

Planned Menu Spreadsheet

Portion Values

Apr 1, 2019 thru Apr 30, 2019

Menu Name: SNACK MENU

Include Cost: No

Site: All Sites

Report Style: Detailed

Monday - 04/01/2019

Reimbursable Meal Total 5309

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900074 Muffin, Mini Blueberry, SkyBlue	Each	5068	140	140	23.00
000905 Milk - 1% White	Half Pint	5078	130	160	16.00
Weighted Daily Average			258	287	37.26
% of Calories					57.8%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 04/02/2019

Reimbursable Meal Total 5558

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000772 Pop-Tarts, WG Strawberry	Each	5318	180	180	37.00
000905 Milk - 1% White	Half Pint	5246	130	160	16.00
Weighted Daily Average			295	323	50.50
% of Calories					68.5%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 04/03/2019

Reimbursable Meal Total 5303

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002036 Popcorn, Smartfood Wh Cheddar	Each	4962	70	110	9.00
002034 Juice, Fruitable, PowPunc3/4	Each	5213	90	40	21.00
Weighted Daily Average			154	142	29.06
% of Calories					75.5%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 04/04/2019

Reimbursable Meal Total 5728

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000159 Scooby-Doo Bones WG	Each	5317	120	115	21.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5538	100	20	25.00
Weighted Daily Average			208	126	43.66
% of Calories					84.0%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 04/05/2019

Reimbursable Meal Total 5233

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000129 Chips, Doritos Nacho Cheese RF	Each	4992	130	200	20.00
002155 Juice, Fruit Punch	EACH	5143	100	25	24.00

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Sysco 3/4c					
Weighted Daily Average			222	215	42.67
% of Calories					76.9%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 04/08/2019

Reimbursable Meal Total 5299

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002413 Granola, Rockin'ola Cinnamon	Each	5058	120	0	21.00
001308 Juice, Apple, AppleEve 3/4c	EACH	5209	90	5	21.00
Weighted Daily Average			203	5	40.69
% of Calories					80.2%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 04/09/2019

Reimbursable Meal Total 5533

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900082 Cheese, String, Mozzarella USDA	Each	5057	90	200	2.00
001403 Grahams, Honey WG	EACH	5057	110	140	20.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5333	100	20	25.00
Weighted Daily Average			279	330	44.20
% of Calories					63.4%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 04/10/2019

Reimbursable Meal Total 5185

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002459 Breakfast, Maple Breadstck Sys	Each	5175	120	140	23.00
000905 Milk - 1% White	Half Pint	5173	130	160	16.00
Weighted Daily Average			249	299	38.92
% of Calories					62.5%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 04/11/2019

Reimbursable Meal Total 5548

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000925 Grahams, Bug Bites	Each	4977	120	115	21.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002034 Juice, Fruitable, PowPunc3/4	Each	5518	90	40	21.00
Weighted Daily Average			197	143	39.73
% of Calories					80.7%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 04/12/2019

Reimbursable Meal Total 5358

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002163 Snack Mix, Cheddar Simply Chex	Each	5012	110	135	20.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	5168	90	5	22.00
Weighted Daily Average			190	131	39.93
% of Calories					84.1%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 04/15/2019

Reimbursable Meal Total 115

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 04/16/2019

Reimbursable Meal Total 115

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 04/17/2019

Reimbursable Meal Total 115

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

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Thursday - 04/18/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 04/19/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 04/22/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000141 HOLIDAY					

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 04/23/2019

Reimbursable Meal Total 5528

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000994 Crackers, Goldfish Cheddar	Each	5436	100	170	14.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	5338	100	20	25.00
Weighted Daily Average			195	186	37.91
% of Calories					77.8%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 04/24/2019

Reimbursable Meal Total 5253

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002165 Breakfast Bar, Dbl Choc/Oat BC	Each	4793	150	115	24.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	4398	130	160	16.00
Weighted Daily Average			246	239	35.29
% of Calories					57.4%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 04/25/2019

Reimbursable Meal Total 5628

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001992 Cereal Bar, Cocoa Puffs	Each	5537	150	110	30.00
000905 Milk - 1% White	Half Pint	5536	130	160	16.00
Weighted Daily Average			275	266	45.25
% of Calories					65.8%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 04/26/2019

Reimbursable Meal Total 3988

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001338 Pretzels - Hartzels	each	3987	80	200	15.00
900082 Cheese, String, Mozzarella USDA	Each	3988	90	200	2.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001307 Juice, Very Berry, ApplEv 3/4c	EACH	3988	90	5	22.00
Weighted Daily Average			260	405	39.00
% of Calories					60.0%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 04/29/2019

Reimbursable Meal Total 5209

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002458 Banana Bread, SkyBlue Pinco	Each	4743	280	220	44.00
000905 Milk - 1% White	Half Pint	4753	130	160	16.00
Weighted Daily Average			374	346	54.66
% of Calories					58.5%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 04/30/2019

Reimbursable Meal Total 5353

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001982 Grahams, Teddy AppleCinn Sysco	Each	4887	90	95	16.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001308 Juice, Apple, AppleEve 3/4c	EACH	4818	90	5	21.00
Weighted Daily Average			163	91	33.51
% of Calories					82.2%
Weekly Nutrient Guideline			600 - 650	1230	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.