

# Bakersfield City School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Fresh Fruit Vegetable Program

Portion Values - Detailed

Page 1

Generated on: 1/29/2018 10:49:46 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Thu - 02/01/2018					
Fresh Fruit Vegetable Progra	Total	100			
Tomatoes, Grape w/RanDres, FFV	1 Each	100	68	120	1.9
Weighted Daily Average			68	120	1.90
% of Calories					11.3%
Nutrient Guideline			600-650	1230	

Tue - 02/06/2018					
Fresh Fruit Vegetable Progra	Total	100			
Apples, Fr Sliced Opal,FFV	1 Each	100	30	0	6.96
Weighted Daily Average			30	0	6.96
% of Calories					93.3%
Nutrient Guideline			600-650	1230	

Wed - 02/07/2018					
Fresh Fruit Vegetable Progra	Total	100			
Veggi Peppers w/Tajin,FFV	1 Each	100	14	147	3.0
Weighted Daily Average			14	147	3.00
% of Calories					82.8%
Nutrient Guideline			600-650	1230	

Thu - 02/08/2018					
Fresh Fruit Vegetable Progra	Total	100			
Jicama w/Ranch Dressing	1 Each	100	53	60	7.5
Weighted Daily Average			53	60	7.50
% of Calories					56.6%
Nutrient Guideline			600-650	1230	

Mon - 02/12/2018					
Fresh Fruit Vegetable Progra	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-650	1230	

Wed - 02/14/2018					
Fresh Fruit Vegetable Progra	Total	100			
Pears, Sliced, FFV	1 Each	100	51	0	13.0
Weighted Daily Average			51	0	13.00
% of Calories					102.0%
Nutrient Guideline			600-650	1230	

Thu - 02/15/2018					
Fresh Fruit Vegetable Progra	Total	100			
Minneolas, Tangerines, FFV	1 Each	100	37	1	9.3

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Bakersfield City School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Fresh Fruit Vegetable Program

Portion Values - Detailed

Page 2

Generated on: 1/29/2018 10:49:46 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Weighted Daily Average % of Calories			37	1	9.30
Nutrient Guideline			600-650	1230	100.5%

Fri - 02/16/2018					
Fresh Fruit Vegetable Progra Radish, Daikon, FFV	Total 1 Each	100 100	15	20	4.0
Weighted Daily Average % of Calories			15	20	4.00
Nutrient Guideline			600-650	1230	106.7%

Mon - 02/19/2018					
Fresh Fruit Vegetable Progra HOLIDAY	Total 1 EACH	1 1	0	0	0.0
Weighted Daily Average % of Calories			0	0	0.00
Nutrient Guideline			600-650	1230	0.0%

Wed - 02/21/2018					
Fresh Fruit Vegetable Progra Oranges, Blood, FFV	Total 1 Each	100 100	20	5	5.25
Weighted Daily Average % of Calories			20	5	5.25
Nutrient Guideline			600-650	1230	105.0%

Thu - 02/22/2018					
Fresh Fruit Vegetable Progra Carrots W/Chili Lime	Total 1 Each	100 100	30	210	7.0
Weighted Daily Average % of Calories			30	210	7.00
Nutrient Guideline			600-650	1230	93.3%

Fri - 02/23/2018					
Fresh Fruit Vegetable Progra Cantaloupe Fruit, FFV	Total 1 Each	100 100	14	6	3.27
Weighted Daily Average % of Calories			14	6	3.27
Nutrient Guideline			600-650	1230	96.9%

Tue - 02/27/2018					
Fresh Fruit Vegetable Progra Pineapple Spears, (Both)	Total 1 Each	100 100	40	0	9.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Bakersfield City School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Fresh Fruit Vegetable Program

Portion Values - Detailed

Page 3

Generated on: 1/29/2018 10:49:46 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Weighted Daily Average % of Calories			40	0	9.00 90.0%
Nutrient Guideline			600-650	1230	

Wed - 02/28/2018					
Fresh Fruit Vegetable Progra	Total	100			
Celery w/ Ranch Dressing	1 Each	100	34	75	2.75
Weighted Daily Average % of Calories			34	75	2.75 32.4%
Nutrient Guideline			600-650	1230	

Weighted Average			34	54	6.08 72.0%
------------------	--	--	----	----	---------------

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	34		600 - 650	6%		566		Correction Required - Calories are Low
Sodium (mg)	54		1230					
Carbohydrate (g)	6.08	71.97%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.