

# Planned Menu Spreadsheet

Bakersfield City School District

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

**Menu Name:** ELEMENTARY LUNCH MENU

**Include Cost:** No

**Site:** All Sites

**Report Style:** Detailed

### Friday - 02/01/2019

### Reimbursable Meal Total 20020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001998 Macaroni & Cheese, 2/3c LOL	Serving	19707	290	980	31.00
001515 Salad, Bar Veggie 2	1 Cup	7900	184	434	21.69
900042 Apple in a Bag Fuji	Each	19367	29	0	8.00
001945 Roll, White Wheat: Galasso	Each	18544	80	125	17.00
000905 Milk - 1% White	Half Pint	3290	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	17125	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	101	90	125	13.00
900056 Milk, Soy 8 oz	Each	21	140	150	12.00
Weighted Daily Average			585	1433	83.23
% of Calories					56.9%
Weekly Nutrient Guideline			600 - 650	1230	

### Monday - 02/04/2019

### Reimbursable Meal Total 20730

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001823 Chicken Fajita & Cheese SEASONED	Serving	20580	136	630	2.12
001627 Tortilla Wheat, 6" (2)	Serving (2)	20575	180	250	28.00
001817 Beans, Black 3/4 c w/ Cheese	3/4 cup, .5 oz	12945	222	309	31.12
001808 Icee, Sidekick BluRspLmn	each	20608	90	30	22.00
000905 Milk - 1% White	Half Pint	3455	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	17735	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	100	90	125	13.00
900056 Milk, Soy 8 oz	Each	20	140	150	12.00
Weighted Daily Average			666	1278	91.91
% of Calories					55.2%
Weekly Nutrient Guideline			600 - 650	1230	

**Tuesday - 02/05/2019**

**Reimbursable Meal Total 21430**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002496 Tacos W/Scoops, Beef AVP	SERVING	21405	248	793	23.27
000446 Taco Sauce:Packet	EACH	17535	5	95	1.00
001462 Salad, Bar Veggie 1	1 Cup	8300	208	510	19.22
900086 GRAPES, Red Bagged	Bag	20780	52	2	13.37
000905 Milk - 1% White	Half Pint	4175	130	160	16.00

# Planned Menu Spreadsheet

## Portion Values

000968 Milk, Chocolate, Fat Free	Half Pint	17595	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	99	90	125	13.00
900056 Milk, Soy 8 oz	Each	28	140	150	12.00
<b>Weighted Daily Average</b>			<b>508</b>	<b>1248</b>	<b>64.90</b>
% of Calories					51.1%
<b>Weekly Nutrient Guideline</b>			<b>600 - 650</b>	<b>1230</b>	

**Wednesday - 02/06/2019**

**Reimbursable Meal Total 21450**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002348 Chicken, Popcorn, 12 pcTYSON	Serving	21420	250	380	16.00
001156 Barbecue Sauce Cup	Each	19055	40	200	10.00
001462 Salad, Bar Veggies 1	1 Cup	8450	208	510	19.22
002444 Craisins, Invd Box	Box	19705	110	0	28.00
002465 Grahams, Chocolate Bear Sysco	Each	21170	110	105	21.00
000905 Milk - 1% White	Half Pint	3575	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	18075	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	101	90	125	13.00

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	20	140	150	12.00
Weighted Daily Average			700	1041	99.32
% of Calories					56.8%
Weekly Nutrient Guideline			600 - 650	1230	

**Thursday - 02/07/2019**

**Reimbursable Meal Total 21430**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002435 Chicken, Drumstick, Ty Drk	Each	21355	190	450	5.00
001276 Mashed Potatoes w/Gravy -CK	1/2 CUP	21240	85	630	18.00
001945 Roll, White Wheat: Galasso	Each	19345	80	125	17.00
001462 Salad, Bar Veggie 1	1 Cup	8300	208	510	19.22
900042 Apple in a Bag Fuji	Each	20880	29	0	8.00
002121 Brownie, Dbl Choc Fat Cat	Each	21115	198	85	32.30
000905 Milk - 1% White	Half Pint	3595	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	18235	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	100	90	125	13.00

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	20	140	150	12.00
Weighted Daily Average			774	1648	105.86
% of Calories					54.7%
Weekly Nutrient Guideline			600 - 650	1230	

**Friday - 02/08/2019**

**Reimbursable Meal Total 21390**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900053 Sandwich, Grilled Cheese	Each	21300	340	830	32.00
001462 Salad, Bar Veggie 1	1 Cup	8300	208	510	19.22
001773 Blueberries, W/Topping 1/2c	1/2 cup, 2 tbsp	20397	65	1	11.40
001983 Crackers,Cheez-It, Whole Grain	Each	20365	100	150	14.00
000905 Milk - 1% White	Half Pint	3595	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	18235	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	100	90	125	13.00
900056 Milk, Soy 8 oz	Each	20	140	150	12.00
Weighted Daily Average			701	1349	84.19
% of Calories					48.0%
Weekly Nutrient Guideline			600 - 650	1230	

# Planned Menu Spreadsheet

## Portion Values

### Monday - 02/11/2019

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000141 HOLIDAY					
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

### Tuesday - 02/12/2019

### Reimbursable Meal Total 20541

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002289 Pizza, Stuffed Crust, Pepp,Sch	Each	20476	370	650	41.00
001743 Corn, 3/4 Canned	3/4 Cup	15724	102	55	23.59
900085 Mixed Fruit, 1/2c USDA	1/2 Cup	18618	62	10	17.67
002059 COOKIE, SNICKERDOOD, FatCat IW	Each	20240	140	118	23.70
000905 Milk - 1% White	Half Pint	3455	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	17515	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	95	90	125	13.00

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	21	140	150	12.00
Weighted Daily Average			766	997	118.97
% of Calories					62.1%
Weekly Nutrient Guideline			600 - 650	1230	

**Wednesday - 02/13/2019**

**Reimbursable Meal Total 20545**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001966 Cheeseburger Slider, 2-pk DL	Each	20500	272	355	31.30
000741 Mustard Packet	Each	10915	5	65	1.00
001102 Ketchup:Packet	Each	19440	10	85	3.00
001515 Salad, Bar Veggie 2	1 Cup	8100	184	434	21.69
900042 Apple in a Bag Fuji	Each	19850	29	0	8.00
002376 Rice Krispies, Choc Chip Sysco	each	20350	160	140	30.00
000905 Milk - 1% White	Half Pint	3475	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	17515	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	95	90	125	13.00

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	21	140	150	12.00
Weighted Daily Average			668	960	101.28
% of Calories					60.6%
Weekly Nutrient Guideline			600 - 650	1230	

**Thursday - 02/14/2019**

**Reimbursable Meal Total 21245**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000964 Cream Turkey/Gravy Mix w/Pot.	Serving	21020	213	1314	18.78
001515 Salad, Bar Veggie 2	1 Cup	8420	184	434	21.69
002020 Roll, Bridgford Honey Wheat	Each	20180	150	230	27.00
001326 Icee, Sweet Cherry Rosati	Each	21055	99	15	25.00
000905 Milk - 1% White	Half Pint	3605	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	18245	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	100	90	125	13.00
900056 Milk, Soy 8 oz	Each	21	140	150	12.00
Weighted Daily Average			650	1888	98.42
% of Calories					60.6%
Weekly Nutrient Guideline			600 - 650	1230	

# Planned Menu Spreadsheet

## Portion Values

### Friday - 02/15/2019

**Reimbursable Meal Total 20440**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900098 Nacho Cheese w/Chips BAG	Serving	20370	429	1005	42.41
001515 Salad, Bar Veggie 2	1 Cup	7880	184	434	21.69
001809 Strawberries Frz Sysco/Whip Top	1/2 cup, 2 tbsp	19490	71	0	14.93
000905 Milk - 1% White	Half Pint	3475	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	17515	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	96	90	125	13.00
900056 Milk, Soy 8 oz	Each	21	140	150	12.00
Weighted Daily Average			691	1351	85.65
% of Calories					49.6%
Weekly Nutrient Guideline			600 - 650	1230	

### Monday - 02/18/2019

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000141 HOLIDAY					

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

**Tuesday - 02/19/2019**

**Reimbursable Meal Total 14455**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900044 Quesadilla, Chicken and Cheese	Each	14385	297	566	31.00
900068 PEARS, DICED CUP DEL MONTE	Each	13645	60	5	15.00
001742 Green Beans, 3/4c	3/4 cup	9502	33	294	6.37
002378 Grahams, Elf, Chocolate	Each	14330	120	125	20.00
000905 Milk - 1% White	Half Pint	2385	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	12255	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	72	90	125	13.00
900056 Milk, Soy 8 oz	Each	15	140	150	12.00
Weighted Daily Average			616	1065	89.54
% of Calories					58.1%
Weekly Nutrient Guideline			600 - 650	1230	

# Planned Menu Spreadsheet

Bakersfield City School District

Portion Values

Feb 1, 2019 thru Feb 28, 2019

**Wednesday - 02/20/2019**

**Reimbursable Meal Total 14492**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000144 Sandwich, Turkey Chz Deli Slice	Serving	14421	291	547	31.00
000741 Mustard Packet	Each	7015	5	65	1.00
001102 Ketchup:Packet	Each	12800	10	85	3.00
001374 Salad, Bar Veggie 3	1 Cup	5920	158	390	17.58
000437 Peaches, 1/2c	1/2 Cup	12958	44	4	10.27
002037 Chips, Sunchips Harvest Chedda	Each	14370	140	210	18.00
000905 Milk - 1% White	Half Pint	2385	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	12355	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	74	90	125	13.00
900056 Milk, Soy 8 oz	Each	15	140	150	12.00
Weighted Daily Average			668	1202	88.81
% of Calories					53.2%
Weekly Nutrient Guideline			600 - 650	1230	

**Thursday - 02/21/2019**

**Reimbursable Meal Total 12650**

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002355 Enchilada Casserole, Chicken Green/Corn	Servings	12605	370	1101	24.88
001374 Salad, Bar Veggie 3	1 Cup	5320	158	390	17.58
900042 Apple in a Bag Fuji	Each	12425	29	0	8.00
000994 Crackers, Goldfish Cheddar	Each	12555	100	170	14.00
000905 Milk - 1% White	Half Pint	2145	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	10805	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	73	90	125	13.00
900056 Milk, Soy 8 oz	Each	15	140	150	12.00
<b>Weighted Daily Average</b>			<b>688</b>	<b>1611</b>	<b>74.67</b>
% of Calories					43.4%
<b>Weekly Nutrient Guideline</b>			<b>600 - 650</b>	<b>1230</b>	

**Friday - 02/22/2019**

**Reimbursable Meal Total 12745**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900058 PIZZA, FRENCH BREAD TR	Each	12735	310	459	30.00
001374 Salad, Bar Veggie 3	1 Cup	5320	158	390	17.58
000086 Orange Wedges	Each	12048	45	0	11.28
001240 Chips, Cheetos Baked	Each	12625	120	200	17.00

# Planned Menu Spreadsheet

## Portion Values

000905 Milk - 1% White	Half Pint	2145	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	10805	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	73	90	125	13.00
900056 Milk, Soy 8 oz	Each	15	140	150	12.00
Weighted Daily Average			662	1000	85.41
% of Calories					51.6%
Weekly Nutrient Guideline			600 - 650	1230	

**Monday - 02/25/2019**

**Reimbursable Meal Total 14270**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
000766 Burrito, Bean & Cheese, Ext WG	Each	14260	291	479	40.95
000446 Taco Sauce:Packet	EACH	11695	5	95	1.00
002234 Potatoes, 3/4 CRISPY WEDGES	3/4 Cup	13905	180	210	30.00
001102 Ketchup:Packet	Each	14125	10	85	3.00
002517 Raisins, Sour Watermelon FPoint	EACH	13645	120	10	29.00
002465 Grahams, Chocolate Bear Sysco	Each	14215	110	105	21.00
000905 Milk - 1% White	Half Pint	2385	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	12165	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	78	90	125	13.00
900056 Milk, Soy 8 oz	Each	15	140	150	12.00

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

Weighted Daily Average			829	1140	143.25
% of Calories					69.1%
Weekly Nutrient Guideline			600 - 650	1230	

**Tuesday - 02/26/2019**

**Reimbursable Meal Total 14135**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002014 Pasta, Beef/Spag Sauce	Cup	14060	300	563	32.39
002024 Salad, Bar Veggie 6	1 Cup	5770	165	427	17.26
000068 Bananas	Each	13410	170	2	43.71
002203 Toast, Texas Garlic, BCrtfers	Each	13950	90	190	15.00
000905 Milk - 1% White	Half Pint	2385	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	12165	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	78	90	125	13.00
900056 Milk, Soy 8 oz	Each	15	140	150	12.00
Weighted Daily Average			742	1107	116.38
% of Calories					62.7%
Weekly Nutrient Guideline			600 - 650	1230	

**Wednesday - 02/27/2019**

**Reimbursable Meal Total 14277**

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002100 Hamburger on a Bun AdvPierre	Serving	14251	330	375	32.00
001102 Ketchup:Packet	Each	13700	10	85	3.00
000741 Mustard Packet	Each	7115	5	65	1.00
002024 Salad, Bar Veggie 6	1 Cup	5820	165	427	17.26
000086 Orange Wedges	Each	13598	45	0	11.28
002060 COOKIE, CHOC CHIP , FatCat	Each	14160	147	166	24.20
000905 Milk - 1% White	Half Pint	2385	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	12165	120	180	21.00
900056 Milk, Soy 8 oz	Each	60	140	150	12.00
900076 Milk, Lactaid 8 oz	Each	33	90	125	13.00
Weighted Daily Average			722	1008	97.75
% of Calories					54.2%
Weekly Nutrient Guideline			600 - 650	1230	

**Thursday - 02/28/2019**

**Reimbursable Meal Total 14135**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001843 Chicken Asian, Orange Mandarin	1/2 Cup	14115	150	280	19.00
001619 Rice WG BROWN, MixedVegetables	5/8 Cup	14145	139	174	30.19
002024 Salad, Bar Veggie	1 Cup	5820	165	427	17.26

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

6					
900086 GRAPES, Red Bagged	Bag	13880	52	2	13.37
001945 Roll, White Wheat: Galasso	Each	13016	80	125	17.00
000905 Milk - 1% White	Half Pint	2385	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	12165	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	78	90	125	13.00
900056 Milk, Soy 8 oz	Each	15	140	150	12.00
Weighted Daily Average			608	929	105.93
% of Calories					69.7%
Weekly Nutrient Guideline			600 - 650	1230	

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**