

Planned Menu Spreadsheet

Portion Values

May 1, 2019 thru May 31, 2019

Menu Name: ELEMENTARY LUNCH MENU

Include Cost: No

Site: All Sites

Report Style: Detailed

Wednesday - 05/01/2019

Reimbursable Meal Total 11838

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 001469 Beef Rib-B-Que on Hoagie, AvPr | Each | 11804 | 350 | 950 | 41.00 |
| 001156 Barbecue Sauce Cup | Each | 10355 | 40 | 200 | 10.00 |
| 002023 Salad, Bar Veggie 5 | 1 Cup | 4895 | 161 | 386 | 17.11 |
| 000068 Bananas | Each | 10925 | 170 | 2 | 43.71 |
| 000129 Chips, Doritos Nacho Cheese RF | Each | 11765 | 130 | 200 | 20.00 |
| 000905 Milk - 1% White | Half Pint | 2045 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 10280 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 68 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 10 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 864 | 1667 | 138.00 |
| % of Calories | | | | | 63.9% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Thursday - 05/02/2019

Reimbursable Meal Total 10212

Planned Menu Spreadsheet

Portion Values

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 001353 Hot Dog WW Bun: SYSCO | Each | 10118 | 270 | 720 | 32.00 |
| 001102 Ketchup:Packet | Each | 3050 | 10 | 85 | 3.00 |
| 000741 Mustard Packet | Each | 2030 | 5 | 65 | 1.00 |
| 002023 Salad, Bar Veggie 5 | 1 Cup | 4195 | 161 | 386 | 17.11 |
| 900042 Apple in a Bag Fuji | Each | 9805 | 29 | 0 | 8.00 |
| 001984 Peanut Butter, Cup, AdvPierre | 2 tbsp | 9315 | 180 | 160 | 8.00 |
| 002376 Rice Krispies, Choc Chip Sysco | each | 10115 | 160 | 140 | 30.00 |
| 000905 Milk - 1% White | Half Pint | 1785 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 8800 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 58 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 10 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 815 | 1379 | 105.50 |
| % of Calories | | | | | 51.8% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Friday - 05/03/2019

Reimbursable Meal Total 9720

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 900098 Nacho Cheese w/Chips BAG | Serving | 9630 | 317 | 925 | 27.21 |
| 002023 Salad, Bar Veggie | 1 Cup | 3945 | 161 | 386 | 17.11 |

Planned Menu Spreadsheet

Portion Values

| | | | | | |
|--|-----------------|------|-----------|------|-------|
| 5 | | | | | |
| 001809 Strawberries Frz Sysco/Whip Top | 1/2 cup, 2 tbsp | 9175 | 71 | 0 | 14.93 |
| 000905 Milk - 1% White | Half Pint | 1725 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 8320 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 58 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 10 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 572 | 1257 | 68.89 |
| % of Calories | | | | | 48.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Monday - 05/06/2019

Reimbursable Meal Total 4950

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 000475 Corndog, Chicken, D Lee WG | Each | 4925 | 238 | 690 | 27.80 |
| 001102 Ketchup:Packet | Each | 4800 | 10 | 85 | 3.00 |
| 000741 Mustard Packet | Each | 625 | 5 | 65 | 1.00 |
| 002234 Potatoes, 3/4 CRISPY WEDGES | 3/4 Cup | 4800 | 180 | 210 | 30.00 |
| 001221 Applesauce Cup, USDA 1/2c | 4.5 oz. | 4710 | 51 | 2 | 14.00 |
| 002048 COOKIE, CELEBRATION, FatCat IW | Each | 4925 | 142 | 107 | 23.90 |
| 000905 Milk - 1% White | Half Pint | 795 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 4260 | 120 | 180 | 21.00 |

Planned Menu Spreadsheet

Portion Values

| | | | | | |
|---------------------------|------|----|-----------|------|--------|
| 900076 Milk, Lactaid 8 oz | Each | 23 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 737 | 1270 | 117.60 |
| % of Calories | | | | | 63.8% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Tuesday - 05/07/2019

Reimbursable Meal Total 5398

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 001868 Chicken Asian, Teriyaki | Serving | 4935 | 99 | 283 | 5.14 |
| 001619 Rice WG BROWN, MixedVegetables | 5/8 Cup | 4935 | 139 | 174 | 30.19 |
| 001462 Salad, Bar Veggies 1 | 1 Cup | 1975 | 211 | 506 | 18.72 |
| 002331 Craisins, Strawberry Invd Box | Box | 4780 | 110 | 0 | 28.00 |
| 001546 Grahams, Vanilla Bear, WG | Each | 4905 | 104 | 85 | 18.00 |
| 000905 Milk - 1% White | Half Pint | 917 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 4666 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 23 | 90 | 125 | 13.00 |

Planned Menu Spreadsheet

Portion Values

May 1, 2019 thru May 31, 2019

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 612 | 864 | 101.23 |
| % of Calories | | | | | 66.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Wednesday - 05/08/2019

Reimbursable Meal Total 5450

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|----------|
| 900108 Cheeseburger on a Bun AdvPierre | Serving | 4935 | 385 | 600 | 33.00 |
| 000741 Mustard Packet | Each | 2355 | 5 | 65 | 1.00 |
| 001102 Ketchup:Packet | Each | 4830 | 10 | 85 | 3.00 |
| 001462 Salad, Bar Veggie 1 | 1 Cup | 1975 | 211 | 506 | 18.72 |
| 000068 Bananas | Each | 4715 | 170 | 2 | 43.71 |
| 900109 SNACK TGIF CHEDDAR CHEESE | Each | 4875 | 110 | 200 | 19.00 |
| 000905 Milk - 1% White | Half Pint | 885 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 4700 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 23 | 90 | 125 | 13.00 |

Planned Menu Spreadsheet

Portion Values

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 807 | 1193 | 115.33 |
| % of Calories | | | | | 57.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Thursday - 05/09/2019

Reimbursable Meal Total 4950

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 002271 Tacos w/Tortillas, Beef AVP | SERVING | 4935 | 318 | 918 | 32.27 |
| 000446 Taco Sauce:Packet | EACH | 900 | 5 | 95 | 1.00 |
| 001462 Salad, Bar Veggie 1 | 1 Cup | 1975 | 211 | 506 | 18.72 |
| 900086 GRAPES, Red Bagged | Bag | 4735 | 52 | 2 | 13.37 |
| 000905 Milk - 1% White | Half Pint | 795 | 130 | 160 | 16.00 |
| 002121 Brownie, Dbl Choc Fat Cat | Each | 1050 | 198 | 85 | 32.30 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 4260 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 23 | 90 | 125 | 13.00 |

Planned Menu Spreadsheet

Portion Values

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 619 | 1335 | 80.17 |
| % of Calories | | | | | 51.8% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Friday - 05/10/2019

Reimbursable Meal Total 4950

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 900053 Sandwich, Grilled Cheese | Each | 4905 | 340 | 830 | 32.00 |
| 001462 Salad, Bar Veggie 1 | 1 Cup | 1975 | 211 | 506 | 18.72 |
| 000437 Peaches, 1/2c | 1/2 Cup | 4742 | 44 | 4 | 10.27 |
| 001707 Jello, Cherry W/Topping | Servings | 1050 | 97 | 95 | 19.39 |
| 000905 Milk - 1% White | Half Pint | 795 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 4260 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 28 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 608 | 1230 | 73.85 |
| % of Calories | | | | | 48.6% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Planned Menu Spreadsheet

Portion Values

May 1, 2019 thru May 31, 2019

Monday - 05/13/2019

Reimbursable Meal Total 4900

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 002435 Chicken, Drumstick, Ty Drk | Each | 4475 | 190 | 450 | 5.00 |
| 001276 Mashed Potatoes w/Gravy -CK | 1/2 CUP, 2oz | 0 | 115 | 700 | 20.00 |
| 001833 Juice, Fruitable,TropTwst 1/2c | Each | 4335 | 60 | 15 | 14.00 |
| 001808 Icee, Sidekick BluRspLmn | each | 4440 | 90 | 30 | 22.00 |
| 002085 Grahams, NV Crisps Cinnamon | Each | 4800 | 150 | 140 | 25.00 |
| 000905 Milk - 1% White | Half Pint | 735 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3840 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 569 | 754 | 80.30 |
| % of Calories | | | | | 56.4% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Tuesday - 05/14/2019

Reimbursable Meal Total 4948

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 002438 Sandwich, HotHam&Swis Ciabatta | Serving | 4475 | 315 | 965 | 33.75 |
| 000454 Mayonnaise Packet | Each | 3430 | 60 | 45 | 0.00 |

Planned Menu Spreadsheet

Portion Values

| | | | | | |
|----------------------------------|-----------|------|-----------|------|-------|
| 000741 Mustard Packet | Each | 2205 | 5 | 65 | 1.00 |
| 001515 Salad, Bar Veggie 2 | 1 Cup | 1725 | 220 | 486 | 21.35 |
| 000086 Orange Wedges | Each | 4855 | 45 | 0 | 11.28 |
| 001240 Chips, Cheetos Baked | Each | 4453 | 120 | 200 | 17.00 |
| 000905 Milk - 1% White | Half Pint | 857 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 4246 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 684 | 1465 | 85.64 |
| % of Calories | | | | | 50.1% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Wednesday - 05/15/2019

Reimbursable Meal Total 4500

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 900049 Flauquito Chile & Cheese | Each | 4475 | 338 | 383 | 31.00 |
| 001515 Salad, Bar Veggie 2 | 1 Cup | 1725 | 220 | 486 | 21.35 |
| 000090 Pears,fresh | Each | 4140 | 95 | 2 | 25.28 |
| 000925 Grahams, Bug Bites | Each | 4475 | 120 | 115 | 21.00 |
| 000905 Milk - 1% White | Half Pint | 735 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3840 | 120 | 180 | 21.00 |

Planned Menu Spreadsheet

Portion Values

| | | | | | |
|---------------------------|------|----|-----------|------|--------|
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 751 | 863 | 103.76 |
| % of Calories | | | | | 55.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Thursday - 05/16/2019

Reimbursable Meal Total 4500

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 002396 Burrito, HandRolled USDA | SERVING | 4475 | 517 | 685 | 44.10 |
| 001515 Salad, Bar Veggie 2 | 1 Cup | 1725 | 220 | 486 | 21.35 |
| 000068 Bananas | Each | 4240 | 170 | 2 | 43.71 |
| 000905 Milk - 1% White | Half Pint | 735 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3840 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| 000446 Taco Sauce:Packet | EACH | 2400 | 5 | 95 | 1.00 |
| Weighted Daily Average | | | 886 | 1100 | 114.36 |
| % of Calories | | | | | 51.6% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Planned Menu Spreadsheet

Portion Values

May 1, 2019 thru May 31, 2019

Friday - 05/17/2019

Reimbursable Meal Total 5420

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|----------|
| 001294 Beef Teriyaki Dunkers w/Rice | Serving | 5395 | 240 | 691 | 26.59 |
| 001515 Salad, Bar Veggie 2 | 1 Cup | 2225 | 220 | 486 | 21.35 |
| 002140 Muffin, ChocChip 1.6oz Otis Spnkmy | Each | 5405 | 140 | 140 | 25.00 |
| 002451 Icee, Rosatti Emoji | Each | 5385 | 99 | 15 | 25.00 |
| 000905 Milk - 1% White | Half Pint | 855 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 4620 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 30 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 9 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 691 | 1221 | 105.52 |
| % of Calories | | | | | 61.1% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Monday - 05/20/2019

Reimbursable Meal Total 4500

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 001850 Pizza,Trky Pep Pocket Sandwich | Each | 4465 | 300 | 680 | 32.00 |
| 001736 Potato Rounds, 3/4 c | 3/4 Cup | 4335 | 210 | 420 | 24.00 |
| 001102 Ketchup:Packet | Each | 4300 | 10 | 85 | 3.00 |

Planned Menu Spreadsheet

Portion Values

| | | | | | |
|---------------------------------------|-----------|------|-----------|------|--------|
| 000998 Peach Cup, USDA | Each | 4315 | 80 | 0 | 18.96 |
| 002059 COOKIE, SNICKERDOOD, FatCat IW | Each | 4465 | 140 | 118 | 23.70 |
| 000905 Milk - 1% White | Half Pint | 735 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3840 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 849 | 1459 | 120.04 |
| % of Calories | | | | | 56.6% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Tuesday - 05/21/2019

Reimbursable Meal Total 4980

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 002153 Sloppy Joe, Beef Crumbles | Serving | 4475 | 283 | 925 | 37.50 |
| 000090 Pears, fresh | Each | 4090 | 95 | 2 | 25.28 |
| 001374 Salad, Bar Veggie 3 | 1 Cup | 1725 | 160 | 387 | 17.24 |
| 000159 Scooby-Doo Bones WG | Each | 4475 | 120 | 115 | 21.00 |
| 000905 Milk - 1% White | Half Pint | 855 | 130 | 160 | 16.00 |

Planned Menu Spreadsheet

Portion Values

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|----------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 000968 Milk, Chocolate, Fat Free | Half Pint | 4320 | 120 | 180 | 21.00 |
| Weighted Daily Average | | | 622 | 1254 | 100.27 |
| % of Calories | | | | | 64.5% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Wednesday - 05/22/2019

Reimbursable Meal Total 4980

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 900044 Quesadilla, Chicken and Cheese | Each | 4455 | 297 | 566 | 31.00 |
| 000446 Taco Sauce:Packet | EACH | 3470 | 5 | 95 | 1.00 |
| 001374 Salad, Bar Veggie 3 | 1 Cup | 1725 | 160 | 387 | 17.24 |
| 001693 Tangerines, Fresh | Each | 4150 | 50 | 0 | 11.00 |
| 002037 Chips, Sunchips Harvest Chedda | Each | 4475 | 140 | 210 | 18.00 |
| 000905 Milk - 1% White | Half Pint | 852 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 4320 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |

Planned Menu Spreadsheet

Portion Values

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 619 | 1079 | 80.76 |
| % of Calories | | | | | 52.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Thursday - 05/23/2019

Reimbursable Meal Total 4900

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 002488 Pasta, Penne Chix Diced, Itali | Serving | 4475 | 296 | 602 | 23.30 |
| 001374 Salad, Bar Veggie 3 | 1 Cup | 1725 | 160 | 387 | 17.24 |
| 900086 GRAPES, Red Bagged | Bag | 4335 | 52 | 2 | 13.37 |
| 002200 Toast, Garlic Texas, WG | Each | 4435 | 100 | 170 | 0.00 |
| 000905 Milk - 1% White | Half Pint | 735 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3840 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 578 | 1007 | 58.10 |
| % of Calories | | | | | 40.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Planned Menu Spreadsheet

Portion Values

May 1, 2019 thru May 31, 2019

Friday - 05/24/2019

Reimbursable Meal Total 4500

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 000766 Burrito, Bean & Cheese, Ext WG | Each | 4465 | 291 | 479 | 40.95 |
| 001374 Salad, Bar Veggie 3 | 1 Cup | 1725 | 160 | 387 | 17.24 |
| 900111 MANGO SNOWPAL FRUTI FRUIT | Each | 4465 | 48 | 0 | 13.00 |
| 001983 Crackers,Cheez-It, Whole Grain | Each | 4455 | 100 | 150 | 14.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3840 | 120 | 180 | 21.00 |
| 000905 Milk - 1% White | Half Pint | 735 | 130 | 160 | 16.00 |
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 621 | 952 | 94.60 |
| % of Calories | | | | | 60.9% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Tuesday - 05/28/2019

Reimbursable Meal Total 4980

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|-------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 001638 Taco Nada, Taco Turkey | Each | 4465 | 260 | 390 | 31.00 |
| 000446 Taco Sauce:Packet | EACH | 4010 | 5 | 95 | 1.00 |
| 000438 Pears, 1/2c, USDA | 1/2 Cup | 4040 | 62 | 5 | 16.48 |

Planned Menu Spreadsheet

Portion Values

| | | | | | |
|---------------------------------------|-----------|------|-----------|------|--------|
| 001372 Pinto Beans 1/2c w/Ch USDA | 1/2 cup | 2853 | 113 | 164 | 18.21 |
| 001833 Juice, Fruitable,TropTwst 1/2c | Each | 4385 | 60 | 15 | 14.00 |
| 002465 Grahams, Chocolate Bear Sysco | Each | 4455 | 110 | 105 | 21.00 |
| 000905 Milk - 1% White | Half Pint | 1095 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3420 | 120 | 180 | 21.00 |
| Weighted Daily Average | | | 614 | 790 | 101.45 |
| % of Calories | | | | | 66.1% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Wednesday - 05/29/2019

Reimbursable Meal Total 4980

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 002353 Chicken, Tenders TYSON(3) | Serving | 4485 | 260 | 390 | 16.00 |
| 001156 Barbecue Sauce Cup | Each | 3735 | 40 | 200 | 10.00 |
| 001735 Broccoli, raw, fresh 3/4 | 3/4 CUP | 2916 | 16 | 16 | 3.16 |
| 001105 Dressing, Ranch, Homemade 1oz | 1 oz | 2910 | 52 | 161 | 2.79 |
| 002101 Icee, Sidekick Straw-Mango | each | 4945 | 90 | 35 | 22.00 |
| 002060 COOKIE, CHOC CHIP , FatCat | Each | 3975 | 147 | 166 | 24.20 |
| 000905 Milk - 1% White | Half Pint | 735 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3840 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |

Planned Menu Spreadsheet

Portion Values

| | | | | | |
|---------------------------|------|---|-----------|------|-------|
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 623 | 935 | 85.17 |
| % of Calories | | | | | 54.7% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Thursday - 05/30/2019

Reimbursable Meal Total 4950

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 000610 Bagel, Cheese Pizza, Lunch | Each | 4465 | 349 | 705 | 39.34 |
| 001628 Carrot Sticks 3/4 | 3/4 c | 3280 | 36 | 61 | 8.47 |
| 001105 Dressing, Ranch, Homemade 1oz | 1 oz | 900 | 52 | 161 | 2.79 |
| 000086 Orange Wedges | Each | 4174 | 45 | 0 | 11.28 |
| 002037 Chips, SunChips Harvest Chedda | Each | 4475 | 140 | 210 | 18.00 |
| 000905 Milk - 1% White | Half Pint | 735 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3840 | 120 | 180 | 21.00 |
| 900056 Milk, Soy 8 oz | Each | 5 | 140 | 150 | 12.00 |
| 900076 Milk, Lactaid 8 oz | Each | 20 | 90 | 125 | 13.00 |
| Weighted Daily Average | | | 626 | 1059 | 86.12 |
| % of Calories | | | | | 55.0% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

Planned Menu Spreadsheet

Portion Values

May 1, 2019 thru May 31, 2019

Friday - 05/31/2019

Reimbursable Meal Total 4500

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Carb (g) |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|----------|
| 001969 PB & Strawberry Jamwich | Each | 4445 | 300 | 310 | 34.00 |
| 002034 Juice, Fruitable, PowPunc3/4 | Each | 3695 | 90 | 40 | 21.00 |
| 900042 Apple in a Bag Fuji | Each | 3575 | 29 | 0 | 8.00 |
| 000905 Milk - 1% White | Half Pint | 735 | 130 | 160 | 16.00 |
| 000968 Milk, Chocolate, Fat Free | Half Pint | 3840 | 120 | 180 | 21.00 |
| 900076 Milk, Lactaid 8 oz | Each | 22 | 90 | 125 | 13.00 |
| 900056 Milk, Soy 8 oz | Each | 3 | 140 | 150 | 12.00 |
| Weighted Daily Average | | | 518 | 519 | 77.79 |
| % of Calories | | | | | 60.1% |
| Weekly Nutrient Guideline | | | 600 - 650 | 1230 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.