

Planned Menu Spreadsheet

Bakersfield City School District

Portion Values

Feb 1, 2019 thru Feb 28, 2019

Menu Name: Cato Middle School
Site: 13 - Cato

Include Cost: No
Report Style: Detailed

Friday - 02/01/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001998 Macaroni & Cheese, 2/3c LOL	Serving	56	290	980	31.00
002353 Chicken, Tenders TYSON(3)	Serving	300	260	390	16.00
001156 Barbecue Sauce Cup	Each	300	40	200	10.00
000475 Corndog, Chicken, D Lee WG	Each	144	238	690	27.80
001102 Ketchup:Packet	Each	140	10	85	3.00
000741 Mustard Packet	Each	140	5	65	1.00
900058 PIZZA, FRENCH BREAD TR	Each	300	310	459	30.00
002221 Salad Bar, Pizza	Serving	200	163	323	23.18
000090 Pears,fresh	Each	800	95	2	25.28
001945 Roll, White Wheat: Galasso	Each	600	80	125	17.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			629	988	95.36
% of Calories					60.6%
Weekly Nutrient Guideline			600 - 700	1360	

Monday - 02/04/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001823 Chicken Fajita & Cheese SEASONED	Serving	100	136	630	2.12
001627 Tortilla Wheat, 6" (2)	Serving (2)	100	180	250	28.00
002289 Pizza, Stuffed Crust, Pepp,Sch	Each	300	370	650	41.00
002272 PBJ CRUST ON - GRAPE JELLY	Each	200	550	480	52.00
002430 Chicken, Honey Sriracha Wing W	Serving	200	290	370	22.00
002229 Salad Bar, Asian Chix	Serving	200	297	466	31.51
001808 Icee, Sidekick BluRspLmn	each	800	90	30	22.00
002314 Chips, Doritos Nacho FlamasRF	Each	800	140	200	20.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00

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Feb 1, 2019 thru Feb 28, 2019

Weighted Daily Average			831	1112	110.17
% of Calories					53.0%
Weekly Nutrient Guideline			600 - 700	1360	

Tuesday - 02/05/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002496 Tacos W/Scoops, Beef AVP	SERVING	400	248	793	23.27
000446 Taco Sauce:Packet	EACH	400	5	95	1.00
001850 Pizza,Trky Pep Pocket Sandwich	Each	245	300	680	32.00
000940 Beef, Teriyaki Dunker, DL	Serving	50	159	382	11.70
001619 Rice WG BROWN, MixedVegetables	5/8 Cup	50	139	174	30.19
002460 Chicken/Homestyle MashPot Bowl	Serving	105	365	1100	34.00
002227 Salad Bar, Ck/M.Pot Bow	Serving	200	235	356	30.08
900086 GRAPES, Red Bagged	Bag	800	52	2	13.37
001240 Chips, Cheetos Baked	Each	800	120	200	17.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00

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Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			655	1322	89.56
% of Calories					54.7%
Weekly Nutrient Guideline			600 - 700	1360	

Wednesday - 02/06/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002348 Chicken, Popcorn, 12 pcTYSON	Serving	100	250	380	16.00
001156 Barbecue Sauce Cup	Each	100	40	200	10.00
001456 Pork Rib Patty on a Hoagie	Each	200	260	570	32.30
000195 Sandwich, Ham Slcd & Cheese Deli	Serving	100	278	1237	32.66
001102 Ketchup:Packet	Each	100	10	85	3.00
000454 Mayonnaise Packet	Each	100	60	45	0.00
002411 Tamale, Chicken, Del RealSYSCO	Each	400	290	680	26.00
002219 Salad Bar, Tamale	Serving	200	151	298	15.28
002444 Craisins, Invd Box	Box	800	110	0	28.00
002465 Grahams, Chocolate Bear Sysco	Each	800	110	105	21.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate,	Half Pint	720	120	180	21.00

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Portion Values

Fat Free					
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			686	1105	104.26
% of Calories					60.8%
Weekly Nutrient Guideline			600 - 700	1360	

Thursday - 02/07/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002435 Chicken, Drumstick, Ty Drk	Each	200	190	450	5.00
002340 Pork Chop With, Don L	Each	150	200	354	16.60
002472 Mashed Potatoes w/Brown 3/4C	3/4 Cup, 2 OZ	150	120	840	25.50
900043 Bean/Cheese Green Salsa Burrito	Each	300	233	374	28.00
002151 TAPATIO, Hot Sauce: Packet	Each	300	0	110	0.00
001911 Potato, Baking	Each	150	168	24	37.00
002222 Salad Bar, Baked Potato	Serving	200	439	1074	37.80
900042 Apple in a Bag Fuji	Each	800	29	0	8.00
002121 Brownie, Dbl Choc Fat Cat	Each	800	198	85	32.30
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00

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Portion Values

900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			702	1075	98.99
% of Calories					56.4%
Weekly Nutrient Guideline			600 - 700	1360	

Friday - 02/08/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900053 Sandwich, Grilled Cheese	Each	216	340	830	32.00
900061 BURRITO, CHILE RELLENO BEAN CHEESE	Each	204	404	750	52.04
001353 Hot Dog WW Bun: SYSCO	Each	80	270	720	32.00
001102 Ketchup:Packet	Each	80	10	85	3.00
000741 Mustard Packet	Each	80	5	65	1.00
002232 Steak Burger/ Kaiser Bun DLee	Serving	300	369	725	32.80
002233 Salad Bar, Hamburger	Serving	200	137	369	13.31
001983 Crackers,Cheez-It, Whole Grain	Each	800	100	150	14.00
001773 Blueberries, W/Topping 1/2c	1/2 cup, 2 tbsp	800	65	1	11.40
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00

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Portion Values

900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			700	1217	89.19
% of Calories					51.0%
Weekly Nutrient Guideline			600 - 700	1360	

Tuesday - 02/12/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002289 Pizza, Stuffed Crust, Pepp,Sch	Each	300	370	650	41.00
000878 Burrito, Beef/Bean/Red Chli WG	Each	100	281	404	39.12
000446 Taco Sauce:Packet	EACH	100	5	95	1.00
002412 Chicken Nuggets, Adv Pierre	Serving	100	200	310	12.00
001156 Barbecue Sauce Cup	Each	100	40	200	10.00
900027 Tacos W/Top n' Go Doritos, Beef AVP	SERVING	300	328	948	32.27
002220 Salad Bar, Tacos	Serving	200	192	829	15.98
900085 Mixed Fruit, 1/2c USDA	1/2 Cup	800	62	10	17.67
002059 COOKIE, SNICKERDOOD, FatCat IW	Each	800	140	118	23.70
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00

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Portion Values

Feb 1, 2019 thru Feb 28, 2019

Weighted Daily Average		716	1261	103.26
% of Calories				57.7%
Weekly Nutrient Guideline		600 - 700	1360	

Wednesday - 02/13/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001966 Cheeseburger Slider, 2-pk DL	Each	260	272	355	31.30
000741 Mustard Packet	Each	250	5	65	1.00
001102 Ketchup:Packet	Each	250	10	85	3.00
002411 Tamale, Chicken, Del RealSYSCO	Each	300	290	680	26.00
000475 Corndog, Chicken, D Lee WG	Each	144	238	690	27.80
002427 Chicken Asian, General Tso's	Serving	96	170	361	23.00
001619 Rice WG BROWN, MixedVegetables	5/8 Cup	96	139	174	30.19
002229 Salad Bar, Asian Chix	Serving	200	297	466	31.51
900042 Apple in a Bag Fuji	Each	800	29	0	8.00
002376 Rice Krispies, Choc Chip Sysco	each	800	160	140	30.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00

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Portion Values

Feb 1, 2019 thru Feb 28, 2019

Weighted Daily Average		684	1062	101.09
% of Calories				59.1%
Weekly Nutrient Guideline		600 - 700	1360	

Thursday - 02/14/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000964 Cream Turkey/Gravy Mix w/Pot.	Serving	100	213	1314	18.78
002366 Quesadilla, Cheese/Chile MCI	Each	100	291	364	28.21
002272 PBJ CRUST ON - GRAPE JELLY	Each	300	550	480	52.00
002439 Chicken, Sp PattyFilet W/Bun	Each	300	360	620	41.00
002506 Salad Bar, Spicy Chicken	Serving	200	73	129	10.81
001945 Roll, White Wheat: Galasso	Each	500	80	125	17.00
001326 Icee, Sweet Cherry Rosati	Each	800	99	15	25.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00

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Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			710	947	101.73
% of Calories					57.3%
Weekly Nutrient Guideline			600 - 700	1360	

Friday - 02/15/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900098 Nacho Cheese w/Chips BAG	Serving	400	429	1005	42.41
001353 Hot Dog WW Bun: SYSCO	Each	80	270	720	32.00
001102 Ketchup:Packet	Each	80	10	85	3.00
000741 Mustard Packet	Each	80	5	65	1.00
002284 Pizza, 5" Deep Dish Cheese	Each	245	310	440	31.00
001911 Potato, Baking	Each	75	168	24	37.00
002222 Salad Bar, Baked Potato	Serving	200	439	1074	37.80
002085 Grahams, NV Crisps Cinnamon	Each	800	150	140	25.00
001809 Strawberries Frz Sysco/Whip Top	1/2 cup, 2 tbsp	800	71	0	14.93
000811 Cheese, String, Mozzarella	Each	700	80	200	2.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate,	Half Pint	720	120	180	21.00

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Portion Values

Fat Free					
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			893	1510	111.55
% of Calories					50.0%
Weekly Nutrient Guideline			600 - 700	1360	

Tuesday - 02/19/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900044 Quesadilla, Chicken and Cheese	Each	100	297	566	31.00
900075 Pizza, Flatbread Cheese 2pk	Each	400	315	570	33.00
002431 Chicken, Homestyle Strips Ty W	Serving	160	280	470	16.00
001156 Barbecue Sauce Cup	Each	160	40	200	10.00
002460 Chicken/Homestyle MashPot Bowl	Serving	140	365	1100	34.00
002227 Salad Bar, Ck/M.Pot Bow	Serving	200	235	356	30.08
900068 PEARS, DICED CUP DEL MONTE	Each	800	60	5	15.00
002378 Grahams, Elf, Chocolate	Each	800	120	125	20.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00

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Portion Values

900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			700	1101	96.70
% of Calories					55.3%
Weekly Nutrient Guideline			600 - 700	1360	

Wednesday - 02/20/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000144 Sandwich, Turkey Chz Deli Slice	Serving	100	291	547	31.00
000741 Mustard Packet	Each	100	5	65	1.00
000454 Mayonnaise Packet	Each	100	60	45	0.00
002348 Chicken, Popcorn, 12 pcTYSON	Serving	220	250	380	16.00
001156 Barbecue Sauce Cup	Each	200	40	200	10.00
001353 Hot Dog WW Bun: SYSCO	Each	80	270	720	32.00
002411 Tamale, Chicken, Del RealSYSCO	Each	400	290	680	26.00
002219 Salad Bar, Tamale	Serving	200	151	298	15.28
000998 Peach Cup, USDA	Each	800	80	0	18.96
002037 Chips, Sunchips Harvest Chedda	Each	800	140	210	18.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00

Planned Menu Spreadsheet

Portion Values

900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			692	1133	90.54
% of Calories					52.3%
Weekly Nutrient Guideline			600 - 700	1360	

Thursday - 02/21/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002355 Enchilada Casserole, Chicken Green/Corn	Servings	72	370	1101	24.88
002284 Pizza, 5" Deep Dish Cheese	Each	400	310	440	31.00
000494 Beef Patty, All-Beef 2.35oz DL	EACH	178	122	264	0.40
000454 Mayonnaise Packet	Each	150	60	45	0.00
000741 Mustard Packet	Each	150	5	65	1.00
001102 Ketchup:Packet	Each	150	10	85	3.00
001911 Potato, Baking	Each	150	168	24	37.00
002222 Salad Bar, Baked Potato	Serving	200	439	1074	37.80
900042 Apple in a Bag Fuji	Each	800	29	0	8.00
000994 Crackers, Goldfish Cheddar	Each	800	100	170	14.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00

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Portion Values

900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			638	1057	79.62
% of Calories					49.9%
Weekly Nutrient Guideline			600 - 700	1360	

Friday - 02/22/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900058 PIZZA, FRENCH BREAD TR	Each	400	310	459	30.00
000940 Beef, Teriyaki Dunker, DL	Serving	100	159	382	11.70
001619 Rice WG BROWN, MixedVegetables	5/8 Cup	100	139	174	30.19
900092 Chalupa, Beef WG, SYSCO	Each	100	244	404	11.18
002212 Sandwich, Meatball	Serving	200	323	629	36.56
002224 Salad Bar, Meatball Sub	Serving	200	119	203	17.38
000086 Orange Wedges	Each	800	45	0	11.28
002314 Chips, Doritos Nacho FlamasRF	Each	800	140	200	20.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00

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Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			657	957	89.05
% of Calories					54.2%
Weekly Nutrient Guideline			600 - 700	1360	

Monday - 02/25/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000766 Burrito, Bean & Cheese, Ext WG	Each	300	291	479	40.95
000446 Taco Sauce:Packet	EACH	300	5	95	1.00
002431 Chicken, Homestyle Strips Ty W	Serving	212	280	470	16.00
001156 Barbecue Sauce Cup	Each	200	40	200	10.00
000475 Corndog, Chicken, D Lee WG	Each	144	238	690	27.80
001102 Ketchup:Packet	Each	140	10	85	3.00
000741 Mustard Packet	Each	140	5	65	1.00
002134 Enchilada, Pepper J, Los Cabos	Serving	144	362	802	21.99
002312 Salad Bar, Enchilada	Serving	200	244	366	32.39
002465 Grahams, Chocolate Bear Sysco	Each	800	110	105	21.00
002517 Raisins, Sour Watermelon FPoint	EACH	800	120	10	29.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00

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000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			736	1091	112.89
% of Calories					61.4%
Weekly Nutrient Guideline			600 - 700	1360	

Tuesday - 02/26/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002014 Pasta, Beef/Spag Sauce	Cup	20	300	563	32.39
001638 Taco Nada, Taco Turkey	Each	360	260	390	31.00
000446 Taco Sauce:Packet	EACH	360	5	95	1.00
002177 Beef, Meatloaf w/Mash Pot	Serving	70	240	730	23.00
001980 Tacos W/Doritos, Beef AVP	SERVING	350	278	868	24.27
002220 Salad Bar, Tacos	Serving	200	192	829	15.98
002151 TAPATIO, Hot Sauce: Packet	Each	300	0	110	0.00
000068 Bananas	Each	800	170	2	43.71
002203 Toast, Texas Garlic, BCrfters	Each	750	90	190	15.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00

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000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			711	1304	112.26
% of Calories					63.2%
Weekly Nutrient Guideline			600 - 700	1360	

Wednesday - 02/27/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002232 Steak Burger/ Kaiser Bun DLee	Serving	300	369	725	32.80
001102 Ketchup:Packet	Each	300	10	85	3.00
000741 Mustard Packet	Each	300	5	65	1.00
900053 Sandwich, Grilled Cheese	Each	105	340	830	32.00
000454 Mayonnaise Packet	Each	105	60	45	0.00
001863 Pizza, Bagel Lunch TR	Each	299	338	649	39.60
002427 Chicken Asian, General Tso's	Serving	96	170	361	23.00
001619 Rice WG BROWN, MixedVegetables	5/8 Cup	96	139	174	30.19
002229 Salad Bar, Asian Chix	Serving	200	297	466	31.51
000086 Orange Wedges	Each	800	45	0	11.28
002060 COOKIE, CHOC CHIP , FatCat	Each	800	147	166	24.20

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Portion Values

000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			765	1232	105.20
% of Calories					55.0%
Weekly Nutrient Guideline			600 - 700	1360	

Thursday - 02/28/2019

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001843 Chicken Asian, Orange Mandarin	1/2 Cup	131	150	280	19.00
001619 Rice WG BROWN, MixedVegetables	5/8 Cup	131	139	174	30.19
002471 Corndog, Mini, Chicken SYSCO	Serving (6)	200	270	410	30.00
001102 Ketchup:Packet	Each	200	10	85	3.00
000741 Mustard Packet	Each	200	5	65	1.00
000878 Burrito, Beef/Bean/Red Chli WG	Each	300	281	404	39.12
002151 TAPATIO, Hot Sauce: Packet	Each	300	0	110	0.00
001911 Potato, Baking	Each	169	168	24	37.00
002222 Salad Bar, Baked Potato	Serving	200	439	1074	37.80
900086 GRAPES, Red Bagged	Bag	800	52	2	13.37

Planned Menu Spreadsheet

Portion Values

001945 Roll, White Wheat: Galasso	Each	550	80	125	17.00
000905 Milk - 1% White	Half Pint	180	130	160	16.00
000968 Milk, Chocolate, Fat Free	Half Pint	720	120	180	21.00
900076 Milk, Lactaid 8 oz	Each	5	90	125	13.00
900056 Milk, Soy 8 oz	Each	5	140	150	12.00
Weighted Daily Average			615	968	96.20
% of Calories					62.6%
Weekly Nutrient Guideline			600 - 700	1360	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.