

Base Menu Spreadsheet

Portion Values

Menu Name: SNACK MENU

Include Cost: No

Site:

Report Style: Detailed

Thursday - 11/01/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002121 Brownie, Dbl Choc Fat Cat	Each	100	199	99	33.50
000905 Milk - 1% White	Half Pint	100	130	160	16.00
Weighted Daily Average			32940	25910	4950.00
% of Calories					60.1%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 11/02/2018

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900082 Cheese, String, Mozzarella USDA	Each	100	90	200	2.00
001403 Grahams, Honey WG	EACH	100	110	140	20.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	100	100	20	25.00
Weighted Daily Average			300	360	47.00
% of Calories					62.7%
Weekly Nutrient Guideline			600 - 650	1230	

Base Menu Spreadsheet

Portion Values

Monday - 11/05/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002459 Breakfast, Maple Breadstck Sys	Each	1	120	140	23.00
000905 Milk - 1% White	Half Pint	1	130	160	16.00
Weighted Daily Average			250	300	39.00
% of Calories					62.4%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 11/06/2018

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000583 Yogurt, Trix Strawberry Banana	Each	100	100	50	20.00
002034 Juice, Fuitable, PowPunc3/4	Each	100	90	40	21.00
Weighted Daily Average			190	90	41.00
% of Calories					86.3%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 11/07/2018

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001984 Peanut Butter, Cup, AdvPierre	2 tbsp	100	180	160	8.00
900042 Apple in a Bag Fuji	Each	100	29	0	8.00
002155 Juice, Fruit Punch Sysco 3/4c	EACH	100	100	25	24.00
Weighted Daily Average			309	185	40.00
% of Calories					51.8%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 11/08/2018

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000159 Scooby-Doo Bones WG	Each	100	120	115	21.00
001308 Juice, Apple, AppleEve 3/4c	EACH	100	90	5	21.00
Weighted Daily Average			210	120	42.00
% of Calories					80.0%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 11/09/2018

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001721 Chex Mix, Simply Strawberry/Yo	Each	100	120	55	23.00

Base Menu Spreadsheet

Portion Values

001307 Juice, Very Berry, ApplEv 3/4c	EACH	100	90	5	22.00
Weighted Daily Average			210	60	45.00
% of Calories					85.7%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 11/12/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000141 HOLIDAY					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 11/13/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002165 Breakfast Bar, Dbl Choc/Oat BC	Each	100	150	115	24.00
001308 Juice, Apple, AppleEve 3/4c	EACH	100	90	5	21.00
Weighted Daily Average			24000	12000	4500.00
% of Calories					75.0%
Weekly Nutrient Guideline			600 - 650	1230	

Base Menu Spreadsheet

Portion Values

Wednesday - 11/14/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000925 Grahams, Bug Bites	Each	100	120	115	21.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	100	90	5	22.00
Weighted Daily Average			21000	12000	4300.00
% of Calories					81.9%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 11/15/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001992 Cereal Bar, Cocoa Puffs	Each	100	150	110	30.00
000905 Milk - 1% White	Half Pint	100	130	160	16.00
Weighted Daily Average			28000	27000	4600.00
% of Calories					65.7%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 11/16/2018

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000994 Crackers, Goldfish Cheddar	Each	100	100	170	14.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	100	100	20	25.00
Weighted Daily Average			200	190	39.00
% of Calories					78.0%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 11/19/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 11/20/2018

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 11/21/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 11/22/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Base Menu Spreadsheet

Portion Values

Friday - 11/23/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000912 No School in Session					
Weighted Daily Average			0	0	0.00
% of Calories					0%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 11/26/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900074 Muffin, Mini Blueberry, SkyBlue	Each	1	140	140	23.00
000905 Milk - 1% White	Half Pint	1	130	160	16.00
Weighted Daily Average			270	300	39.00
% of Calories					57.8%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 11/27/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000772 Pop-Tarts, WG Strawberry	Each	100	180	180	37.00
001308 Juice, Apple.	EACH	100	90	5	21.00

Base Menu Spreadsheet

Portion Values

AppleEve 3/4c					
Weighted Daily Average			27000	18500	5800.00
% of Calories					85.9%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 11/28/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001982 Grahams, Teddy AppleCinn Sysco	Each	100	90	95	16.00
001307 Juice, Very Berry, AppIEv 3/4c	EACH	100	90	5	22.00
Weighted Daily Average			18000	10000	3800.00
% of Calories					84.4%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 11/29/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002036 Popcorn, Smartfood Wh Cheddar	Each	1	70	110	9.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	100	130	160	16.00
Weighted Daily Average			13070	16110	1609.00
% of Calories					49.2%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 11/30/2018

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001838 Cereal Bar, Cinnamon Toast	Each	1	150	115	30.00
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	100	100	20	25.00
Weighted Daily Average			102	21	25.30
% of Calories					99.2%
Weekly Nutrient Guideline			600 - 650	1230	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.