

Base Menu Spreadsheet

Portion Values

Apr 1, 2019 thru Apr 30, 2019

Menu Name: Fresh Fruit Vegetable Program

Include Cost: No

Site: All Sites

Report Style: Detailed

Tuesday - 04/02/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001705 Apples, Pink Lady, FFVP	Each	1	80	0	21.92
Weighted Daily Average			80	0	21.92
% of Calories					109.6%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 04/03/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002388 Mandarins, Gold Nuggets, FFV	Each	1	40	0	10.00
Weighted Daily Average			40	0	10.00
% of Calories					100.0%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 04/04/2019

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001538 Pineapple Spears, (Both)	Each	1	40	0	9.00
Weighted Daily Average			40	0	9.00
% of Calories					90.0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 04/09/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002253 Carrots w/Chili Lime,FFV	Each	1	25	200	6.00
Weighted Daily Average			25	200	6.00
% of Calories					96.0%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 04/10/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900042 Apple in a Bag Fuji	Each	1	29	0	8.00
Weighted Daily Average			29	0	8.00
% of Calories					110.3%
Weekly Nutrient Guideline			600 - 650	1230	

Base Menu Spreadsheet

Portion Values

Apr 1, 2019 thru Apr 30, 2019

Thursday - 04/11/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001522 Oranges, Blood,FFV	Each	1	20	5	5.25
Weighted Daily Average			20	5	5.25
% of Calories					105.0%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 04/24/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001486 Cucumbers,FFV	Each	1	4	5	0.95
Weighted Daily Average			4	5	0.95
% of Calories					95.0%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 04/25/2019

Reimbursable Meal Total 1

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001566 Bananas, Baby, FFVP	Each	1	72	1	19.00
Weighted Daily Average			72	1	19.00
% of Calories					105.6%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 04/26/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001717 Halos-Tangerines-FFV	Each	1	50	0	13.00
Weighted Daily Average			50	0	13.00
% of Calories					104.0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 04/30/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001524 Strawberries, FFVP	Each	1	13	5	3.00
Weighted Daily Average			13	5	3.00
% of Calories					92.3%
Weekly Nutrient Guideline			600 - 650	1230	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.