories					77.6%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 05/20/2019

Reimbursable Meal Total 5578

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002285 Crumb Cake, Cinnamon, 3oz	Each	1440	290	270	48.00
001308 Juice, Apple, AppleEve 3/4c	EACH	5518	90	5	21.00
Weighted Daily Average			164	75	33.17
% of Calories					80.9%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 05/21/2019

Reimbursable Meal Total 5558

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002165 Breakfast Bar, Dbl Choc/Oat BC	Each	5112	150	115	24.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	4077	130	160	16.00
Weighted Daily Average			233	223	33.81
% of Calories					58.0%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 05/22/2019

Reimbursable Meal Total 5358

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900100 Yoplait, Go Big Blueberry	Each	3207	100	70	18.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	5193	90	5	22.00
Weighted Daily Average			147	47	32.10
% of Calories					87.3%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 05/23/2019

Reimbursable Meal Total 5693

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001338 Pretzels - Hartzels	each	5693	80	200	15.00
900082 Cheese, String, Mozzarella USDA	Each	1310	90	200	2.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002155 Juice, Fruit Punch Sysco 3/4c	EACH	5691	100	25	24.00
Weighted Daily Average			201	271	39.45
% of Calories					78.5%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 05/24/2019

Reimbursable Meal Total 5518

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001992 Cereal Bar, Cocoa Puffs	Each	530	150	110	30.00
000905 Milk - 1% White	Half Pint	530	130	160	16.00
Weighted Daily Average			27	26	4.42
% of Calories					65.5%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 05/27/2019

Reimbursable Meal Total 4680

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000141 HOLIDAY					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 05/28/2019

Reimbursable Meal Total 4973

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002378 Grahams, Elf, Chocolate	Each	3993	120	125	20.00
000905 Milk - 1% White	Half Pint	3033	130	160	16.00
Weighted Daily Average			176	198	25.82
% of Calories					58.7%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 05/29/2019

Reimbursable Meal Total 5208

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001983 Crackers,Cheez-It, Whole Grain	Each	3978	100	150	14.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001308 Juice, Apple, AppleEve 3/4c	EACH	5206	90	5	21.00
Weighted Daily Average			166	120	31.69
% of Calories					76.4%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 05/30/2019

Reimbursable Meal Total 5253

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002376 Rice Krispies, Choc Chip Sysco	each	3033	160	140	30.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	4708	100	20	25.00
Weighted Daily Average			182	99	39.73
% of Calories					87.3%
Weekly Nutrient Guideline			600 - 650	1230	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.