

Base Menu Spreadsheet

Portion Values

Jan 8, 2019 thru Jan 31, 2019

Menu Name: Fresh Fruit Vegetable Program

Include Cost: Yes

Site:

Report Style: Detailed

Tuesday - 01/08/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
001693 Tangerines, Fresh	Each	1	50	0	11.00	\$0.168
Weighted Daily Average			50	0	11.00	\$0.168
% of Calories					88.0%	
Weekly Nutrient Guideline			600 - 650	1230		

Wednesday - 01/09/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
002345 Apples, Slices Fuji, FFV	(2) Each	1	110	0	28.00	\$0.000
Weighted Daily Average			110	0	28.00	\$0.000
% of Calories					101.8%	
Weekly Nutrient Guideline			600 - 650	1230		

Thursday - 01/10/2019

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
001566 Bananas, Baby,FFVP	Each	1	72	1	19.00	\$0.000
Weighted Daily Average			72	1	19.00	\$0.000
% of Calories					105.6%	
Weekly Nutrient Guideline			600 - 650	1230		

Tuesday - 01/15/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
002492 Carrots, Rainbow, FFV	Each	1	20	45	5.00	\$0.000
Weighted Daily Average			20	45	5.00	\$0.000
% of Calories					100.0%	
Weekly Nutrient Guideline			600 - 650	1230		

Wednesday - 01/16/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
001538 Pineapple Spears, (Both)	Each	1	40	0	9.00	\$0.000
Weighted Daily Average			40	0	9.00	\$0.000
% of Calories					90.0%	
Weekly Nutrient Guideline			600 - 650	1230		

Base Menu Spreadsheet

Portion Values

Jan 8, 2019 thru Jan 31, 2019

Thursday - 01/17/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
001782 Pears, Red FFV	Each	1	51	0	13.00	\$0.000
Weighted Daily Average			51	0	13.00	\$0.000
% of Calories					102.0%	
Weekly Nutrient Guideline			600 - 650	1230		

Wednesday - 01/23/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
002375 Grape Escapes, FFV, 2.25oz.	Each	1	67	0	16.87	\$0.000
Weighted Daily Average			67	0	16.87	\$0.000
% of Calories					100.7%	
Weekly Nutrient Guideline			600 - 650	1230		

Thursday - 01/24/2019

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
002253 Carrots w/Chili Lime,FFV	Each	1	25	200	6.00	\$0.381
Weighted Daily Average			25	200	6.00	\$0.381
% of Calories					96.0%	
Weekly Nutrient Guideline			600 - 650	1230		

Friday - 01/25/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
002399 Apples, Granny Slices,FFV	Each	1	30	0	6.96	\$0.000
Weighted Daily Average			30	0	6.96	\$0.000
% of Calories					92.8%	
Weekly Nutrient Guideline			600 - 650	1230		

Tuesday - 01/29/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
001486 Cucumbers,FFV	Each	1	4	5	0.95	\$0.000
Weighted Daily Average			4	5	0.95	\$0.000
% of Calories					95.0%	
Weekly Nutrient Guideline			600 - 650	1230		

Base Menu Spreadsheet

Portion Values

Jan 8, 2019 thru Jan 31, 2019

Wednesday - 01/30/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
001717 Halos-Tangerines-FFV	Each	1	50	0	13.00	\$0.000
Weighted Daily Average			50	0	13.00	\$0.000
% of Calories					104.0%	
Weekly Nutrient Guideline			600 - 650	1230		

Thursday - 01/31/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Cost
001488 Honeydew, Fruit, FFV	Each	1	16	7	3.87	\$0.000
Weighted Daily Average			16	7	3.87	\$0.000
% of Calories					96.8%	
Weekly Nutrient Guideline			600 - 650	1230		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.