

Planned Menu Spreadsheet

Portion Values

Apr 1, 2019 thru Apr 30, 2019

Menu Name: Grab-N-Go Breakfast
Site: All Sites

Include Cost: No
Report Style: Detailed

Monday - 04/01/2019

Reimbursable Meal Total 2800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900082 Cheese, String, Mozzarella USDA	Each	200	90	200	2.00	200.0
001983 Crackers,Cheez-It, Whole Grain	Each	200	100	150	14.00	100.0
001996 Juice,White-Grape 1/2c AppleEv	Each	2800	80	10	20.00	20.0
002517 Raisins, Sour Watermelon FPoint	EACH	200	120	10	29.00	20.0
000905 Milk - 1% White	Half Pint	2340	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	820	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	28	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	7	140	150	12.00	300.0
Weighted Daily Average			238	209	40.55	468.8
% of Calories					68.2%	
Weekly Nutrient Guideline			400 - 500	540		

Tuesday - 04/02/2019

Reimbursable Meal Total 2800

Planned Menu Spreadsheet

Portion Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
002147 Yogurt, Trix Raspberry Rainbow	Each	2784	100	50	20.00	100.0
000925 Grahams, Bug Bites	Each	200	120	115	21.00	100.0
002180 Juice,Cran-Rasp 1/2c	Each	200	60	10	13.00	20.0
000090 Pears,fresh	Each	200	95	2	25.28	14.9
000905 Milk - 1% White	Half Pint	2400	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	820	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	28	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	6	140	150	12.00	300.0
Weighted Daily Average			258	236	41.80	543.4
% of Calories					64.8%	
Weekly Nutrient Guideline			400 - 500	540		

Wednesday - 04/03/2019

Reimbursable Meal Total 2775

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900063 French Toast Sticks, SFresh	Each	2765	210	320	28.00	60.0
002182 Juice,Apple 1/2c,	Each	200	60	5	14.00	20.0
000068 Bananas	Each	2230	170	2	43.71	9.6
000905 Milk - 1% White	Half Pint	2380	130	160	16.00	400.0
001579 Milk, Fat Free	Half Pint	760	90	130	13.00	300.0

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White						
900076 Milk, Lactaid 8 oz	Each	30	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	9	140	150	12.00	300.0
Weighted Daily Average			488	495	81.49	498.4
% of Calories					66.8%	
Weekly Nutrient Guideline			400 - 500	540		

Thursday - 04/04/2019

Reimbursable Meal Total 2820

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001400 Cinnamon Bun, WW, Super Bakery	Each	200	230	250	37.00	60.0
001997 Juice, Orange-Tang 1/2c, AppEve	Each	200	50	25	12.00	20.0
900042 Apple in a Bag Fuji	Each	2388	29	0	8.00	3.0
000905 Milk - 1% White	Half Pint	2400	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	820	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	30	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	7	140	150	12.00	300.0
Weighted Daily Average			183	195	27.81	439.8
% of Calories					60.8%	
Weekly Nutrient Guideline			400 - 500	540		

Friday - 04/05/2019

Reimbursable Meal Total 2305

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Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900074 Muffin, Mini Blueberry, SkyBlue	Each	2005	140	140	23.00	0.0
002181 Juice,Fruit Punch 1/2c,	Each	2005	60	15	15.00	20.0
900086 GRAPES, Red Bagged	Bag	200	52	2	13.37	10.9
000905 Milk - 1% White	Half Pint	2020	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	640	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	23	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	5	140	150	12.00	300.0
Weighted Daily Average			319	313	52.00	455.8
% of Calories					65.2%	
Weekly Nutrient Guideline			400 - 500	540		

Monday - 04/08/2019

Reimbursable Meal Total 2085

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001715 Breakfast Bar, F.Cat Straw Che	Each	0	296	216	51.70	80.0
002180 Juice,Cran-Rasp 1/2c	Each	0	60	10	13.00	20.0
000090 Pears,fresh	Each	0	95	2	25.28	14.9
000905 Milk - 1% White	Half Pint	1760	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	640	90	130	13.00	300.0

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Portion Values

900076 Milk, Lactaid 8 oz	Each	16	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	5	140	150	12.00	300.0
Weighted Daily Average			138	176	17.62	432.8
% of Calories					51.1%	
Weekly Nutrient Guideline			400 - 500	540		

Tuesday - 04/09/2019

Reimbursable Meal Total 2868

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
002001 Muffin, Chocolate 3.2 oz SkyBl	Each	0	270	290	49.00	20.0
002182 Juice,Apple 1/2c,	Each	0	60	5	14.00	20.0
000068 Bananas	Each	2570	170	2	43.71	9.6
000905 Milk - 1% White	Half Pint	2500	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	940	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	26	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	7	140	150	12.00	300.0
Weighted Daily Average			297	185	57.52	459.0
% of Calories					77.5%	
Weekly Nutrient Guideline			400 - 500	540		

Wednesday - 04/10/2019

Reimbursable Meal Total 2918

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Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
002147 Yogurt, Trix Raspberry Rainbow	Each	0	100	50	20.00	100.0
001997 Juice, Orange-Tang 1/2c, AppEve	Each	1700	50	25	12.00	20.0
900086 GRAPES, Red Bagged	Bag	480	52	2	13.37	10.9
000905 Milk - 1% White	Half Pint	2430	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	945	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	28	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	7	140	150	12.00	300.0
Weighted Daily Average			176	192	26.88	447.3
% of Calories					61.1%	
Weekly Nutrient Guideline			400 - 500	540		

Thursday - 04/11/2019

Reimbursable Meal Total 2868

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001436 Delayed School Start						
Weighted Daily Average			0	0	0.00	0.0
% of Calories					0%	
Weekly Nutrient Guideline			400 - 500	540		

Friday - 04/12/2019

Reimbursable Meal Total 2860

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Portion Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001965 Peanut Butter Jelly Graham Bar	Each	0	310	210	31.00	20.0
002182 Juice,Apple 1/2c,	Each	0	60	5	14.00	20.0
002331 Craisins, Strawberry Invd Box	Box	0	110	0	28.00	0.0
000905 Milk - 1% White	Half Pint	2480	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	940	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	26	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	7	140	150	12.00	300.0
Weighted Daily Average			143	183	18.29	448.9
% of Calories					51.2%	
Weekly Nutrient Guideline			400 - 500	540		

Tuesday - 04/23/2019

Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001431 Cinni Mini (Pillsbury)	each	1300	240	300	40.00	60.0
002182 Juice,Apple 1/2c,	Each	1300	60	5	14.00	20.0
002517 Raisins, Sour Watermelon FPoint	EACH	0	120	10	29.00	20.0
000905 Milk - 1% White	Half Pint	1070	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	480	90	130	13.00	300.0

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Portion Values

900076 Milk, Lactaid 8 oz	Each	16	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	5	140	150	12.00	300.0
Weighted Daily Average			442	487	72.18	524.8
% of Calories					65.3%	
Weekly Nutrient Guideline			400 - 500	540		

Wednesday - 04/24/2019

Reimbursable Meal Total 2860

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900082 Cheese, String, Mozzarella USDA	Each	0	90	200	2.00	200.0
000994 Crackers, Goldfish Cheddar	Each	0	100	170	14.00	20.0
002180 Juice, Cran-Rasp 1/2c	Each	0	60	10	13.00	20.0
000068 Bananas	Each	1110	170	2	43.71	9.6
000905 Milk - 1% White	Half Pint	2540	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	940	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	26	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	7	140	150	12.00	300.0
Weighted Daily Average			212	187	35.59	461.0
% of Calories					67.2%	
Weekly Nutrient Guideline			400 - 500	540		

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Apr 1, 2019 thru Apr 30, 2019

Thursday - 04/25/2019

Reimbursable Meal Total 2860

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900052 Breakfast Mini Cluster	Each	2860	260	190	38.00	8.0
002182 Juice,Apple 1/2c,	Each	0	60	5	14.00	20.0
900086 GRAPES, Red Bagged	Bag	0	52	2	13.37	10.9
000905 Milk - 1% White	Half Pint	2420	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	940	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	26	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	7	140	150	12.00	300.0
Weighted Daily Average			401	370	55.96	448.5
% of Calories					55.8%	
Weekly Nutrient Guideline			400 - 500	540		

Friday - 04/26/2019

Reimbursable Meal Total 2100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001238 Pancakes, Mini Pillsbury Straw	Each	0	230	150	42.00	40.0
002181 Juice,Fruit Punch 1/2c,	Each	0	60	15	15.00	20.0
900042 Apple in a Bag Fuji	Each	0	29	0	8.00	3.0
000905 Milk - 1% White	Half Pint	1700	130	160	16.00	400.0

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001579 Milk, Fat Free White	Half Pint	640	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	16	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	5	140	150	12.00	300.0
Weighted Daily Average			134	170	17.04	418.2
% of Calories					50.9%	
Weekly Nutrient Guideline			400 - 500	540		

Monday - 04/29/2019

Reimbursable Meal Total 2860

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
002285 Crumb Cake, Cinnamon, 3oz	Each	0	290	270	48.00	20.0
001996 Juice, White-Grape 1/2c AppleEv	Each	1300	80	10	20.00	20.0
002518 Raisins, Sour Lemon FPoint	EACH	0	120	10	29.00	20.0
000905 Milk - 1% White	Half Pint	2380	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	940	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	26	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	7	140	150	12.00	300.0
Weighted Daily Average			175	182	26.83	444.0
% of Calories					61.3%	
Weekly Nutrient Guideline			400 - 500	540		

Planned Menu Spreadsheet

Portion Values

Apr 1, 2019 thru Apr 30, 2019

Tuesday - 04/30/2019

Reimbursable Meal Total 2860

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
002147 Yogurt, Trix Raspberry Rainbow	Each	2844	100	50	20.00	100.0
002378 Grahams, Elf, Chocolate	Each	0	120	125	20.00	100.0
002182 Juice,Apple 1/2c,	Each	0	60	5	14.00	20.0
000068 Bananas	Each	0	170	2	43.71	9.6
000905 Milk - 1% White	Half Pint	2440	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	940	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	26	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	6	140	150	12.00	300.0
Weighted Daily Average			241	230	37.95	542.7
% of Calories					63.0%	
Weekly Nutrient Guideline			400 - 500	540		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.