

Planned Menu Spreadsheet

Bakersfield City School District

Portion Values

Feb 1, 2019 thru Feb 28, 2019

Menu Name: JH/MIDDLE SCHOOL LUNCH MENU

Include Cost: No

Site: All Sites

Report Style: Detailed

Friday - 02/01/2019

Reimbursable Meal Total 5056

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001998 Macaroni & Cheese, 2/3c LOL	Serving	1096	290	980	31.00
002353 Chicken, Tenders TYSON(3)	Serving	3100	260	390	16.00
001156 Barbecue Sauce Cup	Each	3062	40	200	10.00
001796 Cucumber, Raw 3/4	3/4 Cup	1346	13	2	2.38
001105 Dressing, Ranch, Homemade 1oz	1 oz	833	52	161	2.79
900042 Apple in a Bag Fuji	Each	4251	29	0	8.00
001945 Roll, White Wheat: Galasso	Each	2261	80	125	17.00
000905 Milk - 1% White	Half Pint	900	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3310	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	8	90	125	13.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			421	802	54.63
% of Calories					51.9%
Weekly Nutrient Guideline			600 - 700	1360	

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Portion Values

Feb 1, 2019 thru Feb 28, 2019

Monday - 02/04/2019

Reimbursable Meal Total 5205

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001823 Chicken Fajita & Cheese SEASONED	Serving	1544	136	630	2.12
001627 Tortilla Wheat, 6" (2)	Serving (2)	1604	180	250	28.00
000446 Taco Sauce:Packet	EACH	1611	5	95	1.00
002289 Pizza, Stuffed Crust, Pepp,Sch	Each	2876	370	650	41.00
001817 Beans, Black 3/4 c w/ Cheese	3/4 cup, .5 oz	524	222	309	31.12
001808 Icee, Sidekick BluRspLmn	each	4610	90	30	22.00
000905 Milk - 1% White	Half Pint	840	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3280	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	11	90	125	13.00
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			501	850	70.69
% of Calories					56.4%
Weekly Nutrient Guideline			600 - 700	1360	

Tuesday - 02/05/2019

Reimbursable Meal Total 5115

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Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002496 Tacos W/Scoops, Beef AVP	SERVING	3020	248	793	23.27
000446 Taco Sauce:Packet	EACH	3170	5	95	1.00
001850 Pizza,Trky Pep Pocket Sandwich	Each	1710	300	680	32.00
001602 Lettuce, Shredded and Tomato	1 L & 1/4 T	1291	22	11	4.76
001110 Carrots, Mini, Peeled - 3 oz	3 oz Package	1600	25	42	5.84
900086 GRAPES, Red Bagged	Bag	4515	52	2	13.37
000905 Milk - 1% White	Half Pint	1200	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2980	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	4	90	125	13.00
900056 Milk, Soy 8 oz	Each	0	140	150	12.00
Weighted Daily Average			410	914	55.88
% of Calories					54.5%
Weekly Nutrient Guideline			600 - 700	1360	

Wednesday - 02/06/2019

Reimbursable Meal Total 4849

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002348 Chicken, Popcorn, 12 pcTYSON	Serving	2853	250	380	16.00
001156 Barbecue Sauce Cup	Each	2870	40	200	10.00
001456 Pork Rib Patty on	Each	1562	260	570	32.30

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Portion Values

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002465 Grahams, Chocolate Bear Sysco	Each	4061	110	105	21.00
001735 Broccoli, raw, fresh 3/4	3/4 CUP	1125	16	16	3.16
001105 Dressing, Ranch, Homemade 1oz	1 oz	699	52	161	2.79
002444 Craisins, Invd Box	Box	4099	110	0	28.00
000905 Milk - 1% White	Half Pint	850	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3180	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	11	90	125	13.00
900056 Milk, Soy 8 oz	Each	0	140	150	12.00
Weighted Daily Average			553	787	84.74
% of Calories					61.3%
Weekly Nutrient Guideline			600 - 700	1360	

Thursday - 02/07/2019

Reimbursable Meal Total 4639

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002435 Chicken, Drumstick, Ty Drk	Each	2441	190	450	5.00
002340 Pork Chop With, Don L	Each	1887	200	354	16.60
001740 Mashed Potatoes w/Gravy-CK 3/4	3/4 CUP, 2 OZ	3765	120	800	25.50
001945 Roll, White Wheat: Galasso	Each	2120	80	125	17.00
900042 Apple in a Bag Fuji	Each	4518	29	0	8.00

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Portion Values

002121 Brownie, Dbl Choc Fat Cat	Each	4514	198	85	32.30
000905 Milk - 1% White	Half Pint	780	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2800	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	10	90	125	13.00
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			631	1306	92.47
% of Calories					58.6%
Weekly Nutrient Guideline			600 - 700	1360	

Friday - 02/08/2019

Reimbursable Meal Total 4121

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900053 Sandwich, Grilled Cheese	Each	1916	340	830	32.00
900061 BURRITO, CHILE RELLENO BEAN CHEESE	Each	1886	404	750	52.04
001796 Cucumber, Raw 3/4	3/4 Cup	1617	13	2	2.38
001105 Dressing, Ranch, Homemade 1oz	1 oz	770	52	161	2.79
001773 Blueberries, W/Topping 1/2c	1/2 cup, 2 tbsp	4116	65	1	11.40
001983 Crackers,Cheez-It, Whole Grain	Each	4131	100	150	14.00
000905 Milk - 1% White	Half Pint	720	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2540	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00

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900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			620	1051	81.35
% of Calories					52.5%
Weekly Nutrient Guideline			600 - 700	1360	

Monday - 02/11/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000141 HOLIDAY					
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 700	1360	

Tuesday - 02/12/2019

Reimbursable Meal Total 3834

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002289 Pizza, Stuffed Crust, Pepp,Sch	Each	1486	370	650	41.00
000878 Burrito, Beef/Bean/Red Chli WG	Each	1744	281	404	39.12
001743 Corn, 3/4 Canned	3/4 Cup	1307	102	55	23.59
900085 Mixed Fruit, 1/2c USDA	1/2 Cup	3385	62	10	17.67
002059 COOKIE,	Each	4223	140	118	23.70

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SNICKERDOOD, FatCat IW					
000905 Milk - 1% White	Half Pint	780	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2640	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			624	751	101.19
% of Calories					64.9%
Weekly Nutrient Guideline			600 - 700	1360	

Wednesday - 02/13/2019

Reimbursable Meal Total 4218

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001966 Cheeseburger Slider, 2-pk DL	Each	2724	272	355	31.30
000741 Mustard Packet	Each	635	5	65	1.00
001102 Ketchup:Packet	Each	2116	10	85	3.00
002411 Tamale, Chicken, Del RealSYSCO	Each	1454	290	680	26.00
001780 Broccoli W/ Cheese 3/4	3/4c, 1 oz	1012	85	218	9.51
900042 Apple in a Bag Fuji	Each	4351	29	0	8.00
002376 Rice Krispies, Choc Chip Sysco	each	4611	160	140	30.00
000905 Milk - 1% White	Half Pint	780	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2820	120	180	21.00

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Portion Values

900076 Milk, Lactaid 8 oz	Each	11	90	125	13.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			611	872	91.20
% of Calories					59.7%
Weekly Nutrient Guideline			600 - 700	1360	

Thursday - 02/14/2019

Reimbursable Meal Total 3823

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000964 Cream Turkey/Gravy Mix w/Pot.	Serving	2247	213	1314	18.78
002366 Quesadilla, Cheese/Chile MCI	Each	1451	291	364	28.21
001110 Carrots, Mini, Peeled - 3 oz	3 oz Package	1300	25	42	5.84
002477 Juice, Gold Rush 1/2c, SYSCO	Each	2673	40	60	10.00
002020 Roll, Bridgford Honey Wheat	Each	2176	150	230	27.00
001326 Icee, Sweet Cherry Rosati	Each	3467	99	15	25.00
900082 Cheese, String, Mozzarella USDA	Each	2502	90	200	2.00
000905 Milk - 1% White	Half Pint	780	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2680	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	13	90	125	13.00

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Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			617	1402	88.11
% of Calories					57.1%
Weekly Nutrient Guideline			600 - 700	1360	

Friday - 02/15/2019

Reimbursable Meal Total 4428

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900098 Nacho Cheese w/Chips BAG	Serving	2569	429	1005	42.41
001353 Hot Dog WW Bun: SYSCO	Each	1349	270	720	32.00
000741 Mustard Packet	Each	435	5	65	1.00
001102 Ketchup:Packet	Each	1110	10	85	3.00
900032 Pinto Beans 3/4c w/Ch USDA	3/4 cup	677	162	236	27.43
001809 Strawberries Frz Sysco/Whip Top	1/2 cup, 2 tbsp	3879	71	0	14.93
000905 Milk - 1% White	Half Pint	760	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2820	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			520	1009	68.64
% of Calories					52.8%
Weekly Nutrient Guideline			600 - 700	1360	

Monday - 02/18/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000141 HOLIDAY					
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 700	1360	

Tuesday - 02/19/2019

Reimbursable Meal Total 5133

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900044 Quesadilla, Chicken and Cheese	Each	1338	297	566	31.00
900075 Pizza, Flatbread Cheese 2pk	Each	1008	315	570	33.00
900068 PEARS, DICED CUP DEL MONTE	Each	1568	60	5	15.00

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001742 Green Beans, 3/4c	3/4 cup	190	33	294	6.37
002378 Grahams, Elf, Chocolate	Each	4552	120	125	20.00
000905 Milk - 1% White	Half Pint	870	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3240	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	0	90	125	13.00
900056 Milk, Soy 8 oz	Each	0	140	150	12.00
Weighted Daily Average			363	523	53.08
% of Calories					58.5%
Weekly Nutrient Guideline			600 - 700	1360	

Wednesday - 02/20/2019

Reimbursable Meal Total 5221

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000144 Sandwich, Turkey Chz Deli Slice	Serving	1874	291	547	31.00
000741 Mustard Packet	Each	1255	5	65	1.00
000454 Mayonnaise Packet	Each	334	60	45	0.00
002348 Chicken, Popcorn, 12 pcTYSON	Serving	6397	250	380	16.00
001156 Barbecue Sauce Cup	Each	2932	40	200	10.00
002037 Chips, Sunchips Harvest Chedda	Each	1662	140	210	18.00
001735 Broccoli, raw, fresh 3/4	3/4 CUP	1370	16	16	3.16
000998 Peach Cup, USDA	Each	1642	80	0	18.96

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000905 Milk - 1% White	Half Pint	900	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3250	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	17	90	125	13.00
900056 Milk, Soy 8 oz	Each	4	140	150	12.00
Weighted Daily Average			610	1004	64.99
% of Calories					42.6%
Weekly Nutrient Guideline			600 - 700	1360	

Thursday - 02/21/2019

Reimbursable Meal Total 4794

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002355 Enchilada Casserole, Chicken Green/Corn	Servings	383	370	1101	24.88
002284 Pizza, 5" Deep Dish Cheese	Each	808	310	440	31.00
900032 Pinto Beans 3/4c w/Ch USDA	3/4 cup	208	162	236	27.43
900042 Apple in a Bag Fuji	Each	1669	29	0	8.00
000994 Crackers, Goldfish Cheddar	Each	1659	100	170	14.00
000905 Milk - 1% White	Half Pint	780	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2380	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	10	90	125	13.00

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Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			215	347	29.09
% of Calories					54.1%
Weekly Nutrient Guideline			600 - 700	1360	

Friday - 02/22/2019

Reimbursable Meal Total 4781

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900058 PIZZA, FRENCH BREAD TR	Each	3152	310	459	30.00
001294 Beef Teriyaki Dunkers w/Rice	Serving	1500	240	691	26.59
001743 Corn, 3/4 Canned	3/4 Cup	1612	102	55	23.59
000086 Orange Wedges	Each	1643	45	0	11.28
002314 Chips, Doritos Nacho FlamasRF	Each	1650	140	200	20.00
000905 Milk - 1% White	Half Pint	840	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2800	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	12	90	125	13.00

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	2	140	150	12.00
Weighted Daily Average			471	741	62.00
% of Calories					52.7%
Weekly Nutrient Guideline			600 - 700	1360	

Monday - 02/25/2019

Reimbursable Meal Total 4317

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000766 Burrito, Bean & Cheese, Ext WG	Each	2486	291	479	40.95
000446 Taco Sauce:Packet	EACH	2322	5	95	1.00
002431 Chicken, Homestyle Strips Ty W	Serving	1781	280	470	16.00
001156 Barbecue Sauce Cup	Each	1706	40	200	10.00
002234 Potatoes, 3/4 CRISPY WEDGES	3/4 Cup	4059	180	210	30.00
001102 Ketchup:Packet	Each	3915	10	85	3.00
002517 Raisins, Sour Watermelon FPoint	EACH	316	120	10	29.00
002465 Grahams, Chocolate Bear Sysco	Each	4068	110	105	21.00
000968 Milk, Chocolate, Fat Free	Half Pint	2340	120	180	21.00
000905 Milk - 1% White	Half Pint	1260	130	160	16.00
900076 Milk, Lactaid 8 oz	Each	11	90	125	13.00
900056 Milk, Soy 8 oz	Each	3	140	150	12.00

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Weighted Daily Average		696	1119	103.61
% of Calories				59.5%
Weekly Nutrient Guideline		600 - 700	1360	

Tuesday - 02/26/2019

Reimbursable Meal Total 4938

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002014 Pasta, Beef/Spag Sauce	Cup	1778	300	563	32.39
001638 Taco Nada, Taco Turkey	Each	3020	260	390	31.00
000446 Taco Sauce:Packet	EACH	2790	5	95	1.00
001742 Green Beans, 3/4c	3/4 cup	178	33	294	6.37
000068 Bananas	Each	640	170	2	43.71
002203 Toast, Texas Garlic, BCrfters	Each	3845	90	190	15.00
000905 Milk - 1% White	Half Pint	930	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	3460	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	17	90	125	13.00
900056 Milk, Soy 8 oz	Each	4	140	150	12.00
Weighted Daily Average			472	811	66.54
% of Calories					56.4%
Weekly Nutrient Guideline			600 - 700	1360	

Planned Menu Spreadsheet

Bakersfield City School District

Portion Values

Feb 1, 2019 thru Feb 28, 2019

Wednesday - 02/27/2019

Reimbursable Meal Total 4983

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002232 Steak Burger/ Kaiser Bun DLee	Serving	480	369	725	32.80
001102 Ketchup:Packet	Each	3030	10	85	3.00
000741 Mustard Packet	Each	725	5	65	1.00
900053 Sandwich, Grilled Cheese	Each	216	340	830	32.00
001804 Vegetarian Beans 3/4c	3/4 cup	1032	165	210	30.03
000086 Orange Wedges	Each	690	45	0	11.28
002060 COOKIE, CHOC CHIP , FatCat	Each	696	147	166	24.20
000905 Milk - 1% White	Half Pint	840	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2820	120	180	21.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
Weighted Daily Average			208	363	32.27
% of Calories					62.1%
Weekly Nutrient Guideline			600 - 700	1360	

Thursday - 02/28/2019

Reimbursable Meal Total 4703

Planned Menu Spreadsheet

Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001843 Chicken Asian, Orange Mandarin	1/2 Cup	1908	150	280	19.00
001619 Rice WG BROWN, MixedVegetables	5/8 Cup	2308	139	174	30.19
002471 Corndog, Mini, Chicken SYSCO	Serving (6)	1996	270	410	30.00
000741 Mustard Packet	Each	550	5	65	1.00
001102 Ketchup:Packet	Each	1860	10	85	3.00
900088 CARROTS DICED USDA 3/4c	3/4 Cup	320	41	65	9.06
900086 GRAPES, Red Bagged	Bag	732	52	2	13.37
001945 Roll, White Wheat: Galasso	Each	544	80	125	17.00
000905 Milk - 1% White	Half Pint	810	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	2820	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	9	90	125	13.00
900056 Milk, Soy 8 oz	Each	1	140	150	12.00
Weighted Daily Average			363	569	56.60
% of Calories					62.4%
Weekly Nutrient Guideline			600 - 700	1360	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.