

# Bakersfield City School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Cato Middle School

Portion Values - Detailed

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Generated on: 1/29/2018 9:39:51 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Thu - 02/01/2018					
Cato Middle School	Total	100			
Beef, Meatloaf w/Ket Chz *NEW	1 Each	25	170	390	8.0
Macaroni & Cheese, 1/2c LOL	Serving	25	210	730	23.0
Chicken, Tenders TYSON(3)	Serving	25	260	390	16.0
Barbecue Sauce Cup	1 Each	25	40	200	10.0
Corn dog, Chicken, D Lee WG	1 Each	25	238	690	27.8
Mustard Packet	1 Each	25	5	65	1.0
Ketchup:Packet	1 Each	25	10	85	3.0
Chicken, diced, USDA	Serving	25	72	56	0.0
Salad Bar, Chef	Serving	30	282	460	28.38
Icee, Sweet Cherry Rosati	Each	75	99	15	25.0
Chips, Sunchips Harvest Chedda	1 Each	85	140	210	18.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			651	1155	84.76
% of Calories					52.1%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Fri - 02/02/2018					
Cato Middle School	Total	100			
Pizza, 4x6 Cheese Ardella IW	1 Each	25	323	606	31.87
Burrito, Beef/Bean/Red Chli WG	1 Each	25	281	404	39.12
Taco Sauce:Packet	1 EACH	25	5	95	1.0
Chicken Strip USDA w/add Seaso	Serving	25	96	292	2.39
Barbecue Sauce Cup	1 Each	25	40	200	10.0
Chicken, Sp PattyFilet W/Bun	1 Each	25	360	620	41.0
Mayonnaise Packet	1 Each	25	60	45	0.0
Salad Bar, Hamburger	Serving	30	117	358	9.81
Cantaloupe Melon	Wedge (1/2 Cup)	95	96	45	23.13
Grahams, Chocolate Bear Sysco	1 Each	90	110	105	21.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			639	986	95.16
% of Calories					59.6%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Mon - 02/05/2018					
Cato Middle School	Total	100			
Sandwich, HotHam&Swis Ciabatta	Serving	25	313	947	33.66
Chicken, Honey Sriracha Wing W	Serving	25	290	370	22.0
Nacho Cheese w/Chips	Serving	25	429	1005	41.35
Pizza, 7" Fr Bread Cheese Arde	1 EACH	25	310	553	34.93
Potato Rounds, 3/4 c	3/4 Cup	75	210	420	24.0
Salad Bar, Pizza	Serving	75	151	370	20.56
Grapes,Fresh	1/2 CUP	95	58	2	14.88
Chips, Kids Mix Quaker	Each	85	110	200	18.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			877	1659	115.84
% of Calories					52.8%
Nutrient Guideline			600-700	1360	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
<b>Tue - 02/06/2018</b>					
Cato Middle School	Total	100			
Chicken Asian, Teriyaki	Serving	25	115	330	6.0
Rice WG BROWN, MixedVegetables	5/8 Cup	25	139	174	30.19
Corndog, Chicken, D Lee WG	1 Each	25	238	690	27.8
Mustard Packet	1 Each	25	5	65	1.0
Ketchup:Packet	1 Each	25	10	85	3.0
Pork Rib Patty on a Hoagie	1 Each	25	260	570	32.3
Chicken, Popcorn, 12 pcTYSON	Serving	25	250	380	16.0
Salad Bar, Chef	Serving	30	282	460	28.38
Orange Wedges	each	99	45	0	11.28
Grahams, NV Crisps Cinnamon	1 Each	99	150	140	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			654	1026	93.50
% of Calories					57.2%
Nutrient Guideline			600-700	1360	

<b>Wed - 02/07/2018</b>					
Cato Middle School	Total	100			
Beef Rib-B-Que on Hoagie, AvPr	1 Each	25	350	950	41.0
Barbecue Sauce Cup	1 Each	25	40	200	10.0
Pizzarrito, Pepperoni, Ardella	1 Each	25	314	790	29.54
Macaroni & Cheese, 1/2c LOL	Serving	25	210	730	23.0
Tamale, Chicken, Del RealSYSCO	1 Each	25	290	680	26.0
Salad Bar, Tamale	Serving	30	172	356	17.8
Bananas	1 Each	99	90	1	23.07
Grahams, Vanilla All-Sports WG	1 Each	80	110	95	20.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Milk - 1% White	Half Pint	20	130	160	16.0
Weighted Daily Average			651	1197	96.56
% of Calories					59.3%
Nutrient Guideline			600-700	1360	

<b>Thu - 02/08/2018</b>					
Cato Middle School	Total	100			
Chicken Fajita & Cheese SEAPON	Serving	25	136	630	2.13
Tortilla Wheat, 6" (2)	Serving (2)	25	180	250	28.0
Salsa, 1/4 Comm.	1/4 cup	25	19	66	3.76
Beef, Teriyaki Dunker, DL	Serving	25	159	382	11.7
Hamburger on/ 3oz. Bun AdvPier	Serving	25	390	660	32.0
Mayonnaise Packet	1 Each	25	60	45	0.0
Ketchup:Packet	1 Each	25	10	85	3.0
Mustard Packet	1 Each	25	5	65	1.0
Potato, Baking	1 Each	25	168	24	37.0
Salad Bar, Baked Potato	Serving	25	439	1074	37.8
Apple in a Bag	Bag	95	29	0	8.0
Grahams, Despicable Me	Each	95	140	110	22.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Weighted Daily Average % of Calories			674	1101	87.60 52.0%
Nutrient Guideline			600-700	1360	

Fri - 02/09/2018					
Cato Middle School	Total	100			
Breadstick, Cheese Schw Blk(2)	Serving	25	300	480	30.0
Marinara Sp Sauce 1/4 c, USDA	1/4 C	25	40	62	4.96
Chicken Nuggets, Adv Pierre	Serving	25	200	310	12.0
Barbecue Sauce Cup	1 Each	25	40	200	10.0
Burrito, Bean & Cheese, Ext WG	1 Each	25	291	479	40.95
Taco Sauce:Packet	1 EACH	25	5	95	1.0
Nacho Cheese w/Chips	Serving	25	429	1005	41.35
Salad Bar, Nacho	Serving	20	118	743	16.57
Fruit Salad, FreshPails	1/2 Cup	95	60	25	14.0
Brownie, Dbl Choc Fat Cat	1 Each	50	199	99	33.5
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			628	1056	88.43 56.3%
Nutrient Guideline			600-700	1360	

Mon - 02/12/2018					
Cato Middle School	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average % of Calories			0	0	0.00 0.0%
Nutrient Guideline			600-700	1360	

Tue - 02/13/2018					
Cato Middle School	Total	100			
Chicken, Popcorn, 12 pcTYSON	Serving	25	250	380	16.0
Barbecue Sauce Cup	1 Each	25	40	200	10.0
Taco Nada, Taco Turkey	1 Each	25	260	390	31.0
Taco Sauce:Packet	1 EACH	25	5	95	1.0
Tamale, Chicken, Del RealSYSCO	1 Each	25	290	680	26.0
Enchilada, Pepper J, Los Cabos	Serving	25	395	795	30.95
Salad Bar, Enchilada	Serving	40	239	364	31.27
Apple in a Bag	Bag	99	29	0	8.0
Grahams, Friends, Bunny	1 Each	60	160	110	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average % of Calories			652	1023	84.16 51.6%
Nutrient Guideline			600-700	1360	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Wed - 02/14/2018					
Cato Middle School	Total	100			
Pork Chop With, Don L	Each	25	200	354	16.6
Rice WG BROWN, MixedVegetables	5/8 Cup	25	139	174	30.19
Hot Dog, Turkey Frank JENNIE O	1 Each	25	260	510	29.0
Ketchup:Packet	1 Each	25	10	85	3.0
Mustard Packet	1 Each	25	5	65	1.0
Pizza, 4x6 Cheese Ardella IW	1 Each	25	323	606	31.87
Tacos W/Doritos, Beef AVP	SERVING	25	278	868	24.27
Salad Bar, Tacos	Serving	20	186	827	14.53
Juice, Fruitable,TropTwst 1/2c	1 Each	80	60	15	14.0
Bananas	1 Each	80	90	1	23.07
Crackers, Goldfish Cheddar	1 Each	80	100	170	14.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			663	1156	97.74
% of Calories					59.0%
Nutrient Guideline			600-700	1360	

Thu - 02/15/2018					
Cato Middle School	Total	100			
Cream Turkey/Gravy Mix w/Pot.	Serving	25	192	920	14.7
Grilled Cheese, Integt	1 Each	25	280	599	31.58
Burrito, Beef/Bean/Red Chli WG	1 Each	25	281	404	39.12
Taco Sauce:Packet	1 EACH	25	5	95	1.0
Chicken, diced, USDA	Serving	25	72	56	0.0
Salad Bar, Chef	Serving	30	282	460	28.38
Pears,fresh	1 Each	99	95	2	25.28
Roll, Bridgford Honey Wheat Ye	1 Each	99	150	230	27.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			656	1062	101.87
% of Calories					62.1%
Nutrient Guideline			600-700	1360	

Fri - 02/16/2018					
Cato Middle School	Total	100			
Nacho Cheese w/Chips	Serving	25	429	1005	41.35
Tamale, Chicken, Del RealSYSCO	1 Each	25	290	680	26.0
TAPATIO, Hot Sauce: Packet	1 Each	25	0	110	0.0
Chicken Nuggets, Adv Pierre	Serving	25	200	310	12.0
Ketchup:Packet	1 Each	25	10	85	3.0
Chicken, Sp PattyFilet W/Bun	1 Each	25	360	620	41.0
Salad Bar, Spicy Chicken	Serving	85	40	96	4.35
Kiwi Fruit 1 1/2	Each	95	46	2	11.14
Crackers,Cheez-It, Whole Grain	1 Each	99	100	150	14.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			621	1111	78.97
% of Calories					50.9%
Nutrient Guideline			600-700	1360	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Mon - 02/19/2018					
Cato Middle School	Total	1			
HOLIDAY	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories					0.0%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Tue - 02/20/2018					
Cato Middle School	Total	100			
PBJ CRUST ON - GRAPE JELLY	1 Each	25	550	480	52.0
Burrito, Bean & Cheese, Ext WG	1 Each	25	291	479	40.95
Taco Sauce:Packet	1 EACH	25	5	95	1.0
Grilled Cheese, Integt	1 Each	25	280	599	31.58
Chicken, diced, USDA	Serving	25	72	56	0.0
Salad Bar, Chef	Serving	40	282	460	28.38
Orange Wedges	each	99	45	0	11.28
Cookies, Presidents, D&J	1 Each	60	130	95	22.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			657	844	87.10
% of Calories					53.0%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Wed - 02/21/2018					
Cato Middle School	Total	100			
Chicken, Sp PattyFilet W/Bun	1 Each	25	360	620	41.0
Mayonnaise Packet	1 Each	25	60	45	0.0
Pizza, 8" Sicilian Pepperon IW	1 Each	25	336	647	34.52
Chicken, Tenders TYSON(3)	Serving	25	260	390	16.0
Barbecue Sauce Cup	1 Each	25	40	200	10.0
Tamale, Chicken, Del RealSYSCO	1 Each	25	290	680	26.0
Salad Bar, Tamale	Serving	90	172	356	17.8
Peaches: canned, 1/2 c	1/2 Cup	50	44	4	10.27
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			635	1143	73.03
% of Calories					46.0%
Nutrient Guideline			600-700	1360	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Thu - 02/22/2018					
Cato Middle School	Total	100			
Cheeseburger Slider, 2-pk DL	1 Each	25	272	355	31.3
Ketchup:Packet	1 Each	25	10	85	3.0
Mustard Packet	1 Each	25	5	65	1.0
Chalupa, Beef WG, Integrated	1 Each	25	245	404	11.18
Grilled Cheese, Integt	1 Each	25	280	599	31.58
Potato, Baking	1 Each	25	168	24	37.0
Salad Bar, Baked Potato	Serving	30	439	1074	37.8
Apple in a Bag	Bag	90	29	0	8.0
COOKIE, CELEBRATION, FatCat IW	Each	95	142	107	23.9
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			660	983	90.01
% of Calories					54.6%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Fri - 02/23/2018					
Cato Middle School	Total	100			
Chicken, Homestyle Strips Ty W	Serving	25	280	470	16.0
Barbecue Sauce Cup	1 Each	25	40	200	10.0
Pupusas, Bean/ Cheese, SYSCO	1 Each	25	260	560	33.0
Cole Slaw:Taylor Farms-Dressed	1/2 cup	25	105	150	9.0
Chicken, Drumstick Brd, Ty Drk	1 Each	25	190	450	5.0
Nacho Cheese w/Chips	Serving	25	429	1005	41.35
Salad Bar, Nacho	Serving	20	118	743	16.57
Strawberries Frz/Whip Top	1/2 cup, 2 tbsp	60	106	0	21.19
Roll, White Wheat: Galasso	Each	70	80	125	17.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			591	1121	76.51
% of Calories					51.8%
Nutrient Guideline			600-700	1360	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)
Mon - 02/26/2018					
Cato Middle School	Total	100			
Chicken, Homestyle Strips Ty W	Serving	25	280	470	16.0
Barbecue Sauce Cup	1 Each	25	40	200	10.0
Taco Nada, Taco Turkey	Each	25	260	390	31.0
Corndog, Chicken, D Lee WG	1 Each	25	238	690	27.8
Mustard Packet	1 Each	25	5	65	1.0
Ketchup:Packet	1 Each	25	10	85	3.0
Pizza, 7" Fr Bread Cheese Arde	1 EACH	25	310	553	34.93
Salad Bar, Pizza	Serving	30	151	370	20.56
Orange Wedges	each	99	45	0	11.28
Muffin, ChocChip Otis Spunkmey	1 Each	99	140	140	25.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			636	1039	93.02
% of Calories					58.5%
Nutrient Guideline			600-700	1360	

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<b>Tue - 02/27/2018</b>					
Cato Middle School	Total	100			
Pasta, Beef Adv/Spag Sa	1 Cup	25	300	563	32.39
Chicken, Sp Patty/Filet W/Bun	1 Each	25	360	620	41.0
Mayonnaise Packet	1 Each	50	60	45	0.0
Hot Dog, Turkey Frank JENNIE O	1 Each	25	260	510	29.0
Ketchup:Packet	1 Each	25	10	85	3.0
Mustard Packet	1 Each	25	5	65	1.0
Enchilada, Pepper J, Los Cabos	Serving	30	395	795	30.95
Salad Bar, Enchilada	Serving	20	239	364	31.27
Grapes, Fresh	1/2 CUP	80	58	2	14.88
Toast, Texas Garlic, BCrters	1 Each	60	90	190	15.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			652	1086	83.04
% of Calories					50.9%
Nutrient Guideline			600-700	1360	

<b>Wed - 02/28/2018</b>					
Cato Middle School	Total	100			
Chicken, Grill Teriyaki Sliders	Serving	25	290	430	45.0
Burrito, Beef/Bean/Red Chli WG	1 Each	25	281	404	39.12
TAPATIO, Hot Sauce: Packet	1 Each	25	0	110	0.0
Hamburger on/ 3oz. Bun AdvPier	Serving	25	390	660	32.0
Ketchup:Packet	1 Each	25	10	85	3.0
Mustard Packet	1 Each	25	5	65	1.0
Tacos W/Doritos, Beef AVP	SERVING	25	278	868	24.27
Salad Bar, Tacos	Serving	50	186	827	14.53
Icee, Sidekick Straw-Mango	1 each	100	90	35	22.0
Milk - 1% White	Half Pint	20	130	160	16.0
Milk, Chocolate, Fat Free	Half Pint	80	120	180	21.0
Weighted Daily Average			618	1280	85.36
% of Calories					55.2%
Nutrient Guideline			600-700	1360	

Weighted Average			657	1113	89.59
					54.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	657		600 - 700	100%				
Sodium (mg)	1113		1360					
Carbohydrate (g)	89.59	54.59%						

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