

Planned Menu Spreadsheet

Bakersfield City School District

Portion Values

Dec 3, 2018 thru Dec 21, 2018

Menu Name: SNACK MENU

Include Cost: No

Site: All Sites

Report Style: Detailed

Monday - 12/03/2018

Reimbursable Meal Total 5030

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002459 Breakfast, Maple Breadstck Sys	Each	4995	120	140	23.00
000905 Milk - 1% White	Half Pint	4995	130	160	16.00
Weighted Daily Average			248	298	38.73
% of Calories					62.5%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 12/04/2018

Reimbursable Meal Total 5023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002413 Granola, Rockin'ola Cinnamon	Each	4373	120	0	21.00
001308 Juice, Apple, AppleEve 3/4c	EACH	5023	90	5	21.00
Weighted Daily Average			194	5	39.28
% of Calories					81.0%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 12/05/2018

Reimbursable Meal Total 5263

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002163 Snack Mix, Cheddar Simply Chex	Each	4213	110	135	20.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	4868	90	5	22.00
Weighted Daily Average			171	113	36.36
% of Calories					85.1%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 12/06/2018

Reimbursable Meal Total 5220

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002121 Brownie, Dbl Choc Fat Cat	Each	4365	199	99	33.50
000905 Milk - 1% White	Half Pint	5220	130	160	16.00
Weighted Daily Average			297	243	44.01
% of Calories					59.3%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 12/07/2018

Reimbursable Meal Total 5188

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900082 Cheese, String, Mozzarella USDA	Each	4233	90	200	2.00
001403 Grahams, Honey	EACH	4233	110	140	20.00

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WG					
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	4888	100	20	25.00
Weighted Daily Average			257	296	41.50
% of Calories					64.6%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 12/10/2018

Reimbursable Meal Total 5033

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000129 Chips, Doritos Nacho Cheese RF	Each	3263	130	200	20.00
002155 Juice, Fruit Punch Sysco 3/4c	EACH	4593	100	25	24.00
Weighted Daily Average			176	152	34.87
% of Calories					79.2%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 12/11/2018

Reimbursable Meal Total 5003

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000583 Yogurt, Trix Strawberry Banana	Each	2648	100	50	20.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002034 Juice, Fruitable, PowPunc3/4	Each	5003	90	40	21.00
Weighted Daily Average			143	66	31.59
% of Calories					88.4%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 12/12/2018

Reimbursable Meal Total 4953

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001984 Peanut Butter, Cup, AdvPierre	2 tbsp	4953	180	160	8.00
900042 Apple in a Bag Fuji	Each	4953	29	0	8.00
002155 Juice, Fruit Punch Sysco 3/4c	EACH	4953	100	25	24.00
Weighted Daily Average			309	185	40.00
% of Calories					51.8%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 12/13/2018

Reimbursable Meal Total 4908

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000159 Scooby-Doo Bones WG	Each	4908	120	115	21.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001308 Juice, Apple, AppleEve 3/4c	EACH	4908	90	5	21.00
Weighted Daily Average			210	120	42.00
% of Calories					80.0%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 12/14/2018

Reimbursable Meal Total 4963

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001721 Chex Mix, Simply Strawberry/Yo	Each	4963	120	55	23.00
001307 Juice, Very Berry, ApplEv 3/4c	EACH	4883	90	5	22.00
Weighted Daily Average			209	60	44.65
% of Calories					85.5%
Weekly Nutrient Guideline			600 - 650	1230	

Monday - 12/17/2018

Reimbursable Meal Total 4008

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
900072 Muffin, Top Apple SkyBlue	Each	1968	270	280	44.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000905 Milk - 1% White	Half Pint	1968	130	160	16.00
Weighted Daily Average			196	216	29.46
% of Calories					60.1%
Weekly Nutrient Guideline			600 - 650	1230	

Tuesday - 12/18/2018

Reimbursable Meal Total 4003

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
002165 Breakfast Bar, Dbl Choc/Oat BC	Each	1838	150	115	24.00
001308 Juice, Apple, AppleEve 3/4c	EACH	4003	90	5	21.00
Weighted Daily Average			159	58	32.02
% of Calories					80.6%
Weekly Nutrient Guideline			600 - 650	1230	

Wednesday - 12/19/2018

Reimbursable Meal Total 5088

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000925 Grahams, Bug Bites	Each	4968	120	115	21.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001307 Juice, Very Berry, ApplEv 3/4c	EACH	3923	90	5	22.00
Weighted Daily Average			187	116	37.47
% of Calories					80.1%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 12/20/2018

Reimbursable Meal Total 4778

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001992 Cereal Bar, Cocoa Puffs	Each	4778	150	110	30.00
000905 Milk - 1% White	Half Pint	4790	130	160	16.00
Weighted Daily Average			280	270	46.04
% of Calories					65.8%
Weekly Nutrient Guideline			600 - 650	1230	

Friday - 12/21/2018

Reimbursable Meal Total 4863

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
000994 Crackers, Goldfish Cheddar	Each	4863	100	170	14.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)
001309 Juice, Orange-Tang, Sysco 3/4c	EACH	3903	100	20	25.00
Weighted Daily Average			180	186	34.06
% of Calories					75.7%
Weekly Nutrient Guideline			600 - 650	1230	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.