

Bakersfield City School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Junior High Theme Bar

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Thu - 02/01/2018					
Junior High Theme Bar	Total	100			
Chicken, diced, USDA	Serving	95	72	56	0.0
Salad Bar, Chef	Serving	70	282	460	28.38
Icee, Sweet Cherry Rosati	Each	95	99	15	25.0
Chips, Sunchips Harvest Chedda	1 Each	95	140	210	18.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			615	765	80.71
% of Calories					52.5%
Nutrient Guideline			600-700	1360	

Fri - 02/02/2018					
Junior High Theme Bar	Total	100			
Chicken, Sp PattyFilet W/Bun	1 Each	95	360	620	41.0
Salad Bar, Spicy Chicken	Serving	60	40	96	4.35
Cantaloupe Melon	Wedge (1/2 Cup)	95	96	45	23.13
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			580	866	83.53
% of Calories					57.7%
Nutrient Guideline			600-700	1360	

Mon - 02/05/2018					
Junior High Theme Bar	Total	100			
Pizza, 7" Fr Bread Cheese Arde	1 EACH	95	310	553	34.93
Salad Bar, Pizza	Serving	40	151	370	20.56
Grapes,Fresh	1/2 CUP	95	58	2	14.88
Chips, Kids Mix Quaker	Each	85	110	200	18.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			626	1021	90.84
% of Calories					58.0%
Nutrient Guideline			600-700	1360	

Tue - 02/06/2018					
Junior High Theme Bar	Total	100			
Chicken, Popcorn, 12 pcTYSON	Serving	80	250	380	16.0
Barbecue Sauce Cup	1 Each	70	40	200	10.0
Salad Bar, Asian Chix	Serving	60	284	459	29.01
Orange Wedges	each	60	45	0	11.28
Grahams, NV Crisps Cinnamon	1 Each	70	150	140	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			653	993	81.47
% of Calories					49.9%
Nutrient Guideline			600-700	1360	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Wed - 02/07/2018					
Junior High Theme Bar	Total	100			
Tamale, Chicken, Del RealSYSCO	1 Each	99	290	680	26.0
Salad Bar, Tamale	Serving	65	172	356	17.8
Bananas	1 Each	99	90	1	23.07
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Milk - 1% White	Half Pint	20	130	160	16.0
Weighted Daily Average			610	1081	80.15
% of Calories					52.6%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Thu - 02/08/2018					
Junior High Theme Bar	Total	100			
Potato, Baking	1 Each	99	168	24	37.0
Salad Bar, Baked Potato	Serving	40	439	1074	37.8
Apple in a Bag	Bag	60	29	0	8.0
Grahams, Despicable Me	Each	95	140	110	22.0
Cheese, String, Mozzarella	1 Each	40	80	200	1.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			646	814	97.85
% of Calories					60.6%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Fri - 02/09/2018					
Junior High Theme Bar	Total	100			
Nacho Cheese w/Chips	Serving	90	429	1005	41.35
Salad Bar, Nacho	Serving	20	118	743	16.57
Fruit Salad, FreshPails	1/2 Cup	60	60	25	14.0
Brownie, Dbl Choc Fat Cat	1 Each	40	199	99	33.5
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			647	1284	82.33
% of Calories					50.9%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Mon - 02/12/2018					
Junior High Theme Bar	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-700	1360	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Tue - 02/13/2018					
Junior High Theme Bar	Total	100			
Enchilada, Pepper J, Los Cabos	Serving	95	395	795	30.95
Salad Bar, Enchilada	Serving	50	239	364	31.27
Apple in a Bag	Bag	95	29	0	8.0
Grahams, Friends, Bunny	1 Each	80	160	110	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			772	1201	92.64
% of Calories					48.0%
Nutrient Guideline			600-700	1360	

Wed - 02/14/2018					
Junior High Theme Bar	Total	100			
Tacos W/Doritos, Beef AVP	SERVING	99	278	868	24.27
Salad Bar, Tacos	Serving	80	186	827	14.53
Bananas	1 Each	95	90	1	23.07
Jello, Cherry W/Topping	Servings	85	97	95	19.39
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			713	1778	94.05
% of Calories					52.7%
Nutrient Guideline			600-700	1360	

Thu - 02/15/2018					
Junior High Theme Bar	Total	100			
Chicken, diced, USDA	Serving	99	72	56	0.0
Salad Bar, Chef	Serving	80	282	460	28.38
Pears,fresh	1 Each	60	95	2	25.28
Roll, Bridgford Honey Wheat Ye	1 Each	99	150	230	27.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			624	828	84.60
% of Calories					54.2%
Nutrient Guideline			600-700	1360	

Fri - 02/16/2018					
Junior High Theme Bar	Total	100			
Steak Burger/ Kaiser Bun DLee	Serving	99	369	725	32.8
Salad Bar, Spicy Chicken	Serving	60	40	96	4.35
Kiwi Fruit 1 1/2	Each	99	46	2	11.14
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			557	954	66.11
% of Calories					47.5%
Nutrient Guideline			600-700	1360	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Mon - 02/19/2018					
Junior High Theme Bar	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Tue - 02/20/2018					
Junior High Theme Bar	Total	100			
Chicken/Mashed Pot Bowl	Serving	95	335	1010	34.0
Salad Bar, Ck/M.Pot Bow	Serving	40	230	354	28.95
Orange Wedges	each	99	45	0	11.28
Cookies, Presidents, D&J	Each	99	130	95	22.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			706	1371	96.83
% of Calories					54.9%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Wed - 02/21/2018					
Junior High Theme Bar	Total	100			
Tamale, Chicken, Del RealSYSCO	1 Each	99	290	680	26.0
Salad Bar, Tamale	Serving	95	172	356	17.8
Peaches: canned, 1/2 c	1/2 Cup	95	44	4	10.27
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			614	1191	72.40
% of Calories					47.2%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Thu - 02/22/2018					
Junior High Theme Bar	Total	100			
Potato, Baking	1 Each	95	168	24	37.0
Salad Bar, Baked Potato	Serving	40	439	1074	37.8
Apple in a Bag	Bag	90	29	0	8.0
COOKIE, CELEBRATION, FatCat IW	Each	95	142	107	23.9
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			619	730	100.17
% of Calories					64.8%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Fri - 02/23/2018					
Junior High Theme Bar	Total	100			
Nacho Cheese w/Chips	Serving	95	429	1005	41.35
Salad Bar, Nacho	Serving	30	118	743	16.57
Strawberries Frz/Whip Top	1/2 cup, 2 tbps	95	106	0	21.19
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Weighted Daily Average % of Calories			665	1354	84.38 50.7%
Nutrient Guideline			600-700	1360	

Mon - 02/26/2018					
Junior High Theme Bar	Total	100			
Pizza,3x7 Longboard Cheese,Ard	1 Each	99	291	521	30.26
Salad Bar, Pizza	Serving	90	151	370	20.56
Orange Wedges	each	99	45	0	11.28
Muffin, ChocChip Otis Spunkmey	1 Each	85	140	140	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			710	1144	100.88 56.8%
Nutrient Guideline			600-700	1360	

Tue - 02/27/2018					
Junior High Theme Bar	Total	100			
Enchilada, Pepper J, Los Cabos	Serving	95	395	795	30.95
Salad Bar, Enchilada	Serving	40	239	364	31.27
Grapes,Fresh	1/2 CUP	99	58	2	14.88
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			650	1078	76.64 47.2%
Nutrient Guideline			600-700	1360	

Wed - 02/28/2018					
Junior High Theme Bar	Total	100			
Tacos W/Doritos, Beef AVP	SERVING	99	278	868	24.27
Salad Bar, Tacos	Serving	75	186	827	14.53
Icee, Sidekick Straw-Mango	1 each	100	90	35	22.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			626	1690	76.92 49.1%
Nutrient Guideline			600-700	1360	

Weighted Average			646	1119	85.69 53.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	646		600 - 700	100%				
Sodium (mg)	1119		1360					
Carbohydrate (g)	85.69	53.04%						

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