

# Base Menu Spreadsheet

## Portion Values

**Menu Name:** Fresh Fruit Vegetable Program

**Include Cost:** No

**Site:** All Sites

**Report Style:** Detailed

### Tuesday - 12/04/2018

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001567 Apples, Granny Smith,FFVP	Each	1	30	0	18.00
Weighted Daily Average			30	0	18.00
% of Calories					240.0%
Weekly Nutrient Guideline			600 - 650	1230	

### Wednesday - 12/05/2018

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001493 Yam, Fruit,FFV	Each	1	28	18	6.69
Weighted Daily Average			28	18	6.69
% of Calories					95.6%
Weekly Nutrient Guideline			600 - 650	1230	

### Thursday - 12/06/2018

#### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002375 Grape Escapes, FFV, 2.25oz.	Each	1	67	0	16.87
Weighted Daily Average			67	0	16.87
% of Calories					100.7%
Weekly Nutrient Guideline			600 - 650	1230	

### Tuesday - 12/11/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
900097 Orange Smiles FFVP	3 oz.	1	50	0	12.00
Weighted Daily Average			50	0	12.00
% of Calories					96.0%
Weekly Nutrient Guideline			600 - 650	1230	

### Wednesday - 12/12/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002253 Carrots w/Chili Lime,FFV	Each	1	25	200	6.00
Weighted Daily Average			25	200	6.00
% of Calories					96.0%
Weekly Nutrient Guideline			600 - 650	1230	

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## Portion Values

### Thursday - 12/13/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001489 Jicama, Fruit, FFV	Each	1	23	5	5.50
Weighted Daily Average			23	5	5.50
% of Calories					95.7%
Weekly Nutrient Guideline			600 - 650	1230	

### Tuesday - 12/18/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001693 Tangerines, Fresh	Each	1	50	0	11.00
Weighted Daily Average			50	0	11.00
% of Calories					88.0%
Weekly Nutrient Guideline			600 - 650	1230	

### Wednesday - 12/19/2018

### Reimbursable Meal Total 1

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
002519 Raisins, Sour Strawberry FPoint	EACH	1	120	10	29.00
Weighted Daily Average			120	10	29.00
% of Calories					96.7%
Weekly Nutrient Guideline			600 - 650	1230	

Thursday - 12/20/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Carb (g)
001782 Pears, Red FFV	Each	1	51	0	13.00
Weighted Daily Average			51	0	13.00
% of Calories					102.0%
Weekly Nutrient Guideline			600 - 650	1230	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**