

Bakersfield City School District

Base Menu Spreadsheet
Portion Values - Detailed

Page 1

Jan 1, 2018 thru Jan 31, 2018

JH/MIDDLE SCHOOL LUNCH MENU

Generated on: 12/14/2017 11:21:27 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Mon - 01/01/2018					
JH/MIDDLE SCHOOL LUNC HOLIDAY	Total 1 EACH	1 1	0	0	0.0
Weighted Daily Average % of Calories			0	0	0.00 0.0%
Nutrient Guideline			600-650	1230	

Tue - 01/02/2018					
JH/MIDDLE SCHOOL LUNC HOLIDAY	Total 1 EACH	1 1	0	0	0.0
Weighted Daily Average % of Calories			0	0	0.00 0.0%
Nutrient Guideline			600-650	1230	

Wed - 01/03/2018					
JH/MIDDLE SCHOOL LUNC HOLIDAY	Total 1 EACH	1 1	0	0	0.0
Weighted Daily Average % of Calories			0	0	0.00 0.0%
Nutrient Guideline			600-650	1230	

Thu - 01/04/2018					
JH/MIDDLE SCHOOL LUNC HOLIDAY	Total 1 EACH	1 1	0	0	0.0
Weighted Daily Average % of Calories			0	0	0.00 0.0%
Nutrient Guideline			600-650	1230	

Fri - 01/05/2018					
JH/MIDDLE SCHOOL LUNC HOLIDAY	Total 1 EACH	1 1	0	0	0.0
Weighted Daily Average % of Calories			0	0	0.00 0.0%
Nutrient Guideline			600-650	1230	

Mon - 01/08/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Chicken, Grill Teriyaki Sliders	Serving	60	290	430	45.0
Burrito, Beef/Bean/Red Chli WG	1 Each	75	281	404	39.12
TAPATIO, Hot Sauce: Packet	1 Each	75	0	110	0.0
Green Beans, 3/4c	3/4 cup	100	33	294	6.37
Fruit Mix, Dried USDA	1/4 cup	100	88	1	23.0
Rice Krispies, Choc Chip Sysco	1 each	85	160	140	30.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Bakersfield City School District

Base Menu Spreadsheet
Portion Values - Detailed

Page 2

Jan 1, 2018 thru Jan 31, 2018

JH/MIDDLE SCHOOL LUNCH MENU

Generated on: 12/14/2017 11:21:27 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Weighted Daily Average % of Calories			763	1234	131.21 68.8%
Nutrient Guideline			600-650	1230	

Tue - 01/09/2018					
JH/MIDDLE SCHOOL LUNC	Total	200			
Macaroni & Cheese, 2/3c LOL	Serving	60	290	980	31.0
Pizza, Trky Pep Pocket Sandwich	1 Each	40	300	680	32.0
Salad, Garden	1.25 CUP	95	26	36	5.41
Icee, Straw-Lemon Rosati	1 Each	95	99	15	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			267	542	40.15 60.1%
Nutrient Guideline			600-650	1230	

Wed - 01/10/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Sandwich, Ham & Cheese Deli	Serving	60	274	969	32.5
Pizza, 3x7 Longboard Cheese, Ard	1 Each	40	291	521	30.26
Corn, 3/4 canned	3/4 Cup	50	102	55	23.59
Apple in a Bag	Bag	90	29	0	8.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			480	993	70.60 58.8%
Nutrient Guideline			600-650	1230	

Thu - 01/11/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Chicken, Tenders TYSON(3)	Serving	60	260	390	16.0
Barbecue Sauce Cup	1 Each	60	40	200	10.0
Taco Nada, Taco Turkey	1 Each	40	260	390	31.0
Taco Sauce: Packet	1 EACH	40	5	95	1.0
Carrot Sticks 3/4	3/4 c	60	36	61	8.47
Dressing, Ranch, Homemade 1oz	1 oz	60	52	161	2.79
COOKIE, CELEBRATION, FatCat IW	Each	99	142	107	23.9
Grapes, Fresh	1/2 CUP	99	58	2	14.88
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			659	965	93.54 56.8%
Nutrient Guideline			600-650	1230	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Bakersfield City School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Jan 1, 2018 thru Jan 31, 2018

JH/MIDDLE SCHOOL LUNCH MENU

Generated on: 12/14/2017 11:21:28 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Fri - 01/12/2018					
JH/MIDDLE SCHOOL LUNC	Total	200			
Tacos W/Scoops, Beef AVP	SERVING	60	248	793	23.27
Salsa, 1/4 Comm.	1/4 cup	40	19	66	3.76
Hot Dog, Turkey Frank JENNIE O	1 Each	40	260	510	29.0
Ketchup:Packet	1 Each	40	10	85	3.0
Mustard Packet	1 Each	40	5	65	1.0
Pinto Beans 3/4 cup w/Cheese	3/4 cup	99	162	236	27.43
Fruit Salad, FreshPails	1/2 Cup	75	60	25	14.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			297	597	43.16
% of Calories					58.1%
Nutrient Guideline			600-650	1230	

Mon - 01/15/2018					
JH/MIDDLE SCHOOL LUNC	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-650	1230	

Tue - 01/16/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Burrito, Bean & Cheese, Ext WG	1 Each	60	291	479	40.95
TAPATIO, Hot Sauce: Packet	1 Each	60	0	110	0.0
Corndog, Chicken, D Lee WG	1 Each	40	238	690	27.8
Ketchup:Packet	1 Each	40	10	85	3.0
Mustard Packet	1 Each	40	5	65	1.0
Baked Beans 3/4 c	3/4 Cup	40	182	309	34.06
Mixed Fruit, canned, 1/2	1/2 cup	80	62	10	17.67
Grahams, Chocolate Bear Sysco	Each	85	110	105	21.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Milk - 1% White	Half Pint	20	130	160	16.0
Weighted Daily Average			614	1087	102.90
% of Calories					67.0%
Nutrient Guideline			600-650	1230	

Wed - 01/17/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Steakburger on a Bun DLee 4oz	Serving	60	369	725	32.8
Mayonnaise Packet	1 Each	60	60	45	0.0
Ketchup:Packet	1 Each	60	10	85	3.0
Mustard Packet	1 Each	60	5	65	1.0
Chalupa, Beef WG, Integrated	1 Each	30	245	404	11.18
Potatoes, 3/4c McCain Smiles	3/4 Cup	40	195	270	30.0
Bananas	1 Each	40	90	1	23.07
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Bakersfield City School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

Jan 1, 2018 thru Jan 31, 2018

JH/MIDDLE SCHOOL LUNCH MENU

Generated on: 12/14/2017 11:21:28 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Weighted Daily Average % of Calories			576	958	66.66 46.3%
Nutrient Guideline			600-650	1230	

Thu - 01/18/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Cream Turkey/Gravy Mix w/Pot.	Serving	60	192	920	14.7
Grilled Cheese, Integt	1 Each	40	280	599	31.58
Green Beans, 3/4c	3/4 cup	50	33	294	6.37
Pears,fresh	1 Each	99	95	2	25.28
Roll, Bridgford Honey Wheat Ye	1 Each	99	150	230	27.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			608	1344	96.39 63.4%
Nutrient Guideline			600-650	1230	

Fri - 01/19/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Pizza,5" Deep Dish Cheese	1 Each	60	320	480	35.0
Beef, Teriyaki Dunker, DL	Serving	40	159	382	11.7
Salad, Maxi Veggie	1.5 cup	95	56	74	6.26
Grapes,Fresh	1/2 CUP	95	58	2	14.88
Grahams, Despicable Me	1 Each	85	140	110	22.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			605	783	84.46 55.8%
Nutrient Guideline			600-650	1230	

Mon - 01/22/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Sandwich,Turkey & Cheese Deli	Serving	60	286	547	30.5
Mayonnaise Packet	1 Each	60	60	45	0.0
Mustard Packet	1 Each	60	5	65	1.0
Ketchup:Packet	1 Each	60	10	85	3.0
Taco Nada, BBQ	1 Each	40	260	390	32.0
Taco Sauce:Packet	1 EACH	40	5	95	1.0
Carrots, Mini, Peeled - 3 oz	3 oz Package	65	25	42	5.84
Dressing, Ranch, Homemade 1oz	1 oz	65	52	161	2.79
Apple in a Bag	Bag	80	29	0	8.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			518	947	65.91 50.9%
Nutrient Guideline			600-650	1230	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Bakersfield City School District

Base Menu Spreadsheet
Portion Values - Detailed

Page 5

Jan 1, 2018 thru Jan 31, 2018

JH/MIDDLE SCHOOL LUNCH MENU

Generated on: 12/14/2017 11:21:28 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Tue - 01/23/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Sloppy Joe, Beef Crumbles	Serving	60	283	925	37.5
Chicken Nuggets, Adv Pierre	Serving	40	200	310	12.0
Barbecue Sauce Cup	1 Each	40	40	200	10.0
Baked Beans 3/4 c	3/4 Cup	99	182	309	34.06
Orange Wedges	each	99	45	0	11.28
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			613	1241	96.18
% of Calories					62.8%
Nutrient Guideline			600-650	1230	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Wed - 01/24/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Chicken, Drumstick Brd, Ty Drk	1 Each	60	190	450	5.0
Mashed Potatoes w/Gravy-CK 3/4	3/4 CUP, 2 OZ	60	120	800	25.5
Pizza, 4x6 Cheese Ardella IW	1 Each	40	323	606	31.87
Cucumber,Raw3/4	3/4 Cup	99	13	2	2.38
Icee, Sidekick BluRspLmn	each	99	90	30	22.0
Roll, White Wheat: Galasso	1 Each	75	80	125	17.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			599	1294	87.94
% of Calories					58.7%
Nutrient Guideline			600-650	1230	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Thu - 01/25/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Cheeseburger Slider, 2-pk DL	1 Each	60	272	355	31.3
Ketchup:Packet	1 Each	60	10	85	3.0
Mustard Packet	1 Each	60	5	65	1.0
Corndog, Mini, Chicken SYSCO	Serving (6)	40	270	410	30.0
Salad, Garden	1.25 CUP	40	26	36	5.41
Dressing, Ranch, Homemade 1oz	1 oz	40	52	161	2.79
Grapes,Fresh	1/2 CUP	75	58	2	14.88
COOKIE, SNICKERDOOD, FatCat IW	1 Each	65	140	119	23.7
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			568	800	83.02
% of Calories					58.5%
Nutrient Guideline			600-650	1230	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Bakersfield City School District

Base Menu Spreadsheet
Portion Values - Detailed

Page 6

Jan 1, 2018 thru Jan 31, 2018

JH/MIDDLE SCHOOL LUNCH MENU

Generated on: 12/14/2017 11:21:28 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Fri - 01/26/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Pizza, 7" Fr Bread Cheese Arde	1 EACH	60	310	553	34.93
Pupusas, Bean/ Cheese, SYSCO	1 Each	40	260	560	33.0
Cole Slaw:Taylor Farms-Dressed	1/2 cup	50	105	150	9.0
Corn, 3/4 canned	3/4 Cup	65	102	55	23.59
Strawberries Frz/Whip Top	1/2 cup, 2 tbsp	99	106	0	21.19
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			636	843	94.97
% of Calories					59.7%
Nutrient Guideline			600-650	1230	

Mon - 01/29/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Chicken, Sp PattyFilet W/Bun	1 Each	60	360	620	41.0
Mayonnaise Packet	1 Each	60	60	45	0.0
Ketchup:Packet	1 Each	40	10	85	3.0
Mustard Packet	1 Each	40	5	65	1.0
Pizzarrito, Pepperoni, Ardella	1 Each	40	314	790	29.54
Pinto Beans 3/4 cup w/Cheese	3/4 cup	50	162	236	27.43
Orange Wedges	1 each	40	45	0	11.28
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			605	1069	76.24
% of Calories					50.4%
Nutrient Guideline			600-650	1230	

Tue - 01/30/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Chicken Asian, Orange Mandarin	1/2 Cup	60	150	280	19.0
Rice WG BROWN, MixedVegetables	5/8 Cup	60	139	174	30.19
Pizza, 8" Sicilian Pepperon IW	1 Each	40	336	647	34.52
Carrots W/Chili Lime	1 Each	99	30	210	7.0
Dressing, Ranch, Homemade 1oz	1 oz	99	52	161	2.79
Juice,Gold Rush 1/2c, SYSCO	1 Each	70	40	60	10.0
Apple in a Bag	Bag	99	29	0	8.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			567	1116	87.93
% of Calories					62.0%
Nutrient Guideline			600-650	1230	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Bakersfield City School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Jan 1, 2018 thru Jan 31, 2018

JH/MIDDLE SCHOOL LUNCH MENU

Generated on: 12/14/2017 11:21:28 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Wed - 01/31/2018					
JH/MIDDLE SCHOOL LUNC	Total	100			
Pork Rib Patty on a Hoagie	1 Each	60	260	570	32.3
Barbecue Sauce Cup	1 Each	60	40	200	10.0
Tamale, Chicken, Del RealSYSCO	1 Each	40	290	680	26.0
Salsa, 1/4 Comm.	1/4 cup	40	19	66	3.76
Cucumber,Raw3/4	3/4 Cup	100	13	2	2.38
Dressing, Ranch, Homemade 1oz	1 oz	100	52	161	2.79
Kiwi Fruit 1 1/2	1 Each	100	46	2	11.14
Crackers,Cheez-It, Whole Grain	1 Each	100	100	150	14.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Milk - 1% White	Half Pint	20	130	160	16.0
Weighted Daily Average			637	1251	87.59
% of Calories					55.0%
Nutrient Guideline			600-650	1230	

Weighted Average			565	1004	82.87
					58.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	565		600 - 650	94%		35		Correction Required - Calories are Low
Sodium (mg)	1004		1230					
Carbohydrate (g)	82.87	58.63%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.