

Bakersfield City School District

Base Menu Spreadsheet
Portion Values - Detailed

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Jan 1, 2018 thru Jan 31, 2018

Fresh Fruit Vegetable Program

Generated on: 1/9/2018 8:53:09 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Mon - 01/01/2018					
Fresh Fruit Vegetable Progra	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-650	1230	

Tue - 01/02/2018					
Fresh Fruit Vegetable Progra	Total	1			
HOLIDAY	EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-650	1230	

Wed - 01/03/2018					
Fresh Fruit Vegetable Progra	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-650	1230	

Thu - 01/04/2018					
Fresh Fruit Vegetable Progra	Total	1			
HOLIDAY	EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-650	1230	

Fri - 01/05/2018					
Fresh Fruit Vegetable Progra	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-650	1230	

Tue - 01/09/2018					
Fresh Fruit Vegetable Progra	Total	100			
Minneolas, Tangerines, FFV	1 Each	100	37	1	9.3
Weighted Daily Average			37	1	9.30
% of Calories					100.5%
Nutrient Guideline			600-650	1230	

Wed - 01/10/2018					
Fresh Fruit Vegetable Progra	Total	100			
Carrots, Cinn Sugar, 2.5 ozFFV	1 Each	100	45	80	11.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Weighted Daily Average % of Calories			45	80	11.00 97.8%
Nutrient Guideline			600-650	1230	

Thu - 01/11/2018					
Fresh Fruit Vegetable Progra	Total	100			
Pears, Bosc, FFV	1 Each	100	95	2	25.28
Weighted Daily Average % of Calories			95	2	25.28 106.9%
Nutrient Guideline			600-650	1230	

Mon - 01/15/2018					
Fresh Fruit Vegetable Progra	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average % of Calories			0	0	0.00 0.0%
Nutrient Guideline			600-650	1230	

Wed - 01/17/2018					
Fresh Fruit Vegetable Progra	Total	100			
Apples, Green, FFV	1 Each	100	30	0	18.0
Weighted Daily Average % of Calories			30	0	18.00 240.0%
Nutrient Guideline			600-650	1230	

Thu - 01/18/2018					
Fresh Fruit Vegetable Progra	Total	100			
Bananas, Baby,FFVP	1 Each	100	72	1	19.0
Weighted Daily Average % of Calories			72	1	19.00 105.6%
Nutrient Guideline			600-650	1230	

Fri - 01/19/2018					
Fresh Fruit Vegetable Progra	Total	100			
Oranges, Blood,FFV	1 Each	100	20	5	5.25
Weighted Daily Average % of Calories			20	5	5.25 105.0%
Nutrient Guideline			600-650	1230	

Tue - 01/23/2018					
Fresh Fruit Vegetable Progra	Total	100			
Honeydew, Fruit, FFV	1 Each	100	15	7	3.87

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Weighted Daily Average % of Calories			15	7	3.87 99.9%
Nutrient Guideline			600-650	1230	

Wed - 01/24/2018					
Fresh Fruit Vegetable Progra Grape Escapes, FFV, 2oz.	Total 1 Each	100 100	60	0	15.0
Weighted Daily Average % of Calories			60	0	15.00 100.0%
Nutrient Guideline			600-650	1230	

Thu - 01/25/2018					
Fresh Fruit Vegetable Progra Limequats, FFV	Total 1 Each	100 100	20	0	7.0
Weighted Daily Average % of Calories			20	0	7.00 140.0%
Nutrient Guideline			600-650	1230	

Tue - 01/30/2018					
Fresh Fruit Vegetable Progra Cucumbers w/ Tajin, FFV	Total 1 Each	100 100	6	132	0.95
Weighted Daily Average % of Calories			6	132	0.95 63.4%
Nutrient Guideline			600-650	1230	

Wed - 01/31/2018					
Fresh Fruit Vegetable Progra Grapefruit Fruit, FFV	Total 1 Each	100 100	21	5	5.15
Weighted Daily Average % of Calories			21	5	5.15 100.5%
Nutrient Guideline			600-650	1230	

Weighted Average			38	21	10.89 113.9%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	38		600 - 650	6%		562		Correction Required - Calories are Low
Sodium (mg)	21		1230					
Carbohydrate (g)	10.89	113.93%						

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