

Base Menu Spreadsheet

Portion Values

May 1, 2019 thru May 31, 2019

Menu Name: Fresh Fruit Vegetable Program

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 05/01/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001488 Honeydew, Fruit, FFV	Each	1	16	7	3.87
Weighted Daily Average			16	7	3.87
% of Calories					96.8%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 05/02/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002154 Tomatoes, Yellow Grape, FFV	Each	1	8	0	1.50
Weighted Daily Average			8	0	1.50
% of Calories					75.0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 05/07/2019

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001705 Apples, Pink Lady, FFVP	Each	1	80	0	21.92
Weighted Daily Average			80	0	21.92
% of Calories					109.6%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 05/08/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001486 Cucumbers,FFV	Each	1	4	5	0.95
Weighted Daily Average			4	5	0.95
% of Calories					95.0%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 05/09/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001962 Apples, Baby Fuji, FFV	(2) Each	1	110	0	28.00
Weighted Daily Average			110	0	28.00
% of Calories					101.8%
Weekly Nutrient Guideline			600 - 650	1230	

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Portion Values

May 1, 2019 thru May 31, 2019

Tuesday - 05/14/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001538 Pineapple Spears, (Both)	Each	1	40	0	9.00
Weighted Daily Average			40	0	9.00
% of Calories					90.0%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 05/15/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002112 Carrots, Baby, 3oz.- FFV	Each - 3oz.	1	35	65	8.00
Weighted Daily Average			35	65	8.00
% of Calories					91.4%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 05/16/2019

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002375 Grape Escapes, FFV, 2.25oz.	Each	1	67	0	16.87
Weighted Daily Average			67	0	16.87
% of Calories					100.7%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 05/21/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001524 Strawberries,FFVP	Each	1	13	5	3.00
Weighted Daily Average			13	5	3.00
% of Calories					92.3%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 05/22/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900097 Orange Smiles FFVP	3 oz.	1	50	0	12.00
Weighted Daily Average			50	0	12.00
% of Calories					96.0%
Weekly Nutrient Guideline			600 - 650	1230	

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May 1, 2019 thru May 31, 2019

Thursday - 05/23/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001489 Jicama, Fruit, FFV	Each	1	23	5	5.50
Weighted Daily Average			23	5	5.50
% of Calories					95.7%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 05/28/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001527 Tomatoes, Grape, FFV	Each	1	10	0	2.20
Weighted Daily Average			10	0	2.20
% of Calories					88.0%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 05/29/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2019 thru May 31, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002399 Apples, Granny Slices,FFV	Each	1	30	0	6.96
Weighted Daily Average			30	0	6.96
% of Calories					92.8%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 05/30/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001493 Yam, Fruit,FFV	Each	1	28	18	6.69
Weighted Daily Average			28	18	6.69
% of Calories					95.6%
Weekly Nutrient Guideline			600 - 650	1230	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.