

# Planned Menu Spreadsheet

Bakersfield City School District

## Portion Values

May 1, 2019 thru May 31, 2019

**Menu Name:** JH/MIDDLE SCHOOL LUNCH MENU

**Include Cost:** No

**Site:** All Sites

**Report Style:** Detailed

**Wednesday - 05/01/2019**

**Reimbursable Meal Total 4812**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001469 Beef Rib-B-Que on Hoagie, AvPr	Each	1790	350	950	41.00
001156 Barbecue Sauce Cup	Each	1790	40	200	10.00
000475 Corndog, Chicken, D Lee WG	Each	612	238	690	27.80
001102 Ketchup:Packet	Each	568	10	85	3.00
000741 Mustard Packet	Each	400	5	65	1.00
001741 Celery Sticks 3/4	3/4 cup	1296	16	78	2.90
001105 Dressing, Ranch, Homemade 1oz	1 oz	561	52	161	2.79
000068 Bananas	Each	4429	170	2	43.71
002314 Chips, Doritos Nacho FlamasRF	Each	1412	140	200	20.00
000905 Milk - 1% White	Half Pint	900	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3420	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	17	90	125	13.00

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	8	140	150	12.00
Weighted Daily Average			495	790	88.13
% of Calories					71.2%
Weekly Nutrient Guideline			600 - 700	1360	

**Thursday - 05/02/2019**

**Reimbursable Meal Total 5266**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001353 Hot Dog WW Bun: SYSCO	Each	460	270	720	32.00
001102 Ketchup:Packet	Each	80	10	85	3.00
000741 Mustard Packet	Each	30	5	65	1.00
002411 Tamale, Chicken, Del RealSYSCO	Each	2058	290	680	26.00
001739 Baked Beans 3/4 c	3/4 Cup	280	182	309	34.06
900042 Apple in a Bag Fuji	Each	5018	29	0	8.00
001984 Peanut Butter, Cup, AdvPierre	2 tbsp	1496	180	160	8.00
002376 Rice Krispies, Choc Chip Sysco	each	5211	160	140	30.00
000905 Milk - 1% White	Half Pint	960	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3520	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	16	90	125	13.00
900056 Milk, Soy 8 oz	Each	6	140	150	12.00

# Planned Menu Spreadsheet

## Portion Values

Weighted Daily Average		488	681	71.41
% of Calories				58.5%
Weekly Nutrient Guideline		600 - 700	1360	

### Friday - 05/03/2019

**Reimbursable Meal Total 4904**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900098 Nacho Cheese w/Chips BAG	Serving	2420	317	925	27.21
000940 Beef, Teriyaki Dunker, DL	Serving	1834	159	382	11.70
001619 Rice WG BROWN, MixedVegetables	5/8 Cup	240	139	174	30.19
001780 Broccoli W/ Cheese 3/4	3/4c, 1 oz	1635	85	218	9.51
001809 Strawberries Frz Sysco/Whip Top	1/2 cup, 2 tbsp	1438	71	0	14.93
000905 Milk - 1% White	Half Pint	940	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3420	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	17	90	125	13.00
900056 Milk, Soy 8 oz	Each	7	140	150	12.00
Weighted Daily Average			381	838	44.60
% of Calories					46.8%
Weekly Nutrient Guideline			600 - 700	1360	

### Monday - 05/06/2019

**Reimbursable Meal Total 4077**

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000475 Corndog, Chicken, D Lee WG	Each	216	238	690	27.80
001102 Ketchup:Packet	Each	200	10	85	3.00
000741 Mustard Packet	Each	50	5	65	1.00
002366 Quesadilla, Cheese/Chile MCI	Each	1143	291	364	28.21
002234 Potatoes, 3/4 CRISPY WEDGES	3/4 Cup	264	180	210	30.00
001221 Applesauce Cup, USDA 1/2c	4.5 oz.	3514	51	2	14.00
002048 COOKIE, CELEBRATION, FatCat IW	Each	4027	142	107	23.90
000905 Milk - 1% White	Half Pint	780	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2800	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			399	419	64.68
% of Calories					64.8%
Weekly Nutrient Guideline			600 - 700	1360	

**Tuesday - 05/07/2019**

**Reimbursable Meal Total 4676**

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001868 Chicken Asian, Teriyaki	Serving	240	99	283	5.14
001619 Rice WG BROWN, MixedVegetables	5/8 Cup	240	139	174	30.19
001863 Pizza, Bagel Lunch TR	Each	1817	338	649	39.60
900088 CARROTS DICED USDA 3/4c	3/4 Cup	1255	41	65	9.06
002331 Craisins, Strawberry Invd Box	Box	408	110	0	28.00
001546 Grahams, Vanilla Bear, WG	Each	408	104	85	18.00
000905 Milk - 1% White	Half Pint	902	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3226	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			281	456	41.26
% of Calories					58.7%
Weekly Nutrient Guideline			600 - 700	1360	

**Wednesday - 05/08/2019**

**Reimbursable Meal Total 4665**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002502 SteakChees Burger/ Kaiser DLee	Serving	240	424	950	33.80
000741 Mustard Packet	Each	50	5	65	1.00
001102 Ketchup:Packet	Each	200	10	85	3.00

# Planned Menu Spreadsheet

## Portion Values

002348 Chicken, Popcorn, 12 pcTYSON	Serving	155	250	380	16.00
001156 Barbecue Sauce Cup	Each	155	40	200	10.00
001741 Celery Sticks 3/4	3/4 cup	1296	16	78	2.90
001105 Dressing, Ranch, Homemade 1oz	1 oz	561	52	161	2.79
000068 Bananas	Each	3735	170	2	43.71
900109 SNACK TGIF CHEDDAR CHEESE	Each	395	110	200	19.00
000905 Milk - 1% White	Half Pint	810	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3200	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00
900056 Milk, Soy 8 oz	Each	3	140	150	12.00
Weighted Daily Average			293	284	57.71
% of Calories					78.8%
Weekly Nutrient Guideline			600 - 700	1360	

**Thursday - 05/09/2019**

**Reimbursable Meal Total 4538**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002271 Tacos w/Tortillas, Beef AVP	SERVING	144	318	918	32.27
000446 Taco Sauce:Packet	EACH	100	5	95	1.00
001966 Cheeseburger Slider, 2-pk DL	Each	1638	272	355	31.30

# Planned Menu Spreadsheet

## Portion Values

900032 Pinto Beans 3/4c w/Ch USDA	3/4 cup	100	163	235	27.31
900086 GRAPES, Red Bagged	Bag	4305	52	2	13.37
002121 Brownie, Dbl Choc Fat Cat	Each	360	198	85	32.30
000905 Milk - 1% White	Half Pint	780	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2880	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	11	90	125	13.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			276	315	44.30
% of Calories					64.2%
Weekly Nutrient Guideline			600 - 700	1360	

**Friday - 05/10/2019**

**Reimbursable Meal Total 4096**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900053 Sandwich, Grilled Cheese	Each	108	340	830	32.00
900043 Bean/Cheese Green Salsa Burrito	Each	234	233	374	28.00
001780 Broccoli W/ Cheese 3/4	3/4c, 1 oz	1283	85	218	9.51
900082 Cheese, String, Mozzarella USDA	Each	342	90	200	2.00
000437 Peaches, 1/2c	1/2 Cup	342	44	4	10.27
001707 Jello, Cherry W/Topping	Servings	342	97	95	19.39
000905 Milk - 1% White	Half Pint	760	130	160	16.00

# Planned Menu Spreadsheet

## Portion Values

000968 Milk, Chocolate, Fat Free	Half Pint	2760	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			173	288	25.23
% of Calories					58.3%
Weekly Nutrient Guideline			600 - 700	1360	

**Monday - 05/13/2019**

**Reimbursable Meal Total 4804**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002435 Chicken, Drumstick, Ty Drk	Each	0	190	450	5.00
002471 Corndog, Mini, Chicken SYSCO	Serving (6)	2360	270	410	30.00
000741 Mustard Packet	Each	735	5	65	1.00
001102 Ketchup:Packet	Each	2360	10	85	3.00
001740 Mashed Potatoes w/Gravy-CK 3/4	3/4 CUP, 2 OZ	0	160	905	28.50
001808 Icee, Sidekick BluRspLmn	each	3622	90	30	22.00
002085 Grahams, NV Crisps Cinnamon	Each	4700	150	140	25.00
000905 Milk - 1% White	Half Pint	780	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2800	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00



# Planned Menu Spreadsheet

## Portion Values

Weighted Daily Average			444	544	72.28
% of Calories					65.1%
Weekly Nutrient Guideline			600 - 700	1360	

**Tuesday - 05/14/2019**

**Reimbursable Meal Total 4750**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002438 Sandwich, HotHam&Swis Ciabatta	Serving	0	315	965	33.75
000454 Mayonnaise Packet	Each	0	60	45	0.00
000741 Mustard Packet	Each	0	5	65	1.00
002289 Pizza, Stuffed Crust, Pepp,Sch	Each	0	370	650	41.00
001796 Cucumber, Raw 3/4	3/4 Cup	1180	13	2	2.38
001105 Dressing, Ranch, Homemade 1oz	1 oz	526	52	161	2.79
000086 Orange Wedges	Each	4432	45	0	11.28
002464 Chips, Flamin Hot Baked Cheeto	Each	3633	120	200	17.00
000905 Milk - 1% White	Half Pint	872	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3206	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			248	323	41.58
% of Calories					67.1%
Weekly Nutrient Guideline			600 - 700	1360	

**Wednesday - 05/15/2019**

**Reimbursable Meal Total 3832**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900049 Flauquito Chile & Cheese	Each	0	338	383	31.00
002349 Chicken, Spicy Patty TYSON	Each	0	273	404	17.18
000454 Mayonnaise Packet	Each	0	60	45	0.00
000741 Mustard Packet	Each	0	5	65	1.00
000454 Mayonnaise Packet	Each	0	60	45	0.00
001804 Vegetarian Beans 3/4c	3/4 cup	995	165	210	30.03
000090 Pears,fresh	Each	3473	95	2	25.28
000925 Grahams, Bug Bites	Each	3146	120	115	21.00
000905 Milk - 1% White	Half Pint	720	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2700	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00
900056 Milk, Soy 8 oz	Each	2	140	150	12.00

# Planned Menu Spreadsheet

## Portion Values

Weighted Daily Average		336	308	65.80
% of Calories				78.3%
Weekly Nutrient Guideline		600 - 700	1360	

### Thursday - 05/16/2019

**Reimbursable Meal Total 4495**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002396 Burrito, HandRolled USDA	SERVING	0	517	685	44.10
002272 PBJ CRUST ON - GRAPE JELLY	Each	2262	550	480	52.00
001110 Carrots, Mini, Peeled - 3 oz	3 oz Package	1800	25	42	5.84
002477 Juice,Gold Rush 1/2c, SYSCO	Each	3180	40	60	10.00
000068 Bananas	Each	4170	170	2	43.71
000905 Milk - 1% White	Half Pint	780	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2860	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	13	90	125	13.00
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			572	445	92.31
% of Calories					64.6%
Weekly Nutrient Guideline			600 - 700	1360	

### Friday - 05/17/2019

**Reimbursable Meal Total 4150**

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001294 Beef Teriyaki Dunkers w/Rice	Serving	0	240	691	26.59
900061 BURRITO, CHILE RELLENO BEAN CHEESE	Each	0	404	750	52.04
001377 Salad, Maxi Veggie	1.5 cup	0	59	71	6.49
001105 Dressing, Ranch, Homemade 1oz	1 oz	0	52	161	2.79
002140 Muffin, ChocChip 1.6oz Otis Spnkmy	Each	0	140	140	25.00
002451 Icee, Rosatti Emoji	Each	0	99	15	25.00
000905 Milk - 1% White	Half Pint	690	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2320	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	10	90	125	13.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			89	128	14.43
% of Calories					64.9%
Weekly Nutrient Guideline			600 - 700	1360	

**Monday - 05/20/2019**

**Reimbursable Meal Total 4720**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001850 Pizza, Trky Pep Pocket Sandwich	Each	2260	300	680	32.00
000878 Burrito, Beef/Bean/Red Chli WG	Each	2410	281	404	39.12

# Planned Menu Spreadsheet

## Portion Values

001736 Potato Rounds, 3/4 c	3/4 Cup	4493	210	420	24.00
001102 Ketchup:Packet	Each	4128	10	85	3.00
000998 Peach Cup, USDA	Each	4476	80	0	18.96
002059 COOKIE, SNICKERDOOD, FatCat IW	Each	4646	140	118	23.70
000905 Milk - 1% White	Half Pint	840	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2880	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	30	90	125	13.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			806	1262	117.82
% of Calories					58.5%
Weekly Nutrient Guideline			600 - 700	1360	

**Tuesday - 05/21/2019**

**Reimbursable Meal Total 5293**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002153 Sloppy Joe, Beef Crumbles	Serving	0	283	925	37.50
900075 Pizza, Flatbread Cheese 2pk	Each	950	315	570	33.00
000090 Pears,fresh	Each	2174	95	2	25.28
001796 Cucumber, Raw 3/4	3/4 Cup	464	13	2	2.38
001105 Dressing, Ranch, Homemade 1oz	1 oz	0	52	161	2.79
000159 Scooby-Doo	Each	0	120	115	21.00

# Planned Menu Spreadsheet

## Portion Values

Bones WG					
000905 Milk - 1% White	Half Pint	930	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3240	120	180	21.00
Weighted Daily Average			193	241	32.18
% of Calories					66.7%
Weekly Nutrient Guideline			600 - 700	1360	

**Wednesday - 05/22/2019**

**Reimbursable Meal Total 5297**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900044 Quesadilla, Chicken and Cheese	Each	0	297	566	31.00
000446 Taco Sauce:Packet	EACH	0	5	95	1.00
900092 Chalupa, Beef WG, SYSCO	Each	0	244	404	11.18
900032 Pinto Beans 3/4c w/Ch USDA	3/4 cup	474	163	235	27.31
001693 Tangerines, Fresh	Each	0	50	0	11.00
002037 Chips, Sunchips Harvest Chedda	Each	2262	140	210	18.00
000905 Milk - 1% White	Half Pint	957	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3280	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	10	90	125	13.00

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			172	251	26.05
% of Calories					60.6%
Weekly Nutrient Guideline			600 - 700	1360	

**Thursday - 05/23/2019**

**Reimbursable Meal Total 5113**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002488 Pasta, Penne Chix Diced, Itali	Serving	2266	296	602	23.30
001353 Hot Dog WW Bun: SYSCO	Each	1651	270	720	32.00
000741 Mustard Packet	Each	550	5	65	1.00
001102 Ketchup:Packet	Each	1750	10	85	3.00
001628 Carrot Sticks 3/4	3/4 c	504	36	61	8.47
001105 Dressing, Ranch, Homemade 1oz	1 oz	0	52	161	2.79
900086 GRAPES, Red Bagged	Bag	2230	52	2	13.37
002200 Toast, Garlic Texas, WG	Each	2234	100	170	0.00
000905 Milk - 1% White	Half Pint	840	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2820	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	9	90	125	13.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00

# Planned Menu Spreadsheet

## Portion Values

Weighted Daily Average			380	742	42.70
% of Calories					44.9%
Weekly Nutrient Guideline			600 - 700	1360	

**Friday - 05/24/2019**

**Reimbursable Meal Total 4589**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000766 Burrito, Bean & Cheese, Ext WG	Each	0	291	479	40.95
002431 Chicken, Homestyle Strips Ty W	Serving	1861	280	470	16.00
001156 Barbecue Sauce Cup	Each	1806	40	200	10.00
001735 Broccoli, raw, fresh 3/4	3/4 CUP	4303	16	16	3.16
001105 Dressing, Ranch, Homemade 1oz	1 oz	0	52	161	2.79
900111 MANGO SNOWPAL FRUTI FRUIT	Each	0	48	0	13.00
001983 Crackers,Cheez-It, Whole Grain	Each	0	100	150	14.00
000968 Milk, Chocolate, Fat Free	Half Pint	2340	120	180	21.00
000905 Milk - 1% White	Half Pint	1260	130	160	16.00
900076 Milk, Lactaid 8 oz	Each	11	90	125	13.00



# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	3	140	150	12.00
Weighted Daily Average			242	420	28.53
% of Calories					47.2%
Weekly Nutrient Guideline			600 - 700	1360	

**Monday - 05/27/2019**

**Reimbursable Meal Total 4783**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000141 HOLIDAY					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 700	1360	

**Tuesday - 05/28/2019**

**Reimbursable Meal Total 5096**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001638 Taco Nada, Taco Turkey	Each	0	260	390	31.00
000446 Taco Sauce:Packet	EACH	2727	5	95	1.00
000475 Corndog, Chicken, D Lee WG	Each	1690	238	690	27.80
001748 Pinto Beans 3/4c w/Ch Purchased	3/4 cup	0	150	674	23.96

# Planned Menu Spreadsheet

## Portion Values

000438 Pears, 1/2c, USDA	1/2 Cup	0	62	5	16.48
002465 Grahams, Chocolate Bear Sysco	Each	0	110	105	21.00
000905 Milk - 1% White	Half Pint	1260	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2920	120	180	21.00
Weighted Daily Average			183	422	25.74
% of Calories					56.3%
Weekly Nutrient Guideline			600 - 700	1360	

**Wednesday - 05/29/2019**

**Reimbursable Meal Total 4873**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002353 Chicken, Tenders TYSON(3)	Serving	0	260	390	16.00
001156 Barbecue Sauce Cup	Each	0	40	200	10.00
900053 Sandwich, Grilled Cheese	Each	384	340	830	32.00
001735 Broccoli, raw, fresh 3/4	3/4 CUP	1307	16	16	3.16
001105 Dressing, Ranch, Homemade 1oz	1 oz	711	52	161	2.79
002101 Icee, Sidekick Straw-Mango	each	4922	90	35	22.00
002060 COOKIE, CHOC CHIP , FatCat	Each	0	147	166	24.20
000905 Milk - 1% White	Half Pint	540	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	1800	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	7	90	125	13.00

# Planned Menu Spreadsheet

## Portion Values

900056 Milk, Soy 8 oz	Each	0	140	150	12.00
Weighted Daily Average			188	213	35.55
% of Calories					75.6%
Weekly Nutrient Guideline			600 - 700	1360	

**Thursday - 05/30/2019**

**Reimbursable Meal Total 5019**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000610 Bagel, Cheese Pizza, Lunch	Each	0	349	705	39.34
900044 Quesadilla, Chicken and Cheese	Each	1035	297	566	31.00
001628 Carrot Sticks 3/4	3/4 c	1171	36	61	8.47
001105 Dressing, Ranch, Homemade 1oz	1 oz	0	52	161	2.79
000086 Orange Wedges	Each	682	45	0	11.28
002037 Chips, Sunchips Harvest Chedda	Each	732	140	210	18.00
000905 Milk - 1% White	Half Pint	840	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2856	120	180	21.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00

# Planned Menu Spreadsheet

## Portion Values

May 1, 2019 thru May 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
Weighted Daily Average			186	291	27.17
% of Calories					58.4%
Weekly Nutrient Guideline			600 - 700	1360	

**Friday - 05/31/2019**

**Reimbursable Meal Total 4061**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002272 PBJ CRUST ON - GRAPE JELLY	Each	0	550	480	52.00
900071 Pizza, 4" Galaxy Pepp Pizza Schwn	Each	1894	290	490	26.00
002034 Juice, Fruitable, PowPunc3/4	Each	770	90	40	21.00
900042 Apple in a Bag Fuji	Each	3556	29	0	8.00
000905 Milk - 1% White	Half Pint	690	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2660	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			279	382	39.63
% of Calories					56.8%
Weekly Nutrient Guideline			600 - 700	1360	

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

*NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*