

Planned Menu Spreadsheet

Portion Values

Apr 1, 2019 thru Apr 30, 2019

Menu Name: BREAKFAST MENU
Site: All Sites

Include Cost: No
Report Style: Detailed

Monday - 04/01/2019

Reimbursable Meal Total 12053

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
002348 Chicken, Popcorn, 12 pcTYSON	Serving	11913	250	380	16.00	0.0
001156 Barbecue Sauce Cup	Each	10615	40	200	10.00	0.0
001546 Grahams, Vanilla Bear, WG	Each	11360	104	85	18.00	11.0
001996 Juice,White-Grape 1/2c AppleEv	Each	11413	80	10	20.00	20.0
000437 Peaches, 1/2c	1/2 Cup	8231	44	4	10.27	4.4
000905 Milk - 1% White	Half Pint	9915	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3665	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	102	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	19	140	150	12.00	300.0
Weighted Daily Average			621	816	84.78	455.6
% of Calories					54.6%	
Weekly Nutrient Guideline			400 - 500	540		

Tuesday - 04/02/2019

Reimbursable Meal Total 11944

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Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
002147 Yogurt, Trix Raspberry Rainbow	Each	11789	100	50	20.00	100.0
000505 Cereal: Cheerios, Honey Nut	Each	11993	110	160	22.00	100.0
900042 Apple in a Bag Fuji	Each	10221	29	0	8.00	3.0
001221 Applesauce Cup, USDA 1/2c	4.5 oz.	9021	51	2	14.00	5.0
000905 Milk - 1% White	Half Pint	10005	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3575	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	100	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	19	140	150	12.00	300.0
Weighted Daily Average			409	386	76.67	633.3
% of Calories					75.0%	
Weekly Nutrient Guideline			400 - 500	540		

Wednesday - 04/03/2019

Reimbursable Meal Total 12061

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900063 French Toast Sticks, SFresh	Each	11946	210	320	28.00	60.0
001095 Syrup, Maple	Each	10823	120	0	31.00	0.0
000481 Cereal: Golden Grahams	Each	12131	110	220	24.00	80.0
900085 Mixed Fruit, 1/2c USDA	1/2 Cup	7885	62	10	17.67	0.0

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000068 Bananas	Each	9648	170	2	43.71	9.6
000905 Milk - 1% White	Half Pint	10025	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3455	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	94	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	20	140	150	12.00	300.0
Weighted Daily Average			738	718	143.35	568.8
% of Calories					77.7%	
Weekly Nutrient Guideline			400 - 500	540		

Thursday - 04/04/2019

Reimbursable Meal Total 11933

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900062 EggStravaganza, Sunny Fresh	Each	10749	120	280	1.00	61.9
001954 Tortilla Wheat, 6" (i)	Each	10347	90	125	14.00	60.0
001830 Cereal: Corn Flakes, Frosted	Each	12118	100	190	24.00	150.0
001857 Apricots, 1/2c Halves Purchased	1/2 cup	7586	35	2	8.99	7.4
000086 Orange Wedges	Each	8956	45	0	11.28	38.4
000905 Milk - 1% White	Half Pint	10225	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3725	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	111	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	21	140	150	12.00	300.0

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Weighted Daily Average			485	734	69.50	733.4
% of Calories					57.3%	
Weekly Nutrient Guideline			400 - 500	540		

Friday - 04/05/2019

Reimbursable Meal Total 11990

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900074 Muffin, Mini Blueberry, SkyBlue	Each	11860	140	140	23.00	0.0
000984 Cereal Assortment	Each	11569	108	182	23.00	132.5
002180 Juice,Cran-Rasp 1/2c	Each	10873	60	10	13.00	20.0
002195 Kiwi Fruit 1 1/2	Each	7972	46	2	11.14	25.8
000905 Milk - 1% White	Half Pint	9965	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3455	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	155	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	20	140	150	12.00	300.0
Weighted Daily Average			463	497	81.37	586.4
% of Calories					70.3%	
Weekly Nutrient Guideline			400 - 500	540		

Monday - 04/08/2019

Reimbursable Meal Total 11992

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
000583 Yogurt, Trix Strawberry Banana	Each	10809	100	50	20.00	100.0
000481 Cereal:Golden Grahams	Each	11183	110	220	24.00	80.0
002181 Juice,Fruit Punch 1/2c,	Each	10533	60	15	15.00	20.0
000438 Pears, 1/2c, USDA	1/2 Cup	7461	62	5	16.48	8.2
000905 Milk - 1% White	Half Pint	9965	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3635	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	106	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	21	140	150	12.00	300.0
Weighted Daily Average			420	440	81.21	613.9
% of Calories					77.3%	
Weekly Nutrient Guideline			400 - 500	540		

Tuesday - 04/09/2019

Reimbursable Meal Total 11991

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900065 PANCAKE ON A STICK *New	Each	11831	180	418	21.50	19.0
000505 Cereal:Cheerios,Honey Nut	Each	12185	110	160	22.00	100.0
000437 Peaches, 1/2c	1/2 Cup	8405	44	4	10.27	4.4
000068 Bananas	Each	9991	170	2	43.71	9.6

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000905 Milk - 1% White	Half Pint	9945	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3635	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	109	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	21	140	150	12.00	300.0
Weighted Daily Average			598	753	104.53	557.4
% of Calories					69.9%	
Weekly Nutrient Guideline			400 - 500	540		

Wednesday - 04/10/2019

Reimbursable Meal Total 12073

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
002140 Muffin, ChocChip 1.6oz Otis Spnkmy	Each	10137	140	140	25.00	0.0
000522 Cereal:Cinna Toast Crunch Red Sug	Each	12237	110	160	22.00	200.0
001997 Juice,Orange-Tang 1/2c, AppEve	Each	10020	50	25	12.00	20.0
900086 GRAPES, Red Bagged	Bag	8843	52	2	13.37	10.9
000905 Milk - 1% White	Half Pint	9965	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3730	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	100	90	125	13.00	300.0

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900056 Milk, Soy 8 oz	Each	22	140	150	12.00	300.0
Weighted Daily Average			445	475	80.39	653.2
% of Calories					72.3%	
Weekly Nutrient Guideline			400 - 500	540		

Thursday - 04/11/2019

Reimbursable Meal Total 12103

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001436 Delayed School Start						
Weighted Daily Average			0	0	0.00	0.0
% of Calories					0%	
Weekly Nutrient Guideline			400 - 500	540		

Friday - 04/12/2019

Reimbursable Meal Total 12008

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001965 Peanut Butter Jelly Graham Bar	Each	9618	310	210	31.00	20.0
000984 Cereal Assortment	Each	12163	108	182	23.00	132.5
001857 Apricots, 1/2c Halves Purchased	1/2 cup	8024	35	2	8.99	7.4
002195 Kiwi Fruit 1 1/2	Each	9117	46	2	11.14	25.8

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000905 Milk - 1% White	Half Pint	10026	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3666	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	107	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	21	140	150	12.00	300.0
Weighted Daily Average			553	531	80.06	603.6
% of Calories					57.9%	
Weekly Nutrient Guideline			400 - 500	540		

Monday - 04/15/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
000912 No School in Session						
Weighted Daily Average			0	0	0.00	0.0
% of Calories					0%	
Weekly Nutrient Guideline			400 - 500	540		

Tuesday - 04/16/2019

Reimbursable Meal Total 1

Planned Menu Spreadsheet

Portion Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
000912 No School in Session						
Weighted Daily Average			0	0	0.00	0.0
% of Calories					0%	
Weekly Nutrient Guideline			400 - 500	540		

Wednesday - 04/17/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
000912 No School in Session						
Weighted Daily Average			0	0	0.00	0.0
% of Calories					0%	
Weekly Nutrient Guideline			400 - 500	540		

Thursday - 04/18/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
000912 No School in Session						
Weighted Daily Average			0	0	0.00	0.0
% of Calories					0%	
Weekly Nutrient Guideline			400 - 500	540		

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Apr 1, 2019 thru Apr 30, 2019

Friday - 04/19/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
000912 No School in Session						
Weighted Daily Average			0	0	0.00	0.0
% of Calories					0%	
Weekly Nutrient Guideline			400 - 500	540		

Monday - 04/22/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
000141 HOLIDAY						
000912 No School in Session						
Weighted Daily Average			0	0	0.00	0.0
% of Calories					0%	
Weekly Nutrient Guideline			400 - 500	540		

Tuesday - 04/23/2019

Reimbursable Meal Total 8353

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001431 Cinni Mini (Pillsbury)	each	8308	240	300	40.00	60.0
001830 Cereal:Corne	Each	8421	100	190	24.00	150.0

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Flakes, Frosted						
001221 Applesauce Cup, USDA 1/2c	4.5 oz.	6115	51	2	14.00	5.0
002182 Juice,Apple 1/2c,	Each	8030	60	5	14.00	20.0
000905 Milk - 1% White	Half Pint	6895	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	2705	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	77	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	14	140	150	12.00	300.0
Weighted Daily Average			572	672	105.24	664.4
% of Calories					73.6%	
Weekly Nutrient Guideline			400 - 500	540		

Wednesday - 04/24/2019

Reimbursable Meal Total 11565

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
002282 Burrito, Cheese/Egg/Salsa	Each	7658	244	311	28.08	122.8
000522 Cereal:Cinna Toast Crunch Red Sug	Each	11692	110	160	22.00	200.0
001809 Strawberries Frz Sysco/Whip Top	1/2 cup, 2 tbsp	6353	71	0	14.93	12.9
000068 Bananas	Each	6960	170	2	43.71	9.6
000905 Milk - 1% White	Half Pint	9145	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3860	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	89	90	125	13.00	300.0

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900056 Milk, Soy 8 oz	Each	14	140	150	12.00	300.0
Weighted Daily Average			548	540	92.44	715.5
% of Calories					67.5%	
Weekly Nutrient Guideline			400 - 500	540		

Thursday - 04/25/2019

Reimbursable Meal Total 12233

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900052 Breakfast Mini Cluster	Each	11191	260	190	38.00	8.0
000481 Cereal:Golden Grahams	Each	12214	110	220	24.00	80.0
000279 Cantaloupe Melon	1/5 Wedge	5704	72	34	17.40	19.2
000438 Pears, 1/2c, USDA	1/2 Cup	5473	62	5	16.48	8.2
000905 Milk - 1% White	Half Pint	9940	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3695	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	87	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	14	140	150	12.00	300.0
Weighted Daily Average			543	582	91.24	517.9
% of Calories					67.2%	
Weekly Nutrient Guideline			400 - 500	540		

Friday - 04/26/2019

Reimbursable Meal Total 11826

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Portion Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900045 Breakfast Taco	Each	7735	167	296	16.00	145.0
000984 Cereal Assortment	Each	8391	108	182	23.00	132.5
900085 Mixed Fruit, 1/2c USDA	1/2 Cup	5263	62	10	17.67	0.0
002195 Kiwi Fruit 1 1/2	Each	6084	46	2	11.14	25.8
000905 Milk - 1% White	Half Pint	9885	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3545	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	76	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	13	140	150	12.00	300.0
Weighted Daily Average			373	503	57.75	628.7
% of Calories					61.9%	
Weekly Nutrient Guideline			400 - 500	540		

Monday - 04/29/2019

Reimbursable Meal Total 12138

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
001825 Breakfast Wrap, WG SFresh	Each	10978	180	400	14.00	112.0
000522 Cereal:Cinna Toast Crunch Red Sug	Each	12188	110	160	22.00	200.0
001996 Juice,White-Grape 1/2c AppleEv	Each	7690	80	10	20.00	20.0
001857 Apricots, 1/2c Halves Purchased	1/2 cup	4996	35	2	8.99	7.4
000905 Milk - 1% White	Half Pint	9780	130	160	16.00	400.0

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001579 Milk, Fat Free White	Half Pint	3785	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	87	90	125	13.00	300.0
900056 Milk, Soy 8 oz	Each	14	140	150	12.00	300.0
Weighted Daily Average			472	700	68.18	736.2
% of Calories					57.8%	
Weekly Nutrient Guideline			400 - 500	540		

Tuesday - 04/30/2019

Reimbursable Meal Total 11261

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
000933 Burrito, Bean/Ch Brkfst 3.95oz	Each	11131	222	359	31.39	128.6
000505 Cereal: Cheerios, Honey Nut	Each	11307	110	160	22.00	100.0
900094 Applesauce, 1/2 c	1/2 Cup	7996	54	2	14.86	4.2
000279 Cantaloupe Melon	1/5 Wedge	8640	72	34	17.40	19.2
000905 Milk - 1% White	Half Pint	9205	130	160	16.00	400.0
001579 Milk, Fat Free White	Half Pint	3440	90	130	13.00	300.0
900076 Milk, Lactaid 8 oz	Each	87	90	125	13.00	300.0

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Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Calcm (mg)
900056 Milk, Soy 8 oz	Each	14	140	150	12.00	300.0
Weighted Daily Average			558	715	94.18	666.5
% of Calories					67.5%	
Weekly Nutrient Guideline			400 - 500	540		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.