

# Bakersfield City School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

ELEMENTARY LUNCH MENU

Portion Values - Detailed

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Generated on: 1/29/2018 9:36:08 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Thu - 02/01/2018					
ELEMENTARY LUNCH ME	Total	100			
Beef, Meatloaf w/Ket Chz *NEW	1 Each	95	170	390	8.0
Macaroni & Cheese, 1/2c LOL	Serving	95	210	730	23.0
Salad, Bar Veggie 4	1 Cup	30	272	527	24.94
Icee, Sweet Cherry Rosati	Each	75	99	15	25.0
Chips, Sunchips Harvest Chedda	1 Each	65	140	210	18.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			730	1546	87.38
% of Calories					47.9%
Nutrient Guideline			600-650	1230	

Fri - 02/02/2018					
ELEMENTARY LUNCH ME	Total	100			
Pizza, 4x6 Cheese Ardella IW	1 Each	99	323	606	31.87
Salad, Bar Veggie 4	1 Cup	50	272	527	24.94
Cantaloupe Melon	Wedge (1/2 Cup)	95	96	45	23.13
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			669	1083	86.00
% of Calories					51.4%
Nutrient Guideline			600-650	1230	

Mon - 02/05/2018					
ELEMENTARY LUNCH ME	Total	100			
Sandwich, HotHam&Swis Ciabatta	Serving	99	313	947	33.66
Potato Rounds, 1/2c	1/2 Cup	75	140	280	16.0
Ketchup:Packet	1 Each	75	10	85	3.0
Salad, Bar Veggie 6	1 Cup	85	285	521	31.46
Grapes,Fresh	1/2 CUP	99	58	2	14.88
Snack Mix, Quaker Kids Mix	1 Each	85	100	150	17.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			929	1960	123.49
% of Calories					53.1%
Nutrient Guideline			600-650	1230	

Tue - 02/06/2018					
ELEMENTARY LUNCH ME	Total	100			
Chicken Asian, Teriyaki	Serving	99	115	330	6.0
Rice WG BROWN, MixedVegetables	5/8 Cup	99	139	174	30.19
Salad, Bar Veggie 6	1 Cup	40	285	521	31.46
Orange Wedges	each	99	45	0	11.28
Grahams, NV Crisps Cinnamon	1 Each	99	150	140	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			680	1022	104.32
% of Calories					61.3%
Nutrient Guideline			600-650	1230	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Wed - 02/07/2018					
ELEMENTARY LUNCH ME	Total	100			
Beef Rib-B-Que on Hoagie, AvPr	1 Each	95	350	950	41.0
Barbecue Sauce Cup	1 Each	95	40	200	10.0
Salad, Bar Veggie 6	1 Cup	40	285	521	31.46
Bananas	1 Each	99	90	1	23.07
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Milk - 1% White	Half Pint	20	130	160	16.0
Weighted Daily Average			696	1478	103.87
% of Calories					59.7%
Nutrient Guideline			600-650	1230	

Thu - 02/08/2018					
ELEMENTARY LUNCH ME	Total	100			
Chicken Fajita & Cheese SEASON	Serving	95	136	630	2.13
Tortilla Wheat, 6" (2)	Serving (2)	95	180	250	28.0
Salsa, 1/4 Comm.	1/4 cup	95	19	66	3.76
Salad, Bar Veggie 6	1 Cup	30	285	521	31.46
Apple in a Bag	Bag	95	29	0	8.0
Grahams, Despicable Me	Each	95	140	110	22.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			686	1335	90.12
% of Calories					52.6%
Nutrient Guideline			600-650	1230	

Fri - 02/09/2018					
ELEMENTARY LUNCH ME	Total	100			
Breadstick, Cheese Schw Blk(2)	Serving	99	300	480	30.0
Marinara Sp Sauce 1/4 c, USDA	1/4 C	99	40	62	4.96
Salad, Bar Veggie 6	1 Cup	60	285	521	31.46
Fruit Salad, FreshPails	1/2 Cup	95	60	25	14.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			686	1049	86.79
% of Calories					50.6%
Nutrient Guideline			600-650	1230	

Mon - 02/12/2018					
ELEMENTARY LUNCH ME	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-650	1230	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Tue - 02/13/2018					
ELEMENTARY LUNCH ME	Total	100			
Chicken, Popcorn, 12 pcTYSON	Serving	99	250	380	16.0
Barbecue Sauce Cup	1 Each	99	40	200	10.0
Salad, Bar Veggie 7	1 Cup	40	278	516	30.14
Apple in a Bag	Bag	99	29	0	8.0
Grahams, Friends, Bunny	1 Each	60	160	110	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			645	1023	80.72
% of Calories					50.1%
Nutrient Guideline			600-650	1230	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Wed - 02/14/2018					
ELEMENTARY LUNCH ME	Total	100			
Pork Chop With, Don L	Each	99	200	354	16.6
Rice WG BROWN, MixedVegetables	5/8 Cup	99	139	174	30.19
Salad, Bar Veggie 7	1 Cup	40	278	516	30.14
Bananas	1 Each	80	90	1	23.07
Crackers, Goldfish Cheddar	1 Each	80	100	170	14.0
Jello, Cherry W/Topping	Servings	85	97	95	19.39
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			802	1123	124.51
% of Calories					62.1%
Nutrient Guideline			600-650	1230	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Thu - 02/15/2018					
ELEMENTARY LUNCH ME	Total	100			
Cream Turkey/Gravy Mix w/Pot.	Serving	99	192	920	14.7
Salad, Bar Veggie 7	1 Cup	50	278	516	30.14
Pears,fresh	1 Each	99	95	2	25.28
Roll, Bridgford Honey Wheat Ye	1 Each	99	150	230	27.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			693	1574	101.38
% of Calories					58.5%
Nutrient Guideline			600-650	1230	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Fri - 02/16/2018					
ELEMENTARY LUNCH ME	Total	100			
Nacho Cheese w/Chips	Serving	95	429	1005	41.35
Salad, Bar Veggie 7	1 Cup	30	278	516	30.14
Kiwi Fruit 1 1/2	Each	95	46	2	11.14
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			657	1288	78.91
% of Calories					48.1%
Nutrient Guideline			600-650	1230	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Mon - 02/19/2018					
ELEMENTARY LUNCH ME	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-650	1230	

Tue - 02/20/2018					
ELEMENTARY LUNCH ME	Total	100			
PB & Strawberry Jamwich	1 Each	99	300	310	34.0
Salad, Bar Veggie 8	1 Cup	85	298	524	30.36
Orange Wedges	each	99	45	0	11.28
Cookies, Presidents, D&J	1 Each	85	130	95	22.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			828	1009	109.33
% of Calories					52.8%
Nutrient Guideline			600-650	1230	

Wed - 02/21/2018					
ELEMENTARY LUNCH ME	Total	100			
Chicken, Crispy PattyFilet/Bun	1 Each	99	400	770	46.0
Ketchup:Packet	1 Each	80	10	85	3.0
Salad, Bar Veggie 8	1 Cup	30	298	524	30.36
Peaches: canned, 1/2 c	1/2 Cup	99	44	4	10.27
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			659	1167	87.21
% of Calories					52.9%
Nutrient Guideline			600-650	1230	

Thu - 02/22/2018					
ELEMENTARY LUNCH ME	Total	100			
Cheeseburger Slider, 2-pk DL	1 Each	99	272	355	31.3
Ketchup:Packet	1 Each	99	10	85	3.0
Mustard Packet	1 Each	99	5	65	1.0
Salad, Bar Veggie 8	1 Cup	90	298	524	30.36
Apple in a Bag	Bag	99	29	0	8.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			703	1147	90.19
% of Calories					51.3%
Nutrient Guideline			600-650	1230	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Fri - 02/23/2018					
ELEMENTARY LUNCH ME	Total	100			
Chicken Asian, Sweet & Sour	Serving	90	140	200	18.0
Rice WG BROWN, MixedVegetables	5/8 Cup	90	139	174	30.19
Salad, Bar Veggie 8	1 Cup	30	298	524	30.36
Strawberries Frz/Whip Top	1/2 cup, 2 tbsp	90	106	0	21.19
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			558	670	91.54
% of Calories					65.7%
Nutrient Guideline			600-650	1230	

Mon - 02/26/2018					
ELEMENTARY LUNCH ME	Total	100			
Chicken, Homestyle Strips Ty W	Serving	95	280	470	16.0
Barbecue Sauce Cup	1 Each	25	40	200	10.0
Salad, Bar Veggie 1	1 Cup	99	277	516	30.16
Orange Wedges	each	99	45	0	11.28
Muffin, ChocChip Otis Spunkmey	1 Each	85	140	140	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			836	1302	99.97
% of Calories					47.8%
Nutrient Guideline			600-650	1230	

Tue - 02/27/2018					
ELEMENTARY LUNCH ME	Total	100			
Pasta,Beef Adv/Spag Sa	1 Cup	99	300	563	32.39
Salad, Bar Veggie 1	1 Cup	30	277	516	30.16
Grapes,Fresh	1/2 CUP	99	58	2	14.88
Toast, Texas Garlic, BCrtfers	1 Each	90	90	190	15.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			640	1061	89.34
% of Calories					55.8%
Nutrient Guideline			600-650	1230	

Wed - 02/28/2018					
ELEMENTARY LUNCH ME	Total	100			
Chicken, Grill Teriyaki Sliders	Serving	99	290	430	45.0
Salad, Bar Veggie 1	1 Cup	70	277	516	30.16
Icee, Sidekick Straw-Mango	1 each	100	90	35	22.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			693	998	107.66
% of Calories					62.1%
Nutrient Guideline			600-650	1230	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Weighted Average			711	1213	96.82 54.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	711		600 - 650	109%			61	Correction Required - Calories too High
Sodium (mg)	1213		1230					
Carbohydrate (g)	96.82	54.49%						

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