

Planned Menu Spreadsheet

Portion Values

Jan 7, 2019 thru Jan 31, 2019

Menu Name: SNACK MENU

Include Cost: No

Site: All Sites

Report Style: Detailed

Monday - 01/07/2019

Reimbursable Meal Total 5568

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002413 Granola, Rockin'ola Cinnamon	Each	5178	120	0	21.00
001308 Juice, Apple, AppleEve 3/4c	EACH	5508	90	5	21.00
Weighted Daily Average			201	5	40.30
% of Calories					80.2%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 01/08/2019

Reimbursable Meal Total 5603

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900082 Cheese, String, Mozzarella USDA	Each	5122	90	200	2.00
001403 Grahams, Honey WG	EACH	5123	110	140	20.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5453	100	20	25.00
Weighted Daily Average			280	330	44.45
% of Calories					63.5%
Weekly Nutrient Guideline			600 - 650	1230	

Planned Menu Spreadsheet

Bakersfield City School District

Portion Values

Jan 7, 2019 thru Jan 31, 2019

Wednesday - 01/09/2019

Reimbursable Meal Total 5325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002459 Breakfast, Maple Breadstck Sys	Each	5344	120	140	23.00
000905 Milk - 1% White	Half Pint	5342	130	160	16.00
Weighted Daily Average			251	301	39.13
% of Calories					62.4%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 01/10/2019

Reimbursable Meal Total 5738

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000925 Grahams, Bug Bites	Each	4978	120	115	21.00
002034 Juice, Fruitable, PowPunc3/4	Each	5738	90	40	21.00
Weighted Daily Average			194	140	39.22
% of Calories					80.9%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 01/11/2019

Reimbursable Meal Total 5468

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002163 Snack Mix, Cheddar Simply Chex	Each	4978	110	135	20.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	5308	90	5	22.00
Weighted Daily Average			188	128	39.56
% of Calories					84.2%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 01/14/2019

Reimbursable Meal Total 5928

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002121 Brownie, Dbl Choc Fat Cat	Each	4723	198	85	32.30
000905 Milk - 1% White	Half Pint	5626	130	160	16.00
Weighted Daily Average			281	219	40.92
% of Calories					58.2%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 01/15/2019

Reimbursable Meal Total 5358

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001984 Peanut Butter, Cup, AdvPierre	2 tbsp	5358	180	160	8.00
900042 Apple in a Bag Fuji	Each	5358	29	0	8.00

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002155 Juice, Fruit Punch Sysco 3/4c	EACH	5358	100	25	24.00
Weighted Daily Average			309	185	40.00
% of Calories					51.8%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 01/16/2019 Reimbursable Meal Total 5390

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000159 Scooby-Doo Bones WG	Each	5390	120	115	21.00
001308 Juice, Apple, AppleEve 3/4c	EACH	5390	90	5	21.00
Weighted Daily Average			210	120	42.00
% of Calories					80.0%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 01/17/2019 Reimbursable Meal Total 5380

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001721 Chex Mix, Simply Strawberry/Yo	Each	5380	120	55	23.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001307 Juice, Very Berry, ApplEv 3/4c	EACH	5380	90	5	22.00
Weighted Daily Average			210	60	45.00
% of Calories					85.7%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 01/18/2019

Reimbursable Meal Total 5430

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000994 Crackers, Goldfish Cheddar	Each	5429	100	170	14.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5265	100	20	25.00
Weighted Daily Average			197	189	38.24
% of Calories					77.6%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 01/22/2019

Reimbursable Meal Total 5558

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002165 Breakfast Bar, Dbl Choc/Oat BC	Each	4932	150	115	24.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	3897	130	160	16.00
Weighted Daily Average			224	214	32.52
% of Calories					58.1%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 01/23/2019

Reimbursable Meal Total 5423

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000583 Yogurt, Trix Strawberry Banana	Each	2972	100	50	20.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	5258	90	5	22.00
Weighted Daily Average			142	32	32.29
% of Calories					91.0%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 01/24/2019

Reimbursable Meal Total 5693

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001992 Cereal Bar, Cocoa Puffs	Each	5693	150	110	30.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	5691	130	160	16.00
Weighted Daily Average			280	270	45.99
% of Calories					65.7%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 01/28/2019

Reimbursable Meal Total 4950

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900074 Muffin, Mini Blueberry, SkyBlue	Each	3789	140	140	23.00
000905 Milk - 1% White	Half Pint	3787	130	160	16.00
Weighted Daily Average			207	230	29.85
% of Calories					57.7%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 01/29/2019

Reimbursable Meal Total 4973

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000772 Pop-Tarts, WG Strawberry	Each	3813	180	180	37.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002034 Juice, Fruitable, PowPunc3/4	Each	2613	90	40	21.00
Weighted Daily Average			185	159	39.40
% of Calories					85.2%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 01/30/2019

Reimbursable Meal Total 5273

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002036 Popcorn, Smartfood Wh Cheddar	Each	3863	70	110	9.00
000905 Milk - 1% White	Half Pint	5271	130	160	16.00
Weighted Daily Average			181	241	22.59
% of Calories					49.9%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 01/31/2019

Reimbursable Meal Total 5253

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002376 Rice Krispies, Choc Chip Sysco	each	2613	160	140	30.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	4708	100	20	25.00
Weighted Daily Average			169	88	37.33
% of Calories					88.4%
Weekly Nutrient Guideline			600 - 650	1230	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.