

Planned Menu Spreadsheet

Portion Values

Feb 1, 2019 thru Feb 28, 2019

Menu Name: SNACK MENU

Include Cost: No

Site: All Sites

Report Style: Detailed

Friday - 02/01/2019

Reimbursable Meal Total 5243

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000129 Chips, Doritos Nacho Cheese RF	Each	4572	130	200	20.00
002155 Juice, Fruit Punch Sysco 3/4c	EACH	5243	100	25	24.00
Weighted Daily Average			213	199	41.44
% of Calories					77.8%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 02/04/2019

Reimbursable Meal Total 5528

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002413 Granola, Rockin'ola Cinnamon	Each	5137	120	0	21.00
001308 Juice, Apple, AppleEve 3/4c	EACH	5468	90	5	21.00
Weighted Daily Average			201	5	40.29
% of Calories					80.2%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 02/05/2019

Reimbursable Meal Total 5663

Planned Menu Spreadsheet

Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900082 Cheese, String, Mozzarella USDA	Each	5036	90	200	2.00
001403 Grahams, Honey WG	EACH	5037	110	140	20.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5493	100	20	25.00
Weighted Daily Average			275	322	43.82
% of Calories					63.7%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 02/06/2019

Reimbursable Meal Total 5330

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002459 Breakfast, Maple Breadstck Sys	Each	5350	120	140	23.00
000905 Milk - 1% White	Half Pint	5348	130	160	16.00
Weighted Daily Average			251	301	39.14
% of Calories					62.4%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 02/07/2019

Reimbursable Meal Total 5643

Planned Menu Spreadsheet

Bakersfield City School District

Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	
000925	Grahams, Bug Bites	Each	4902	120	115	21.00
002034	Juice, Fruitable, PowPunc3/4	Each	5642	90	40	21.00
Weighted Daily Average				194	140	39.24
% of Calories						80.9%
Weekly Nutrient Guideline				600 - 650	1230	

Friday - 02/08/2019

Reimbursable Meal Total 5453

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	
002163	Snack Mix, Cheddar Simply Chex	Each	4957	110	135	20.00
001307	Juice, Very Berry, ApplEv 3/4c	EACH	5293	90	5	22.00
Weighted Daily Average				187	128	39.54
% of Calories						84.6%
Weekly Nutrient Guideline				600 - 650	1230	

Monday - 02/11/2019

Reimbursable Meal Total 310

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	
000141	HOLIDAY					

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 02/12/2019

Reimbursable Meal Total 5733

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002121 Brownie, Dbl Choc Fat Cat	Each	4963	198	85	32.30
000905 Milk - 1% White	Half Pint	5731	130	160	16.00
Weighted Daily Average			301	233	43.96
% of Calories					58.4%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 02/13/2019

Reimbursable Meal Total 5258

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001984 Peanut Butter, Cup, AdvPierre	2 tbsp	5256	180	160	8.00
900042 Apple in a Bag Fuji	Each	5257	29	0	8.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002155 Juice, Fruit Punch Sysco 3/4c	EACH	5258	100	25	24.00
Weighted Daily Average			309	185	40.00
% of Calories					51.8%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 02/14/2019

Reimbursable Meal Total 5575

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000159 Scooby-Doo Bones WG	Each	5574	120	115	21.00
001308 Juice, Apple, AppleEve 3/4c	EACH	5575	90	5	21.00
Weighted Daily Average			210	120	42.00
% of Calories					80.0%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 02/15/2019

Reimbursable Meal Total 5270

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001721 Chex Mix, Simply Strawberry/Yo	Each	5268	120	55	23.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001307 Juice, Very Berry, ApplEv 3/4c	EACH	5270	90	5	22.00
Weighted Daily Average			210	60	44.99
% of Calories					85.7%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 02/18/2019

Reimbursable Meal Total 195

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000141 HOLIDAY					
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 02/19/2019

Reimbursable Meal Total 5665

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000994 Crackers, Goldfish Cheddar	Each	5663	100	170	14.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5565	100	20	25.00
Weighted Daily Average			198	190	38.55
% of Calories					77.9%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 02/20/2019

Reimbursable Meal Total 5473

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002165 Breakfast Bar, Dbl Choc/Oat BC	Each	4723	150	115	24.00
000905 Milk - 1% White	Half Pint	3708	130	160	16.00
Weighted Daily Average			218	208	31.55
% of Calories					57.9%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 02/21/2019

Reimbursable Meal Total 5913

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001992 Cereal Bar, Cocoa Puffs	Each	5912	150	110	30.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	5831	130	160	16.00
Weighted Daily Average			278	268	45.77
% of Calories					65.9%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 02/22/2019

Reimbursable Meal Total 2550

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001338 Pretzels - Hartzels	each	2549	80	200	15.00
900082 Cheese, String, Mozzarella USDA	Each	2549	90	200	2.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	2550	90	5	22.00
Weighted Daily Average			260	405	38.99
% of Calories					60.0%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 02/25/2019

Reimbursable Meal Total 5365

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900074 Muffin, Mini Blueberry, SkyBlue	Each	4235	140	140	23.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	4153	130	160	16.00
Weighted Daily Average			211	234	30.54
% of Calories					57.9%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 02/26/2019

Reimbursable Meal Total 5348

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000772 Pop-Tarts, WG Strawberry	Each	4218	180	180	37.00
002034 Juice, Fruitable, PowPunc3/4	Each	3153	90	40	21.00
Weighted Daily Average			195	166	41.56
% of Calories					85.3%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 02/27/2019

Reimbursable Meal Total 5403

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002036 Popcorn, Smartfood Wh Cheddar	Each	4168	70	110	9.00

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Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	5401	130	160	16.00
Weighted Daily Average			184	245	22.94
% of Calories					49.9%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 02/28/2019

Reimbursable Meal Total 5463

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002376 Rice Krispies, Choc Chip Sysco	each	3112	160	140	30.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5218	100	20	25.00
Weighted Daily Average			187	99	40.97
% of Calories					87.6%
Weekly Nutrient Guideline			600 - 650	1230	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.